



Holy Ghost Orthodox Church

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ON THE MEND: Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Archbishop Daniel, Metropolitan Antony, Metropolitan Yuriy, Archbishop Jovan, Metropolitan Savas, Father Paul & Pani Judy Stoll, Father Joseph Kopchak, Father Elias Warnke, Father George Yatsko, Father Paul Bigelow, Father Emilian Balan, Father John & Pani Mary Anne Nakonachny, Father Steve Repa, Archpriest Dionysi Vitali, Protodeacon Joseph Hotrovich, Father Paisius McGrath, Father Michael Smolynec, Father Lawrence Daniels, Father Joe & Protinica Linda Cervo, Igumen Patrick, Father Jim Orr, Father Rick Seilier, Panimatka Laryssa Charest, Father Vasyl Sendeha, Father George & Dobrodijka Oksana Bazylevsky, Father Angelo Artemas, Father John Haluszczak, Father Christopher Bender, Dr. Christina Nellis, Father Anthony Ugolnik, Father Joshua [Anna], Father Justin (Todd) Mokhiber, Pani Cathy Danczak, Monk Andrew, Father Dan & Matushka Myra Kovalak, Lisa Polen, Chaplain Rachelle Zazzu & Genie Ford, Father Alexis Clodfelter—Military Chaplain, Father Deacon Joe Samchuck, Father John [cancer], Eva Malesnick, Nick Behun, Gary & Linda Mechtly, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Doug Diller, Harry Krewsun, Mary Alice Babcock, Dorie Kunkle, Mary Evelyn King, Sam Wadrose, Isabella Olivia Lindgren, Ethel Thomas, Donna, Erin, Michael Miller, Grace & Owen Ostrasky, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Liz Stumpf, Theodore Nixon, Michelle Corba Kapeluck, Margaret Vladimir, Luke Emmerling, Robert McKivitz, Liz Obradovich, Halyna Zelinska [Archbishop Daniel's mother], Charlotte, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Eleanor Kelly, Bryan, Nancy Barylak, Patrick Keenan, Khrystyna Chorniy, Anthony Cormier, Nathan Forbeck, Sarah Doyle, Samuel Peters, David Vallor, Henry Faraly, Julie Eiler, Dorothy Lednovich, Bob C., Allie—young girl with leukemia, Heather Kramer, Jane Wartinbee, Matthew—young man with cancer, Nicholas Orlando, Mary Ann Kuznik, Michael Pryhodzenko, Theresa Ditto, Mary Ann Musial, Yvonne Christy, Father Deacon Myron & Barbara Spak, Julia Duda, Lisa Pandle, Kris & Julie Hanczar, John Kennedy, Gaelle Kelly, Irma McDivitt, Robin Young, Mckayla, Rachel, Carl & Margaret Reed, Lydia Wilson, Robert Pointon, Walter Cecelia, John Persico, Jeff Miller, Mary Kernick, Glenn Miller, Jean Marie, Donna & Walter McCrackin, Gene Blair [Pani Gina's dad], David Hoenshell, Barbara Macino, Shelley Hill, Linda Cawley, Gerald Cogley, Corey Guich, Robert Vangrin, Pauline Witkowsky,

