



Holy Ghost Orthodox Church

714 Westmoreland Avenue
PO Box 3
Slickville, PA 15684-0003
www.holyghostorthodoxchurch.org
Very Rev. Father Robert Popichak, Pastor
23 Station Street
Carnegie, PA 15106-3014
[412] 956-6626 cell
rpopichak@alumni.cmu.edu

Christ IS Risen! Indeed He IS Risen! Christos Voskres! Voistinu Voskres!

ON THE MEND: Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Father Bob, Archbishop Daniel, Metropolitan Antony, Metropolitan Yuriy, Archbishop Jovan, Metropolitan Savas, Father Jakiw Norton, Father Paul Stoll, Father Joseph Kopchak, Father Elias Warnke, Father George Yatsko, Father Paul Bigelow, Father Emilian Balan, Father John & Pani Mary Anne Nakonachny, Father Steve Repa, Archpriest Dionysi Vitali, Protodeacon Joseph Hotrovich, Father Paisius McGrath, Father Michael Smolynec, Father Lawrence & Matushka Sophia Daniels, Father Joe & Protinica Linda Cervo, Father John Harrold [Saint Sylvester], Igumen Patrick, Father Jim Orr, Father Rick Seilier, Panimatka Laryssa Charest, Fr. Vasyl Sendeha, Father George & Dobrodijka Oksana Bazylevsky, Father Angelo Artemas, Father John Haluszczak, Dr. Christina Nellis, Father Joshua [Anna], Father Justin (Todd) Mokhiber, Pani Cathy Danczak, Protopresbyter Gerald Ozlanski, Father James Norton Joshua Agosto and his family, Father Dan & Matushka Myra Kovalak, Chaplain Rachelle Zazzu, Eva Malesnick, Nick Behun, Grace Holupka, Gary & Linda Mechtly, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Mary Alice Babcock, Dorie Kunkle, Mary Evelyn King, Sam Wadrose, Isabella Olivia Lindgren, Ethel Thomas, Donna, Erin, Michael Miller, Grace & Owen Ostrasky, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Liz Stumpf, Theodore Nixon, Michelle Corba Kapeluck, Linda Hippert & family, Margaret Vladimir, Luke Emmerling, Robert McKivitz, Liz Obradovich, Halyna Zelinska [Archbishop Daniel's mother], Charlotte, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Eleanor Kelly, Bryan, Nancy Barylak, Patrick Keenan, Khrystyna Chorniy, Anthony Cormier, Nathan Forbeck, Sarah Doyle, Samuel Peters, Esther Holupka, David Vallor, Henry Faraly, Julie Eiler, Dorothy Lednovich, Bob C., Allie—young girl with leukemia, Heather Kramer, Jane Wartinbee, Matthew—young man with cancer, Nicholas Orlando, Mary Ann Kuznik, Michael Pryhodzenko, Theresa Ditto, Mary Ann Musial, Yvonne Christy, Father Deacon Myron & Barbara Spak, Julia Duda, Lisa Pandle, Kris & Julie Hanczar, John Kennedy, Gaelle Kelly, Irma McDivitt, Robin Young,

