



Holy Ghost Orthodox Church
714 Westmoreland Avenue
PO Box 3
Slickville, PA 15684-0003
www.holyghostorthodoxchurch.org
Very Rev. Father Robert Popichak, Pastor
23 Station Street
Carnegie, PA 15106-3014
[412] 279-5640 home
[412] 956-6626 cell
rpopichak@alumni.cmu.edu

ON THE MEND: Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Archbishop Daniel, Metropolitan Antony, Metropolitan Yuriy, Archbishop Jovan, Bishop Robert, Metropolitan Savas, Archbishop David, Father George & Pani Lillian Hnatko, Father Jakiw Norton, Father Paul Stoll, Father Igor Soroka, Father Joseph Kopchak, Father Elias Warnke, Father George Yatsko, Father Paul Bigelow, Father Emilian Balan, Father John & Pani Mary Anne Nakonachny, Father Steve Repa, Protopresbyter William Diakiw, Archpriest Dionysi Vitali, Protodeacon Joseph Hotrovich, Father Adam Yonitch, Pani-Dobrodijka Sonia Diakiw, Father Paisius McGrath, Father Michael Smoly nec, Father Lawrence & Matushka Sophia Daniels, Father Joe Cervo, Father John Harrold [Saint Sylvester], Father George Livanos, Igumen Patrick, Pani Mary Ann Chubenko, Father Jim Orr, Father Rick Seilier, Panimatka Laryssa Charest, Fr. Vasyl Sendeha, Joshua Agosto and his family, Eva Malesnick, Nick Behun, Grace Holupka, Joseph Sliwinsky, Gary & Linda Mechtly, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Sam Wadrose, Isabella Olivia Lindgren, Ethel Thomas, Donna, Erin, Michael Miller, Grace & Owen Ostrasky, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Liz Stumpf, Theodore Nixon, Michelle Corba Kapeluck, Linda Hippert & family, Margaret Vladimir, Luke Emmerling, Robert McKivitz, Liz Obradovich, Halyna Zelinska [Archbishop Daniel's mother], Charlotte, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Eleanor Kelly, Bryan, Nancy Barylak, Patrick Keenan, Khrystyna Chorniy, Anthony Cormier, Nathan Forbeck, Sarah Doyle, Samuel Peters, Esther Holupka, David Vallor, Henry Faraly, Julie Eiler, Dorothy Lednovich, Bob C., Allie—young girl with leukemia, Heather Kramer, Jane Wartinbee, Matthew—young man with cancer, Nicholas Orlando, Mary Ann Kuznik, Michael Pryhodzenko, Sonia Luciw, Theresa Ditto, Mary Ann Musial, Mary Pelino, Yvonne Christy, Myron & Barbara Spak, Julia Duda, Lisa Pandle, Kris & Julie Hanczar, John Kennedy, Loretta, Nancy, Carol, & Michael Sheliga, Gaelle Kelly, Irma McDivitt, Robin Young, Mckayla, Rachel, Carl & Margaret Reed, Lydia Wilson, Robert Pointon, Walter Cecelia, John Persico, Jeff Miller, Mary Kernick, Glenn Miller, Jean Marie, Donna & Walter McCrackin, Bonnie & Eugene Blair [Pani Gina's