Sera White, Deborah Smith, Nancy & Eric Dunik, Julian Stroz [young lady with cerebral palsy], Patricia Corey, Michelle, Katie Swarm, Michelle, Patrick, Linda Morris, Chris, David Hiles, Jennifer, Cher Mount, Jim Wandling, Gail, Sirena Sharp, Ron Paulovich, Sandi Anderson, Lina, Shirley, Denny Mader, Ella Campbell, Bill Janiro, Jean Symanko-Andy's sister, William Lemonakis, Alma Wyke, Lindsay Romanczak & family, Susan Lucas, Neil Carter & family, James Paluh, Mickie Weikel, Evelyn Krempasky, Tammy Strunk, Loida Esbry, Darlene Chicka Deskins, Drew, Alice & Keith Philipa, Mira Filipović, Lynn, Jacqueline, Sharon, Zan Cheng, Kristy, Brandon, Anna Tranchine, Demetra, Blase Urban, Catherine Hogel & children, Jennifer & Dylan, Lydia Wilson, Flora Tomlin, Howell Swarm, Jane Bielewicz Allred, Katie Elizabeth, Mileva, & Michael, Deirdré Straughan, Terri Paluh, Lori & Steve Lucier, Kyranna Cherpas, Pastor Bruce Nordeen, Heather Ried, Carla Perry, Linda Elliot, Dennis McDaniel, Luke Tinsley, Brent, Tricia, Katherine Gorman, Pamela Jaquette, Sherri Walewski, Marika Zelischczuk, Donna Davis, Jackie Crimbchin, Fran Fulton, Bill Vizza, Jamie Swarm, Kathy Flaherty, Tori Reade-Henry's niece, Derick-Glen Burlack's neighbor, Michael, Nichole & Christopher, Ben Douglas, Dianne Donahue, Zachary, Natasha, Noah Willard, Gregory Cervo, Lisa Bruce, Kathy Cvetkovich, Judy, Will, Emma, Ginny, Ye-Jin, Maria, John & JoAnn, Ralph & Beverly Stoker, Noah Willard, Nikola, Natalie, Nikola, & Nevenka Jovonovich, Julia Collier, Amy Kemerer, Thomas Smith, Tracy Slaugenhaupt, Louis Berceli, Tom Nolan, Silvia Martin, Dena & George, Georgia, Lawanda [Evelyn's niece], Maureen Sams, John Kendall, Darcy, Nancy, Ian Brick, Cecilia Barnhart, Logan Magorien, Pam & Gordon Grant, Debbie & Jerry Novosel, Noah Willard, Sandra Dillard, Danielle McCann, Barry [Father Jim Orr's cousin], Tim Joyce, Stephen Popichak—Fr. Bob's brother, Brianna Stumpf, Stanley Porembka, David & Terry Coyne Hartnett, Mike C., Jennifer Scheirer [Nick Behun's daughter], Catherine Beecham [Father Bob's cousin], JoAnne & Dave Andrews, Rev. Peg Bowman, Pat & Jan Jennings, Mike Ruzzi, Mary Kay Ludovicy, George Dilendorf, Sharon Torick, Carol Behun, Erv Frye, William Lusherand, Colin Kirton—Stage 4 pancreatic cancer, Clifford, Paul Riley, Tonee & Sydnee Turner, Annette Paluh, Theresa Paluh, Cathy Lotinsky, Jeff & Buschra Kerr, Robert Rodriguez, Rita & Joe Mrvos, Alexandra & Bowen, Katherine Kulik, Eleanor Kitt, Maria Warholak, Christy, Mariruth, Judy Previc, Ben Williams, Tim—surgery, Olivia—girl with a brain tumor, Rick & Sharon Morgan, John Stasko, John, Kris, & Kait, Wendy LaGamba, Melissa Gross [hip replacement], Amy Forbeck, David Salazar, Dr. Paul Riley, David Hess, Serena, Wyatt, Makenzie, Jennifer, Alexandra Roberts, Candace, Dave, Jared, & Beth Irvin, Carol Muschick, Grace Love [knee replacement], Joseph Paul Cervo, Jr., Elizabeth, Susan & Greg Heinen & Jenette Wittik, Paul