Mckayla, Rachel, Carl & Margaret Reed, Lydia Wilson, Robert Pointon, Walter Cecelia, John Persico, Jeff Miller, Mary Kernick, Glenn Miller, Jean Marie, Donna & Walter McCrackin, Bonnie & Eugene Blair [Pani Gina's parents], David Hoenshell, Barbara Macino, Shelley Hill, Linda Cawley, Gerald Cogley, Corey Guich, Robert Vangrin, Pauline Witkowsky, Sera White, Deborah Smith, Nancy & Eric Dunik, Julian Strozh [young lady with cerebral palsy], Dr. Kirsten Ream, Patricia Corey, Michelle, Katie Swarm, Michelle, Patrick, Linda Morris, Chris, David Hiles, Jennifer, Cher Mount, Frank & Janet Horrell, Jim Wandling, Gail, Sirena Sharp, Ron Paulovich, Sandi Anderson, Lina, Shirley, Denny Mader, Ella Campbell, Tom Hyatt, Bill Janiro, Jean Symanko-Andy's sister, William Lemonakis, Alma Wyke, Lindsay Romanczak & family, Susan Lucas, Neil Carter & family, James Paluh, Mickie Weikel, Evelyn Krempasky, Tammy Strunk, Loida Esbry, Darlene Chicka Deskins, Drew, Alice & Keith Philipa, Kateryna Kocelko, Mira Filipović, Lynn, Jacqueline, Sharon, Zan Cheng, Kristy, Elaine Ellenberger, Brandon, Anna Tranchine, Demetra, Blase Urban, Catherine Hogel & children, Jennifer & Dylan, Ron Schwartz, Lydia Wilson, Flora Tomlin, Howell Swarm, Jane Bielewicz Allred, Katie Elizabeth, Mileva, & Michael, Deirdré Straughan, Terri Paluh, Lori & Steve Lucier, Kyranna Cherpas, Pastor Bruce Nordeen, Heather Ried, Carla Perry, Linda Elliot, Dennis McDaniel, Luke Tinsley, Brent, Tricia, Katherine Gorman, Pamela Jaquette, Sherri Walewski, Marika Zeliszczuk, Donna Davis, Jackie Crimbchin, Marta Charron, Mary [Corba], Margie Sekelsky, Gary Howell, Fran Fulton, Gina Catanese, Bill Vizza, Jamie Swarm, Kevin Allen (from Ancient Faith Radio), Kathy Flaherty, Tori Reade-Henry's niece, Derick-Glen Burlack's neighbor, Michael, Nichole & Christopher, Ben Douglas, Dianne Donahue, Zachary, Natasha, Noah Willard, Jodi Hanczar, Gregory Cervo, Lisa Bruce, Martha Nezolyk, Kathy Cvetkovich, Judy, Will, Emma, Ginny, Ye-Jin, Maria, John & JoAnn, Jim & Kitty, Phil Bouse, Ralph & Beverly Stoker, Noah Willard, Nikola, Natalie, Nikola, & Nevenka Jovonovich, Julia Collier, Amy Kemerer, Thomas Smith, Tracy Slaugenhaupt, Louis & Terri Berceli, Tom Nolan, Silvia Martin, Dena & George, Georgia, Lawanda [Evelyn's niece], Maureen Sams, John Kendall, Judi Danser, Darcy, Nancy, Ian Brick, Cecilia Barnhart, Logan Magorien, Pam & Gordon Grant, Debbie & Jerry Novosel, Noah Willard, Sandra Dillard, Danielle McCann, Barry [Father Jim Orr's cousin], Tim Joyce, Joe Samchuck—vocations, Albert Heckman, Brianna Stumpf, Stanley Porembka, David & Terry Coyne Hartnett, Mike C., Jennifer Scheirer [Nick Behun's daughter], Catherine Beecham [Father Bob's cousin], JoAnne & Dave Andrews, Rev. Peg Bowman, Pat & Jan Jennings, Tim Sams, Mike Ruzzi, Stephen Popichak—Fr. Bob's brother, Mary Kay Ludovicy, Pastor Sara Irwin, George Dilendorf, Sharon Torick, Carol Behun, Erv Frye, William Lusherand, Colin Kirton—Stage 4 pancreatic cancer, Clifford, Paul Riley, Tonee &