parents], David Hoenshell, Barbara Macino, Shelley Hill, Mikaela Kapeluck, Linda Cawley, Gerald Cogley, Corey Guich, Robert Vangrin, Pauline Witkowsky, Sera White, Deborah Smith, Nancy & Eric Dunik, Julian Stroz [young lady with cerebral palsy], Dr. Kirsten Ream, Patricia Corey, Michelle, Katie Swarm, Michelle, Patrick, Linda Morris, Chris, David Hiles, Jennifer, Cher Mount, Frank & Janet Horrell, Jim Wandling, Gail, Sirena Sharp, Ron Paulovich, Sandi Anderson, Lina, Shirley, Denny Mader, Ella Campbell, Tom Hyatt, Bill Janiro, Jean Symanko-Andy's sister, William Lemonakis, Alma Wyke, Lindsay Romanczak & family, Susan Lucas, Neil Carter & family, James Paluh, Mickie Weikel, Evelyn Krempasky, Tammy Strunk, Loida Esbry, Darlene Chicka Deskens, Drew, Alice & Keith Philipa, Kateryna Kocelko, Nancy Heinbaugh, Mira Filipović, Lynn, Jacqueline, Sharon, Zan Cheng, Kristy, Elaine Ellenberger, Brandon, Anna Tranchine, Demetra, Blase Urban, Catherine Hogel & children, Jennifer & Dylan, Ron Schwartz, Lydia Wilson, Flora Tomlin, Howell Swarm, Jane Bielewicz Allred, Manny "Lazarus" Lopez, Glenn & Lucas Burlack, Katie Elizabeth, Mileva, & Michael, Deirdré Straughan, Terri Paluh, Lori & Steve Lucier, Kyranna Cherpas, Pastor Bruce Nordeen, Heather Ried, Carla Perry, Linda Elliot, Dennis McDaniel, Luke Tinsley, Brent, Tricia, Katherine Gorman, Pamela Jaquette, Sherri Walewski, Marika Zeliszczuk, Donna Davis, Jackie Crimbchin, Marta Charron, Mary [Corba], Stella McKeag, Margie Sekelsky, Gary Howell, Fran Fulton, Gina Catanese, Bill Vizza, Jamie Swarm, Kevin Allen (from Ancient Faith Radio), Kathy Flaherty, Tori Reade-Henry's niece, Derick-Glen Burlack's neighbor, Michael, Nichole & Christopher, Ben Douglas, Dianne Donahue, Zachary, Natasha, Noah Willard, Jodi Hanczar, Gregory Cervo, Lisa Bruce, Martha Nezolyk, Kathy Cvetkovich, Judy, Will, Emma, Ginny, Ye-Jin, Maria, John & JoAnn, Jim & Kitty, Phil Bouse, Ralph & Beverly Stoker, Noah Willard, Nikola, Natalie, Nikola, & Nevenka Jovonovich, Julia Collier, Amy Kemerer, Thomas Smith, Tracy Slaughaupt, Louis & Teresa Bercelli, Tom Nolan, Silvia Martin, Sarah Dorning, Dena & George, Georgia, Lawanda [Evelyn's niece], Maureen Sams, John Kendall, Judi Danser, Darcy, Denis Strittmatter, Nancy, Ian Brick, Cecilia Barnhart, Logan Magorien, Pam & Gordon Grant, Debbie & Jerry Novosel, Noah Willard, Sandra Dillard, Danielle McCann, Barry [Father Jim Orr's cousin], Tim Joyce, Mike Pawlyshyn-Jeannie Stutchell's brother, Joe Samchuck—vocations, Albert Heckman, Brianna Stumpf, Stanley Porembka, David & Terry Coyne Hartnett, Mike C., Jennifer Scheirer [Nick Behun's daughter], Catherine Beecham [Father Bob's cousin], JoAnne & Dave Andrews, Rev. Peg Bowman, Pat Jennings, Tim Sams, Mike Ruzzi, Cindy M., Stephen Popichak—Fr. Bob's brother, Mary Kay Ludovicy, Pastor Sara Irwin, George Dilendorf, Andy Torick, Carol Behun, Erv Frye, William Lusherand, Bill Boretsky, Colin Kirton—Stage 4 pancreatic cancer, Clifford, Joe Veto, Paul

Riley, Tonee & Sydnee Turner, Annette Paluh, Cathy Lotinsky, Monk Andrew, Jeff & Buschra Kerr, Steven—Harry Batch's cousin, Rose Mary Pavlovich—Mary Anne Kuznik's Cousin, Stella McKeag, Margaret Sekelsky, Robert Sekelsky, Robert Rodriguez, Dollie Irvin, Joe Mrvos, Alexandra & Bowen, Katherine Kulik, Micky Delans [COVID-19], Pastor Terry Polen, Eleanor Kitt, Stacie & Gary, Dolores Wachnowsky, Maria Warholak, Stacie & Gary, Anna Sekelik, Christy, Mariruth, Rich Previc, Ben Williams, and Susan Pulcini—Father Ted Pulcini's mom. ARNOLD: Homer Paul Kline and Walter Sakol. We pray that God will grant them all a speedy recovery.