Simpson [Father Bob's cousin], Sharon Curtis Rivas, Kathy Milcic, Lisa Bolan, David G. [cancer], Donna [dementia] & Darla, Adam Snow, the McKenna family, David Gazella, Brian & Michele Cannone, the Rodrigues family, Michael Welsh, Nick Solominsky, Samantha & Lisa Houser, Sarah Stepanovich Clark, Julia Baloga, Brett Crosby, Randy Lapuh, Henry Tkacik, Diane & Arthur Chaklis, Denny Mader, Zoe Oswalt—Fr. Bob's cousin, Barbette [cancer] & Scott, Kristin [cancer], Erm Hartmann, Barbara Bookser, Bob Mazzuca, Marko, Taylor, Terri Crosby-Vega, Christine Mohamed & family, Tammy Marsico, Terry & David Hartnett, Jamie Ball, Kay Williams, Hannah Stewart, Jim Wyko—Alex's friend, Dan Losego, Lisa Bruce, Yvette, Barry Bender, Andrew Zelleznick, Byron & Ceil Scott, Vespina, Michelle Russo, Julie Tripodi, Debbie—HTUCC, Barbara Morvay, David Salsar, N&O, Randy & Adrienne Kuny, Vince Berardinelli, Mason Martin [Karns City HS QB] & family, Martin Mrvos, Jeff McCoy, Lauren & Sloane Valentina Persico, Alexis & Colton Rosati, Jessica Shirley, Mark [kidney cancer], Steve Milcic, Wilbert Wagner, Bob Wojciechowski, Ashley, Beth, Sharon Svitek, Laura, Christopher, & Jane Dickson, Luke D, Diane Murphy, Kristin Vaughn [Harry's daughter], George Petronsky, Doug & Darcie Burkholder, Michael, Jeane, and Katie Byerly, McGrath, Samantha Lopez, Bob [cancer], Syble Elliott, Maria Ancevski, Krystyna, John, & Jeffrey, Dottie & family, Bonny Diver & Ashley Smock, Steve, Jill Morocco, Mike Pelino, Maddie Stewart, Hutchinson Family, David Urban, Vicky Moore, Casi [cancer], Ashley & Andy, Marion Mamula, Dominic [cancer], Diane Hughes, Jenny Case, Mary & Carl Stepanovich, Susie Fierst, Edward Poturich, Jeff, Chris, & Mills family, Kate Rapina & Mother Oksana, Sarah's son, Rachel, Alex, & little Charlie, Steve & Vonnie Gerson, Eva, Pamela & Doug, Nora, Mike & Jane, Mary Ann [Stage 4 cancer] & Lisa, Barbara Gardner & Mark Egleton, Donna Karas & Ross Rawe, Susan [cancer], Rose Marie, Tim Pruss, Donna & Laura Kloock, Tom Katona, Chris & Elisa Astorino, Dale & Nancy Burns, Cathy Metrick [Fr. Bob's cousin], Brianna [cancer] & Amanda, Jody Wojciechowski, Jim Lea, Gary, Dave Hirsch, Carolyn & Jeff Gray, Terry & Lou, Michael Goltz [cancer], Kay Archer & Luke Vega, Terri Crosby-Vega, and Lauren, Dan, & Daphne Iona... We pray that God will grant them all a complete and speedy recovery.

HAPPY BIRTHDAY to our September Babies: Liz Obradovich on the 5th, Nicholas Andrew Davis on the 12th, Mark Brunermer on the 13th, & Troy Scott on the 22nd. May God grant them Many Happy, Healthy, Prosperous, and Blessed Years! M'nohaya Lita! God Bless them and their families...

Dear Brothers and Sisters in Christ... There is NOTHING to keep us from praying...for each other, for our family and friends, and most of all for the first responders—EMTs, nurses, doctors, firefighters, police officers, and members of our military who keep us safe. Be well and be **SAFE!!! God Bless!**

Please remember ALL American service men and women in your prayers. May God watch over them and ALL service men and women—and bring them all home safely!

REMEMBER—PRAYERS ARE ALWAYS FREE!

Communion Fasting: nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. ***If you have a question, please ask Father Bob.***

AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please CALL FATHER BOB at **[412] 956-6626.**

SERVICES IN SLICKVILLE

**SUNDAY, SEPTEMBER 06 OBEDNITZA—SAINT JOHN CHRYSOSTOM—UPSTAIRS 10:30 AM
14TH SUNDAY AFTER PENTECOST; HIEROMARTYR EUTYCHIUS-DISCIPLE OF
SAINT JOHN THE THEOLOGIAN; MARTYR TATION; VIRGIN-MARTYR CYRA
OF PERSIA; VENERABLE GEORGE LIMNIOTES THE CONFESSOR OF MOUNT
OLYMPUS**