Sydnee Turner, Annette Paluh, Theresa Paluh, Cathy Lotinsky, Monk Andrew, Jeff & Buschra Kerr, Margaret Sekelsky, Robert Sekelsky, Robert Rodriguez, Rita & Joe Mrvos, Alexandra & Bowen, Katherine Kulik, Pastor Terry Polen, Eleanor Kitt, Stacie & Gary, Maria Warholak, Stacie & Gary, Anna Sekelik, Christy, Mariruth, Rich & Judy Previc, Ben Williams, Father Joe Uzar, Tim—surgery, John Wakin, Olivia—young girl with a brain tumor, Rick & Sharon Morgan, John Stasko, John, Kris & Kait, Kristi Wilson, Wendy LaGamba, Melissa Gross [hip replacement], Amy Forbeck, David Salazar, Kitty Mary, Dr. Paul Riley, David Hess, Serena, Wyatt, Makenzie, Jennifer, Alexandra Roberts, Candace Irvin, Carol Muschick, Grace Love [knee replacement], Stacie Riley, Joseph Paul Cervo, Jr. [infant], Elizabeth [5-year-old], Lillian Skowvron, Sue & Greg Heinen, Paul Simpson [Father Bob's cousin], Sharon Curtis Rivas, Kathy Milcic, Lisa Bolan, David G. [cancer], Donna [dementia] & Darla, Adam Snow, the McKenna family, David Gazella, Brian & Michele Cannone, Robert Rodrigues & family, Father Deacon James & Diakonissa Kari Rossetti, Michael Welsh, Nick Solominsky, Samantha & Lisa Houser, Sarah Stepanovich Clark, Julia Baloga, Brett Crosby, Randy Lapuh, Henry & Shirley Tkacik, Diane & Arthur Chaklis, Denny Mader, Zoe Oswald—Fr. Bob's cousin [cancer], Barbetta [cancer] & Scott, Kristin [cancer], Erm Hartmann, Barbara Bookser [cancer], Bob Mazzuca [cancer], Marko, Taylor, Terri Crosby-Vega [knee replacement], Christine Mohamed & family, Sue Demko, Tammy Marsico, Terry & David Hartnett, Jamie Ball, Kay Williams, Hannah Stewart, Jim Wyko—Alex's friend, Dan Losego, Lisa Bruce, Yvette, Barry Bender, Scott McDougall, Andrew Zelleznick, Byron & Cecilia Scott, Vespina, Michelle Russo, Julie Tripodi, Alby Oxenreiter, Debbie—HTUCC [knee], Jackie May, Barbara Morvay, David Salsar, N&O, Randy & Adrienne Kuny, Vince Berardinelli, Mason Martin [Karns City HS QB] & family, Martin Mrvos, Jeff McCoy, Lauren & Sloane Valentina Persico, Alexis & baby Colton Rosati, Jessica Shirley, Mark [kidney cancer], Steve Milcic, Wilbert Wagner, Bob Wojciechowski, Ashley, Beth Skowvron, Sharon Svitek, Laura, Christopher, & Baby Jane Dickson, Luke D, Diane Murphy, Kristin Vaughn [Harry's daughter], George Petronsky, Doug & Darcie Burkholder, Michael, Jeane, and Katie Byerly, Richard & Daniel Scharba [Metropolitan Antony's brothers], Edie McGrath, Samantha Lopez, Syble Elliott, and Jill Morocco. We pray that God will grant them all a speedy recovery.

The discipline of the body must never become an aim in itself, and indeed ascetic practices must sometimes be reduced, sometimes increased, sometimes changed, and sometimes stopped altogether for a time. Fr. Jack Sparks, Victory in the Unseen Warfare p.60

Dear Brothers and Sisters in Christ... There is NOTHING to keep us from praying...for each other, for our family and friends, and most of all for the first responders—EMTs, nurses, doctors, firefighters, police officers, and members of our military who keep us safe. Be well and be SAFE!!! God Bless!

Please remember ALL American service men and women in your prayers. May God watch over them and ALL American service men and women—and bring them all home safely!

REMEMBER—PRAYERS ARE ALWAYS FREE!

Communion Fasting: nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. ***If you have a question, please ask Father Bob.***

AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please CALL FATHER BOB at [412] 956-6626.

SERVICES IN SLICKVILLE

**SUNDAY, May 19 OBEDNITZA—SAINT JOHN CHRYSOSTOM—UPSTAIRS 10:30 AM
3RD SUNDAY OF PASCHA; SUNDAY OF THE MYRRH-BEARING WOMEN;
RIGHTEOUS JOSEPH OF ARIMATHEA & NICODEMUS; RIGHTEOUS JOB THE
LONG-SUFFERING; MARTYRS BARBARUS THE SOLDIER, BACCHUS,
CALIMACHUS, & DIONYSIUS IN MOREA; MARTYR BARBARUS THE FORMER
ROBBER IN EPIRUS; VENERABLE JOB-ABBOT & WONDERWORKER OF POCHAIV**

Tone 2

Acts 6:1-7; Galatians 5:22-6:2

Mark 15:43-16:8; Matthew 11:27-30

Litany in Blessed Memory of His Beatitude, Metropolitan Constantine—Fr. Bob

**SUNDAY, May 26 OBEDNITZA—SAINT JOHN CHRYSOSTOM—UPSTAIRS 10:30 AM
4TH SUNDAY OF PASCHA; SUNDAY OF THE PARALYTIC; VIRGIN-MARTYR
GLYCERIA AT HERACLEA & MARTYR LAODICIUS-JAILER; MARTYR
ALEXANDER OF ROME; SAINT PAUSICACIUS-BISHOP OF SYNNADE; SAINT
GEORGE THE CONFESSOR OF CONSTANTINOPLE, HIS WIFE, & CHILDREN;
TRANSLATION OF THE RELICS OF SAINT WONDERWORKER MACARIUS-
ARCHIMANDRITE OF PINSK & KANIV**