HAPPY BIRTHDAY to our November babies: Amy Lewis on the 4th and Father Bob on the 7th! May God grant them Many Happy, Healthy, Prosperous, and Blessed Years! M'nohaya Lita! God Bless us all!

"The man to whom it has been given to feel Christ-like love is aware that such love moves the heart to wish everyone well, without exception. Such love is a life-giving fire." *Saint Sophrony of Essex, On Prayer*

Dear Brothers and Sisters in Christ... There is NOTHING to keep us from praying...for each other, for our family and friends, and most of all for the first responders—EMTs, nurses, doctors, firefighters, police officers, and members of our military who keep us safe. Be well, and be SAFE!!! God Bless!

Please remember ALL American service men and women in your prayers. May God watch over them and ALL American service men and women—and bring them all home safely!

REMEMBER—PRAYERS ARE ALWAYS FREE!

Communion Fasting: nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please ask Father Bob.

AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please CALL FATHER BOB at [412] 279-5640.

SCHEDULE OF SERVICES

SUNDAY, NOVEMBER 01 OBEDNITZA—UPSTAIRS!!! 10:30 AM
21ST SUNDAY AFTER PENTECOST; PROPHET JOEL; MARTYR WARUS & 7 MONK-
MARTYRS IN EGYPT; BLESSED CLEOPATRA & SON JOHN IN EGYPT;
HIEROMARTYR SADOC-BISHOP OF PERSIA & 128 MARTYRS WITH HIM

Tone 4

Galatians 2:16-20

Luke 8:5-15

Litany in Blessed Memory of John Lopushanski, Samuel Kerr, Helen Likar, Harry Bunio, Mary Pekich, Constantine Hanczar, Anna Lotinsky, and Julia Golofski—Fr. Bob

SUNDAY, NOVEMBER 08 OBEDNITZA—UPSTAIRS!!! 10:30 AM
22ND SUNDAY AFTER PENTECOST; HOLY & GREAT-MARTYR DEMETRIUS THE
MYRRH-GUSHER OF THESSALONICA; MARTYR LUPPOS; VENERABLE
ATHANASIOUS OF MEDIKION MONASTERY; VENERABLE THEOPHILUS OF
PERCHEVSKY LAVRA

Tone 5

Galatians 6:11-18; 2 Timothy 2:1-10

Luke 16:19-31; John 15:17-16:2

SUNDAY, NOVEMBER 15 OBEDNITZA—UPSTAIRS!!! 10:30 AM
23RD SUNDAY AFTER PENTECOST; MARTYRS ACINDYNUS, PEGASIOUS,
APHTHONIUS, ELPIDOPHOROS, & ANEMPODISTUS OF PERSIA; VENERABLE
MARCIAN OF CYRRHUS

Tone 6

Ephesians 2:4-10

Luke 8:26-39

BULLETIN INSERT FOR 01 NOVEMBER 2020
21ST SUNDAY AFTER PENTECOST; PROPHET JOEL; MARTYR WARUS
& 7 MONK-MARTYRS IN EGYPT; BLESSED CLEOPATRA & SON JOHN
IN EGYPT; HIEROMARTYR SADOC-BISHOP OF PERSIA & 128
MARTYRS WITH HIM

TROPARION—TONE 4

When the women disciples of the Lord
Learned from the angel the joyous message of Thy Resurrection;
They cast away the ancestral curse and elatedly told the apostles:
Death is overthrown! Christ God is risen,
Granting the world great mercy.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever,
and unto ages of ages. Amen.

KONTAKION—TONE 4

My Savior and Redeemer,
As God rose from the tomb
And delivered the earthborn from their chains.
He has shattered the gates of Hell,
And as Master, He has risen on the third day!

PROKEIMENON—TONE 4

READER: O Lord, how manifold are thy works! In wisdom hast Thou made them all.

PEOPLE: O Lord, how manifold are thy works! In wisdom hast Thou made them all.

READER: Bless the Lord, O my soul! O Lord my God, Thou art very great!

PEOPLE: O Lord, how manifold are thy works! In wisdom hast Thou made them all.