Tone 5

2 Corinthians 1:21-2:4

Matthew 22:1-14

**LITANY IN BLESSED MEMORY OF JOSEPHINE ROMAN, FRANK GAZELLA, SR., &
SUZIE PELCZAR—FR. BOB**

SUNDAY, SEPTEMBER 13

*******Fr. Bob Serving in Carnegie*******

**15TH SUNDAY AFTER PENTECOST; PLACING OF THE SASH OF THE MOST HOLY
THEOTOKOS; HIEROMARTYR CYPRIAN-BISHOP OF CARTHAGE; SAINT
GENNADIUS-PATRIARCH OF CONSTANTINOPLE**

Tone 6

2 Corinthians 4:6-15; Hebrews 9:1-7

Matthew 22:35-46; Luke 10:38-42, 11:27-28

**SUNDAY, SEPTEMBER 20 OBEDNITZA—SAINT JOHN CHRYSOSTOM—UPSTAIRS 10:30 AM
16TH SUNDAY AFTER PENTECOST; SUNDAY BEFORE THE EXALTATION;
FOREFEAST OF THE NATIVITY OF THE THEOTOKOS; MARTYR SOZON OF
CILICIA; APOSTLES EVODUS & ONESIPHORUS OF THE 70; MARTYR**

**EUPSYCHIUS OF CAESAREA IN CAPPADOCIA; MARTYRDOM OF SAINT
MACARIUS-ARCHIMANDRITE OF OVRUCH, PEREIASLAV**

Tone 7

Galatians 6:11-18; 2 Corinthians 6:1-10

John 3:13-17; Matthew 25:14-30

BULLETIN INSERT FOR 06 SEPTEMBER 2026

**14TH SUNDAY AFTER PENTECOST; HIEROMARTYR EUTYCHIUS-
DISCIPLE OF SAINT JOHN THE THEOLOGIAN; MARTYR TATION;
VIRGIN-MARTYR CYRA OF PERSIA; VENERABLE GEORGE LIMNIOTES
THE CONFESSOR OF MOUNT OLYMPUS**

TROPARION—TONE 5

Let the faithful praise and worship the Word,
Coeternal with the Father and the Spirit;
Born for our salvation from the Virgin;
For He willed to be lifted up on the Cross in the flesh,
To endure death, and to raise the dead by His glorious Resurrection!

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever,
and unto ages of ages. Amen.

KONTAKION—TONE 5

Thou didst descend into Hell, O my Savior, Shattering its gates as almighty;
Resurrecting the dead as Creator, And destroying the sting of death.
Thou hast delivered Adam from the curse, O Lover of Man,
And we all cry to Thee: O Lord, save us!

PROKEIMENON—TONE 5

READER: Thou, O Lord, shalt protect us and preserve us from this
generation forever.

PEOPLE: **Thou, O Lord, shalt protect us and preserve us from this
generation forever.**

READER: Save me, O Lord, for there is no longer any that is godly.

PEOPLE: **Thou, O Lord, shalt protect us and preserve us from this
generation forever.**

READER: Thou, O Lord, shalt protect us and preserve us...

PEOPLE: **From this generation forever.**

ALLELUIA VERSES—TONE 5

I will sing of Thy mercies, O Lord, forever; with my mouth I will proclaim Thy truth from generation to generation.

Thou hast said: Mercy will be established forever, and my truth will be prepared in the heavens.



St Vladimir's Seminary Press (SVS Press)

What did a seventeen-year-old Kallistos Ware encounter when he first stepped inside an Orthodox church?

In *The Inner Kingdom*, Metropolitan Kallistos Ware recalls the unexpected moment his journey to Orthodoxy began:

"I can remember exactly when my personal journey to Orthodoxy began. It happened quite unexpectedly one Saturday afternoon in the summer of 1952, when I was seventeen. I was walking along Buckingham Palace Road, close to Victoria Station in central London, when I passed a nineteenth-century Gothic church. ...

At first I thought that it [the church] was entirely empty. Outside in the street there had been brilliant sunshine, but inside it was cool, cavernous, and dark. ...