Tone 3

Acts 9:32-42

John 5:1-15

SUNDAY, June 02 OBEDNITZA—SAINT JOHN CHRYSOSTOM—UPSTAIRS 10:30 AM
5TH SUNDAY OF PASCHA; SUNDAY OF THE SAMARITAN WOMAN; MARTYR
THALELAEUS AT AEGEA IN CILICA & COMPANIONS; MARTYRS ALEXANDER
& ASTERIUS; MARTYR ASCLAS OF EGYPT

Tone 4

Acts 11:29-26, 29-30

John 4:5-42

Litany in Blessed Memory of Ann Roman, Millie Kerr, Andy Torick, Stella Rossi,
Mary Maolie, Dianne Waryanka, Joseph Karas, & Mary "Maxine" Kitch—Fr.
Bob

BULLETIN INSERT FOR 19 MAY 2024

3RD SUNDAY OF PASCHA; SUNDAY OF THE MYRRH-BEARING
WOMEN; RIGHTEOUS JOSEPH OF ARIMATHEA & NICODEMUS;
RIGHTEOUS JOB THE LONG-SUFFERING; MARTYRS BARBARUS THE
SOLDIER, BACCHUS, CALIMACHUS, & DIONYSIUS IN MOREA;
MARTYR BARBARUS THE FORMER ROBBER IN EPIRUS; VENERABLE
JOB-ABBOT & WONDERWORKER OF POCHAIV

Christ IS Risen! Indeed He IS Risen!

Христос воскрес! Воистину воскрес!

Χριστός ανέστη! Ἀληθῶς ανέστη! (Khristós Anésti! Alithós Anésti!)

Hristos a înviat! Adevărat a înviat!

المسيح قام! حقًا قام! (al-Masīḥ qām! Ḥaqqan qām!)

Kristo Amefufukka! Kweli Amefufukka

TROPARION OF THE RESURRECTION—TONE 2

When Thou didst descend to death, O Life Immortal,
Thou didst slay hell with the splendor of Thy Godhead!
And when from the depths Thou didst raise the dead,
All the powers of heaven cried out:
O Giver of Life! Christ our God! Glory to Thee!

TROPARION OF THE RIGHTEOUS JOSEPH—TONE 2

The noble Joseph, when he had taken down Thy most pure body from the
tree
Wrapped it in fine linens and anointed it with spices,
And placed it in a new tomb.
But Thou didst rise on the third day, O Lord,
Granting the world great mercy.

Glory to the Father, and to the Son, and to the Holy Spirit.

TROPARION OF THE MYRRH-BEARING WOMEN—TONE 2

The angel came to the myrrh-bearing women at the tomb and said: Myrrh is meet for the dead; but Christ has shown Himself a stranger to corruption! So proclaim: The Lord is risen, granting the world great mercy.

Now and ever, and unto ages of ages. Amen.

KONTAKION—TONE 2

Thou didst command the Myrrhbearers to rejoice, O Christ!
By Thy Resurrection, Thou didst stop the lamentation of Eve, O God!
Thou didst command Thy apostles to preach: The Savior is Risen!

PROKEIMENON—TONE 6

READER: O Lord, save Thy people and bless Thine inheritance.
PEOPLE: O Lord, save Thy people and bless Thine inheritance.
READER: To Thee, O Lord, will I call. O my God, be not silent to me.
PEOPLE: O Lord, save Thy people and bless Thine inheritance.
READER: O Lord, save Thy people.
PEOPLE: And bless Thine inheritance.

ALLELUIA VERSES—TONE 8

Lord, Thou wast favorable to Thy land; Thou didst restore the fortune of Jacob.
Mercy and truth have met; righteousness and peace have kissed each other.

THE HYMN TO THE THEOTOKOS (Replaces "It Is Truly Meet")

The angel cried unto Mary, who was full of Grace
Hail, oh pure virgin, oh pure virgin
once again I hail Thee
Thy Son has risen from His three days in the grave,
and He has raised the dead with Him,
Oh rejoice, all ye people.

Oh shine with clear radiance, shine on new Jerusalem
For the glory of the Lord is shining up on you.
Rejoice! Rejoice! now and be joyful--oh Zion, and though
oh pure one and adorable birthgiver of God,
in the rising again of HIM who was born of Thee.

COMMUNION HYMNS

Receive ye the Body of Christ; taste ye the fountain of immortality.