READER: O Lord, how manifold are thy works!

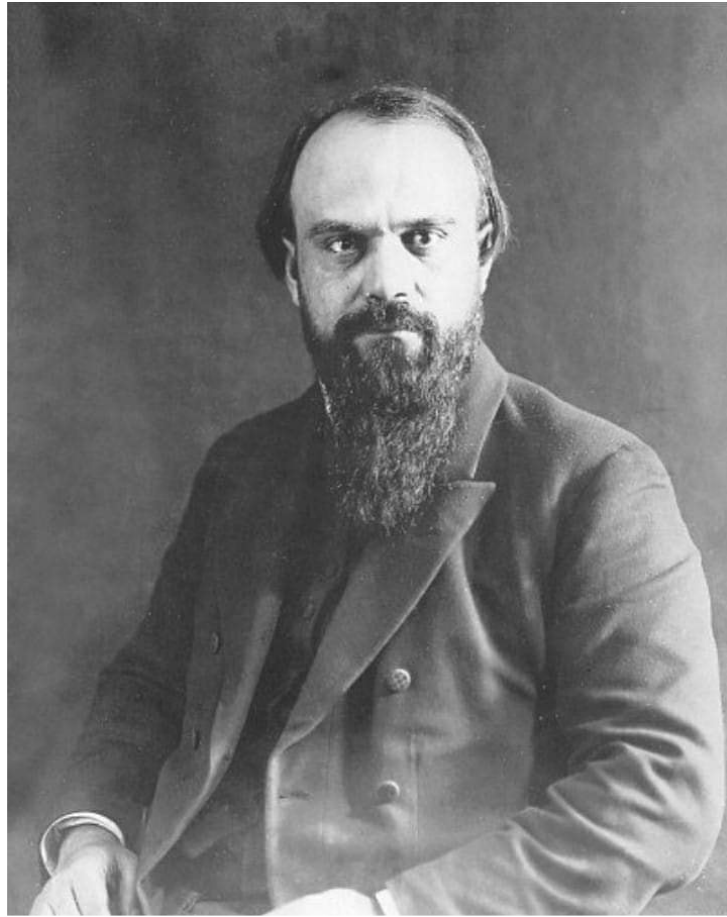
PEOPLE: In wisdom hast Thou made them all.

ALLELUIA VERSES—TONE 4

Go forth and prosper and reign, because of truth and meekness and righteousness.

You love righteousness and hate iniquity.

"My eyes said to me: "We do not see Him." But I pacified them with the words: "The truth is, that you were not created to see Him but to see what is His."—*Saint Nicholai Velimirovich*, from "Prayers By The Lake"



October 22, 2020

Journal Entry by Presvytera Dianthe Livanos — October 22, 2020
Beloved! (It gives me such JOY to say that. What a family we have in Christ!)

We have been on quite a journey, all of us, haven't we? Thank you for walking with us. Thank you for holding us up when we couldn't do the walking by ourselves! I personally do not know how I could have borne this without your prayers! And I know for certain going forward that we need you by our side. We've been tested to our limits and yet that testing just makes us stronger. The limits are limitless! It's a little scary to try to comprehend how strong God calls us to be! But He always gives what is necessary to sustain us. We are His.

Today is Father's last full chemo. So many of you remembered and have been texting and/or wearing out the knees of your hearts in supplication. THANK YOU! Today is a tough one for us, and there you are holding us close! A treasure.

Where do we go from here? Literally, only God knows and will reveal in His perfect timing. There are so many possible scenarios of how this disease can play itself out, most of which are not pretty. There is not much more that science can do for us. Father has been sharing that the next step is "maintenance" which, explained today in fuller terms, basically

means keeping a close eye on the tumor and making him comfortable. Again, a very wide range of possibilities here. They will continue to give him one of the two chemos as long as he tolerates it, and scan him every 3 months for tumor measurement.