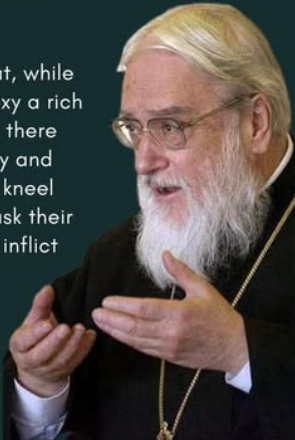
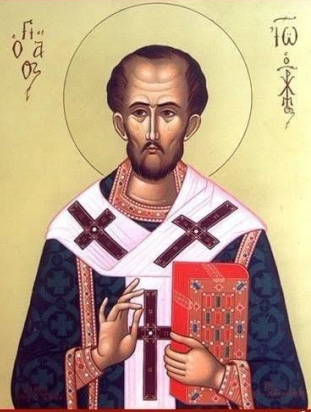
Then I realized that the church was not altogether empty. Scattered in the nave and aisles there were a few worshipers, most of them elderly. Along the walls there were icons, with flickering lamps in front of them, and at the east end there were burning candles in front of the icon screen. Somewhere out of sight a choir was singing. ...

My initial impression of an absence was now replaced, with a sudden rush, by an overwhelming sense of presence. I felt that the church, so far from being empty, was full—full of countless unseen worshipers, surrounding me on every side. ...

Like St. Vladimir's emissaries I too had encountered "heaven on earth." I too had felt the immediacy of the celestial Liturgy, the closeness of the angels and the saints, the uncreated beauty of God's Kingdom."

—Metropolitan Kallistos Ware, *The Inner Kingdom, Chapter 1, "Strange Yet Familiar: My Journey to the Orthodox Church"*

In the days leading up to the anniversary of his repose on August 24, we invite you to explore the writings of Metropolitan Kallistos Ware.

Nemesius of Emesa (late 4th century) is surely correct to insist upon the unity of all living things. Sharing as they do the same life-force, plants, animals and humankind belong to the single integrated structure of creation. We and the animals are interdependent, 'members one of another' (Eph. 4:25)... Unfortunately it has to be said that, while there can be found within Orthodoxy a rich theology of the animal creation, there exists a sad gap between theory and practice...We Orthodox need to kneel down before the animals and to ask their forgiveness for the evils that we inflict upon them. MET. KALLISTOS WARE 		 You are a man, and yet you spit the venom of a poisonous serpent. You are a man and yet you become like a raging beast. You have been given a mouth not to wound but to heal. † St. John Chrysostom <i>Holy Fathers</i>
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God is My Strength

Exodus 15:2-The Lord is my strength and song, and he is become my salvation: he is my God, and I will prepare him an habitation; my father's God, and I will exalt him. (KJV)

Our strength comes from God and the Lord is ever-present to approach in faith. Looking to the Lord as the source of strength is possible at each moment of life. When feeling weak, tired or exhausted, waiting on the Lord brings renewed hope. The Lord is the constant source of hope in the darkest of life's terrifying moments. Strength from the Lord arises within the believer reaching out in resolute faith. The Scriptures offer a historical frame of reference for drawing strength from God.

2 Samuel 22:33-God is my strength and power: and he maketh my way perfect. (KJV)

Down through history the Lord has provided strength for individuals in great need. Patience is necessary to turn to the Lord and appeal for strength to be replenished. The Lord determines the amount of strength to be replenished for each person. Assessing each moment as being a time of benefit to the soul provides perspective. Circumstances arise that are disconcerting requiring strength from God to address. God gives believers the strength necessary to face and deal with daily challenges.

Psalms 17/18:2-The Lord is my rock, and my fortress,

and my deliverer; my God, my strength, in whom I will trust; my buckler, and the horn of my salvation, and my high tower (KJV)

Challenges arising unexpectedly draw the believer closer to God in prayer. Strength from God helps to reduce life's problems to more manageable size. Disconcerting moments are replaced with joy when the Lord provides strength. Never give up on the Lord as the Lord is always ready to redeem the believer. The accounts of the Prodigal Son and of repenting saints prove the Lord's love. Each person is a sinner and honest self-evaluation attests to personal sinfulness.