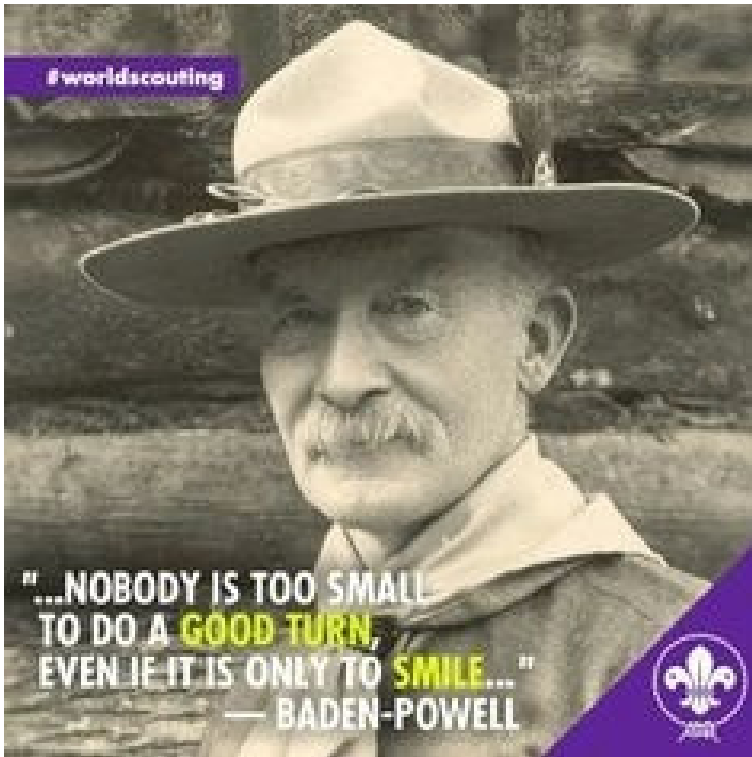
Praise the Lord from the heavens! Praise Him in the highest!

A little spiritual reading or study, when carried out prior to prayer, is very helpful because the soul is warmed and the mind is transported to the spiritual realm. **Saint Paisios of Mount Athos**, Spiritual Councils IV: Family Life p.165

In sorrows borne with gladness and with thanks to the Lord, who saves us through suffering, there is hidden a spiritual joy, the joy of rising from strength to strength in our spiritual life. **Abbot Nikon Vorobiev**



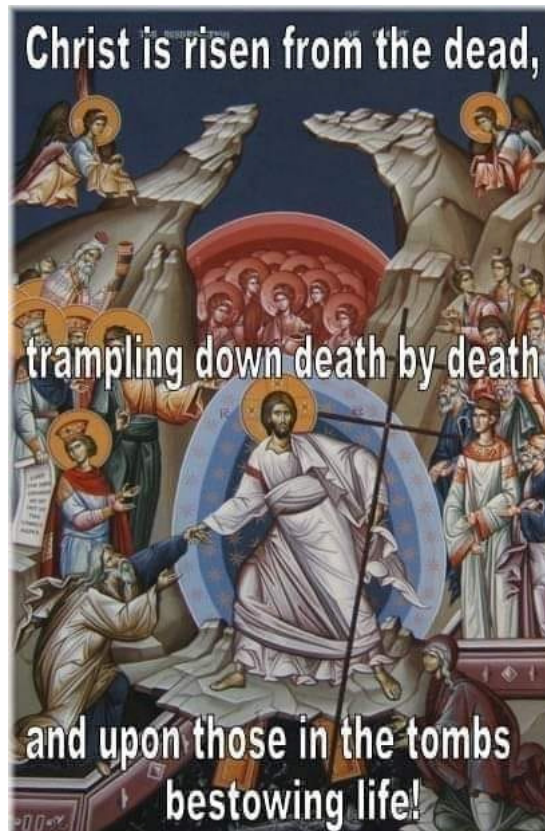
And we ought not to forget, my friends, that the wicked demons sometimes suddenly leave us, so that we may neglect our strong passions as of little importance, and then become incurably sick. **St. John Climacus**, The Ladder of Divine Ascent



"If Christ is risen, nothing else matters. And if Christ is not risen - nothing else matters."

- Jaroslav Pelikan -





REMINDERS: NO KNEELING until the Kneeling Prayers of Pentecost Sunday. Instead of "Vechnaya Pam'yat" at the end of a Parastas or during a funeral service *until Ascension Thursday*, we sing "Christ is Risen!" Also, we do not say the prayer to the Holy Spirit "O Heavenly King" until Pentecost Sunday.