Emotions are flying. The world is spinning. Things will never be the same. And strangely, nothing has changed. We come full circle, back to our precious center who is Christ. Back to the knowledge that ALL IS WELL. There is no room for fear, for doubt, for drowning, for dying! Our reality is the same as yours! Every day, every minute, there is only NOW. And for this we are grateful. Tomorrow holds worries of its own but we will stay in the now as best we can, by your prayers and with your help. I slightly modified St John Chrysostom's words to say that we "...should be similar to the hand and the eye. When the hand hurts, the eyes should be crying. And when the eyes cry, the hand should wipe away the tears." This is how we will bear one another's burdens.

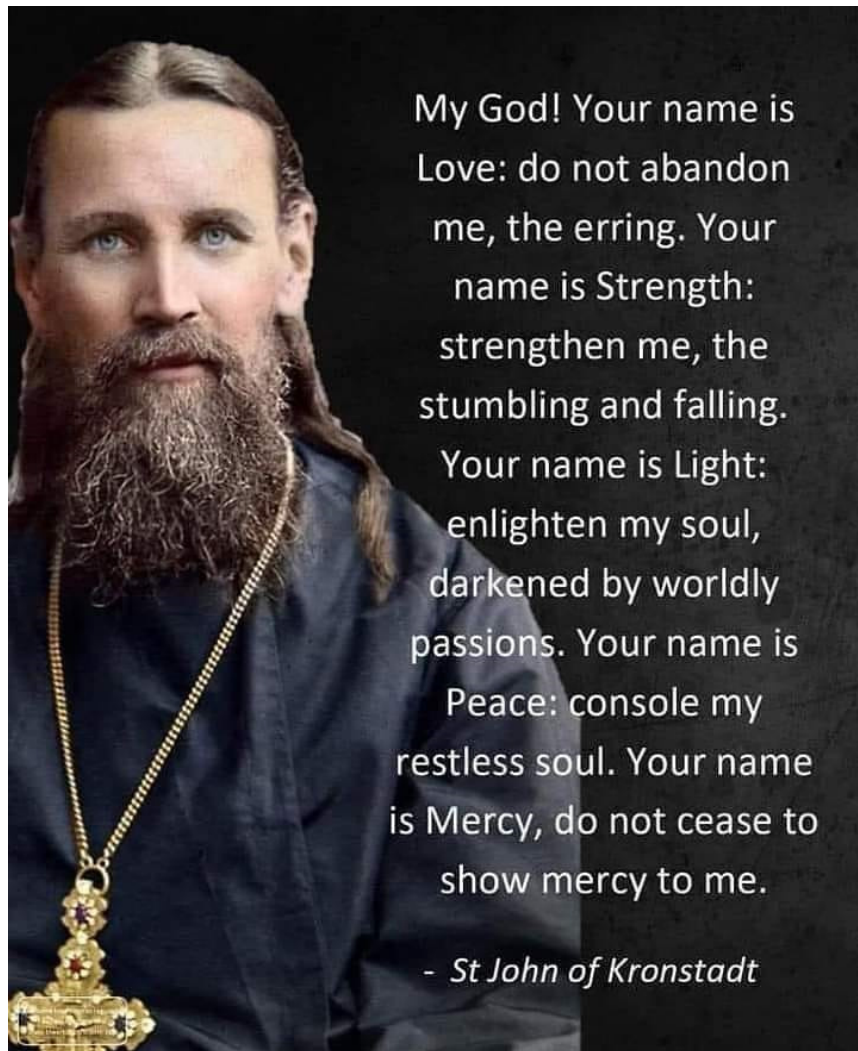
We love you and are grateful that we can share this road with you. We are grateful to not have to walk alone.

Christ is in our midst!



A spiritual man simply does not have sorrows. When his love is increased and his heart is kindled with divine passion, there is no room for grief and sorrow. The great love for Christ overcomes the pain and suffering caused by people.--Elder Paisios of Mount Athos

(Spiritual Counsels, Vol. III, Spiritual Struggle, Holy Monastery of the Evangelist John the Theologian, Souroti, Thessaloniki, Greece, 2010, 86) ☩



My God! Your name is
Love: do not abandon
me, the erring. Your
name is Strength:
strengthen me, the
stumbling and falling.
Your name is Light:
enlighten my soul,
darkened by worldly
passions. Your name is
Peace: console my
restless soul. Your name
is Mercy, do not cease to
show mercy to me.

- *St John of Kronstadt*