Isaiah 12:2-Behold, God is my salvation; I will trust, and not be afraid: for the Lord Jehovah is my strength and my song; he also is become my salvation. (KJV)

The Lord helps believers move away from sinfulness to a life of purity in faith. Forgiveness is a hallmark of life in the Lord and in living in ways pleasing to God. Strength from the Lord is to be always used in God-pleasing ways and purposes. Now is the time to acknowledge the Lord as the source of personal strength. Apply the strength present today to travel the narrow path to God's Kingdom. Rejoice in the presence of the Lord in life and as the source of personal strength.

Habakkuk 3:19-The Lord God is my strength, and he will make my feet like hinds' feet, and he will make me to walk upon mine high places. To the chief singer on my stringed instruments (KJV)

Holy Greatmartyr Marina. Holy Hieromartyrs and Martyrs of Livno. From the Valley. July 17/30, 2026. Father Rodney Torbic

What are the ingredients in the koliva and what do they symbolize?

1. Wheat: the main ingredient of koliva is wheat, which is usually boiled and symbolizes the earth and people, who are not alive.
2. Pomegranate: the second ingredient is the pomegranate and symbolizes the mercies and splendor of Paradise.
3. Sugar: the next ingredient that is included in the koliva, is sugar, which reveals the sweetness of Paradise.
4. Raisins: raisins are the fourth ingredient that shows the Vine that is Jesus Christ.
5. Parsley: parsley is another ingredient and symbolizes rest "in a place of green pasture".
6. Breadcrumbs or sesame seeds: these two ingredients indicate the soil.
7. Cinnamon: cinnamon is one of the main ingredients that is used in koliva and indicates the fragrance and the various scents ("...laid it in a sepulchre that was hewn in stone, wherein never man before was laid...").
8. Almonds: they symbolize fertility and life is perpetuated with offspring.
9. Silver and white sugared-almonds: the final ingredient is the silver and white sugared-almonds that symbolize the unaltered bones after the wear and tear of the body.

Run Focused on Christ

Isaiah 40:31-But they that wait upon the Lord shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint. (KJV)

Patience is important in the journey on the path to the Kingdom of God. Care of the body as the temple of the Holy Spirit is equally important. Running is a practice some believers choose to condition their bodies. Exercising good discipline is necessary in seeking the Kingdom of God. Synchronizing the body with the heart and mind greatly benefits the soul.

Psalms 18/19:5-Which is as a bridegroom coming out of his chamber, and rejoiceth as a strong man to run a race. (KJV)

Running while united with Christ and towards Christ empowers the believer. Keeping focused on Jesus Christ is necessary in the journey to the Kingdom. The mind has an important part in keeping the resolute focus on Christ. The focused believer draws continuous strength from the Lord God. The journey to God's Kingdom is very lengthy for most believers.

1 Corinthians 9:24-Know ye not that they which run in a race run all, but one receiveth the prize? So run, that ye may obtain. (KJV)

Experiencing God's Kingdom as a foretaste occurs during the journey. Preparation for seeking the Kingdom inspires and motivates the believer. God's Kingdom and eternal life are the ultimate goals of life's journey. Great effort is essential for believers committed to the Christian journey. Discernment is exercised throughout the journey to ensure faithfulness.

Hebrews 12:1-Wherefore seeing we also are compassed about with so great a cloud of witnesses, let us lay aside every weight, and the sin which doth so easily beset us, and let us run with patience the race that is set before us, (KJV)

Healthy nourishment from the Lord God enables life's race to be completed. Nourishment exists in the Holy Gospel and the Church's Holy Mysteries. Successfully completing life's journey to the Kingdom results in eternal joy. The faithful believer rejects all that is not of Christ during the journey. The Holy Scriptures help the believer to remain resolute and well-focused.

Hebrews 12:2- Looking unto Jesus the author and finisher of our faith; who for the joy that was set before him endured the cross, despising the shame, and is set down at the right hand of the throne of God. (KJV)

Jesus Christ is central in motivating for the believer seeking the Kingdom. The Lord Jesus Christ set the example of taking up the Cross voluntarily. The triumph over death by the Lord Jesus Christ is the ultimate triumph. Runners find the necessary strength in Christ when the journey is hard. Joy experienced in the Triumphant Christ makes life's journey worthwhile.

Holy Martyr Christina of Tyre. Holy Martyrs of Prebilovici. July 24/August 6, 2026. From the Valley—Father Rodney Torbic.



**Grace is when
God gives us good
things that we don't
deserve. Mercy is when
He spares us from bad
things we deserve.
Blessings are when He
is generous with both.
Truly, we can never run
out of reasons to thank
Him. God is Good All
The Time!**

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www.instagram.com/beauty.oflife

Often when I have prayed I have asked for what I thought was good, and persisted in my petition, stupidly importuning the will of God, and not leaving it to Him to arrange things as He knows is best for me. But when I have obtained what I asked for, I have been very sorry that I did not ask for the will of God to be done; because the thing turned out not to be as I had thought. *Evagrios the Solitary, Philokalia, Vol. 1 p.60*

Repentance is the turning of the heart toward God. It begins when I recognize how sin wounds my soul and dims the image of God within me.

Yet the Orthodox way is not to remain in sorrow, but to lift my eyes toward the boundless mercy of the Lord. His love draws me back into life, teaching me to seek His presence, to purify my heart, and to imitate Christ in humility, compassion, and obedience.

Repentance becomes a movement toward divine communion, a continual ascent, by grace, into what God created me to become.



**"TO REPENT IS NOT TO LOOK
DOWNWARDS AT MY OWN
SHORTCOMINGS, BUT UPWARDS AT
GOD'S LOVE, IT IS NOT TO LOOK
BACKWARDS WITH SELF-REPROACH
BUT FORWARD WITH
TRUSTFULNESS, IT IS TO SEE NOT
WHAT I HAVE FAILED TO BE, BUT
WHAT BY THE GRACE OF CHRIST I
MIGHT YET BECOME."**

St John Climacus

We Christians have been called to spread upon the earth the atmosphere of heaven, eternity, love, peace, truth, and stillness. But it is very difficult, since from our youth we have learned anger and disobedience; we have become accustomed to returning blows and to approaching everyone with distrust and reserve. We have accepted much evil into our hearts, and now we need to get rid of it. *Elder Thaddeus(Strabulovich) of Vitovnica, Our Thoughts Determine Our Lives: The Life and Teachings of Elder Thaddeus of Vitovnica* p.160

By the working together of God's grace and his own will, a man grows in faith to perfect stature. This happens by degrees, for grace enters into the soul "little by little," being given before all else to the humble. The greater the humility, the greater the grace, and wisdom is contained within grace. "The humble are endowed with wisdom by grace." *Venerable Isaac the Syrian, bishop of Nineveh, Orthodox Faith and Life in Christ* p.134

"Any time you have an opportunity to make a difference in this world and you don't, then you are wasting your time on Earth."

-Roberto Clemente

UPCOMING SERVICES SCHEDULE

SUNDAY, SEPTEMBER 06

SUNDAY, SEPTEMBER 13

SUNDAY, SEPTEMBER 20

SUNDAY, SEPTEMBER 27

SUNDAY, OCTOBER 04

SUNDAY, OCTOBER 11

SUNDAY, OCTOBER 18

SUNDAY, OCTOBER 25

SUNDAY, NOVEMBER 01

SUNDAY, NOVEMBER 08

SUNDAY, NOVEMBER 15

SUNDAY, NOVEMBER 22

SUNDAY, NOVEMBER 29

SUNDAY, DECEMBER 06

SUNDAY, DECEMBER 13

SUNDAY, DECEMBER 20

SUNDAY, DECEMBER 27

SUNDAY, JANUARY 03, 2027

SUNDAY, JANUARY 10

SUNDAY, JANUARY 17

OBEDNITZA UPSTAIRS

Fr. Bob in CARNEGIE

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Fr. Bob in CARNEGIE

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Fr. Bob in CARNEGIE

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