



Holy Ghost Orthodox Church
714 Westmoreland Avenue
PO Box 3
Slickville, PA 15684-0003
www.holyghostorthodoxchurch.org
Very Rev. Father Robert Popichak, Pastor
23 Station Street
Carnegie, PA 15106-3014
[412] 279-5640 home
[412] 956-6626 cell
rpopichak@alumni.cmu.edu

ON THE MEND: Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Archbishop Daniel, Metropolitan Antony, Metropolitan Yuriy, Metropolitan Theodosius [OCA], Archbishop Jovan, Bishop Robert, Metropolitan Savas, Father George & Pani Lillian Hnatko, Father Jakiw Norton, Father Paul Stoll, Father Igor Soroka, Father Joseph Kopchak, Father Elias Warnke, Father George Yatsko, Father Paul Bigelow, Father Emilian Balan, Father John & Pani Mary Anne Nakonachny, Father Steve Repa, Protopresbyter William Diakiw, Archpriest Dionysi Vitali, Protodeacon Joseph Hotrovich, Father Adam Yonitch, Pani-Dobrodijka Sonia Diakiw, Father Paisius McGrath, Father Michael Smoly nec, Father Lawrence & Matushka Sophia Daniels, Father Joe Cervo, Father John Harrold [Saint Sylvester], Father George Livanos, Igumen Patrick, Pani Mary Ann Chubenko, Father Jim Orr, Father Rick Seilier, Panimatka Laryssa Charest, Joshua Agosto and his family, Eva Malesnick, Nick Behun, Grace Holupka, Joseph Sliwinsky, Gary & Linda Mechtly, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Sam Wadrose, Isabella Olivia Lindgren, Ethel Thomas, Donna, Erin, Michael Miller, Grace & Owen Ostrasky, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Liz Stumpf, Theodore Nixon, Michelle Corba Kapeluck, Linda Hippert & family, Margaret Vladimir, Luke Emmerling, Robert McKivitz, Liz Obradovich, Halyna Zelinska [Archbishop Daniel's mother], Charlotte, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Eleanor Kelly, Bryan, Nancy Barylak, Patrick Keenan, Khrystyna Chorniy, Anthony Cormier, Nathan Forbeck, Sarah Doyle, Samuel Peters, Esther Holupka, David Vallor, Henry Faraly, Julie Eiler, Dorothy Lednovich, Bob C., Allie—young girl with leukemia, Heather Kramer, Jane Wartinbee, Matthew—young man with cancer, Nicholas Orlando, Mary Ann Kuznik, Michael Pryhodzenko, Sonia Luciw, Theresa Ditto, Mary Ann Musial, Mary Pelino, Yvonne Christy, Myron & Barbara Spak, Julia Duda, Lisa Pandle, Kris & Julie Hanczar, John Kennedy, Loretta, Nancy, Carol, & Michael Sheliga, Gaelle Kelly, Irma McDivitt, Robin Young, Mckayla, Rachel, Carl & Margaret Reed, Lydia Wilson, Robert Pointon, Walter Cecelia, John Persico, Jeff Miller, Mary Kernick, Glenn Miller, Jean Marie, Donna & Walter McCrackin, Bonnie & Eugene Blair [Pani Gina's parents], David Hoenshell, Barbara Macino,

Shelley Hill, Mikaela Kapeluck, Linda Cawley, Gerald Cogley, Corey Guich, Robert Vangrin, Pauline Witkowsky, Sera White, Deborah Smith, Nancy & Eric Dunik, Julian Stroz [young lady with cerebral palsy], Dr. Kirsten Ream, Patricia Corey, Michelle, Katie Swarm, Michelle, Patrick, Linda Morris, Howard Simpson, Chris, David Hiles, Jennifer, Cher Mount, Frank & Janet Horrell, Jim Wandling, Gail, Sirena Sharp, Ron Paulovich, Sandi Anderson, Lina, Shirley, Denny Mader, Ella Campbell, Tom Hyatt, Bill Janiro, Jean Symanko-Andy's sister, William Lemonakis, Alma Wyke, Lindsay Romanczak & family, Virginia Catherine Pynch, Susan Lucas, Neil Carter & family, James Paluh, Mickie Weikel, Evelyn Krempasky, Tammy Strunk, Loida Esbry, Darlene Chicka Deskins, Drew, Alice & Keith Philipa, Kateryna Kocelko, Nancy Heinbaugh, Mira Filipović, Lynn, Jacqueline, Sharon, Zan Cheng, Kristy, Elaine Ellenberger, Brandon, Anna Tranchine, Demetra, Blase Urban, Catherine Hogel & children, Jennifer & Dylan, Ron Schwartz, Lydia Wilson, Flora Tomlin, Howell Swarm, Jane Bielewicz Allred, Manny "Lazarus" Lopez, Glenn & Lucas Burlack, Katie Elizabeth, Mileva, & Michael, Deirdré Straughan, Terri Paluh, Lori & Steve Lucier, Kyranna Cherpas, Pastor Bruce Nordeen, Heather Ried, Carla Perry, Linda Elliot, Dennis McDaniel, Luke Tinsley, Brent, Tricia, Katherine Gorman, Pamela Jaquette, Sherri Walewski, Marika Zeliszczuk, Donna Davis, Jackie Crimbchin, Marta Charron, Mary [Corba], Stella McKeag, Margie Sekelsky, Gary Howell, Fran Fulton, Gina Catanese, Bill Vizza, Jamie Swarm, Kevin Allen (from Ancient Faith Radio), Kathy Flaherty, Tori Reade-Henry's niece, Derick-Glen Burlack's neighbor, Michael, Nichole & Christopher, Ben Douglas, Dianne Donahue, Zachary, Natasha, Noah Willard, Jodi Hanczar, Gregory Cervo, Lisa Bruce, Martha Nezolyk, Kathy Cvetkovich, Judy, Will, Emma, Ginny, Ye-Jin, Maria, John & JoAnn, Jim & Kitty, Phil Bouse, Ralph & Beverly Stoker, Noah Willard, Nikola, Natalie, Nikola, & Nevenka Jovonovich, Julia Collier, Amy Kemerer, Thomas Smith, Tracy Slaughaupt, Louis & Teresa Bercelli, Tom Nolan, Silvia Martin, Sarah Dorning, Dena & George, Georgia, Lawanda [Evelyn's niece], Maureen Sams, John Kendall, Judi Danser, Darcy, Denis Strittmatter, Nancy, Ian Brick, Cecilia Barnhart, Logan Magorien, Pam & Gordon Grant, Debbie & Jerry Novosel, Noah Willard, Sandra Dillard, Danielle McCann, Barry [Father Jim Orr's cousin], Tim Joyce, Mike Pawlyshyn-Jeannie Stutchell's brother, Joe Samchuck—vocations, Albert Heckman, Brianna Stumpf, Stanley Porembka, David & Terry Coyne Hartnett, Mike C., Jennifer Scheirer [Nick Behun's daughter], Catherine Beecham [Father Bob's cousin], JoAnne & Dave Andrews, Rev. Peg Bowman, Pat Jennings, Tim Sams, Mike Ruzzi, Cindy M., Stephen Popichak—Fr. Bob's brother, Mary Kay Ludovicy, Pastor Sara Irwin, George Dilendorf, Andy Torick, Carol Behun, Erv Frye, William Lusherand, Bill Boretsky, Colin Kirton—Stage 4 pancreatic cancer, Clifford, Joe Veto, Paul

Riley, Tonee & Sydnee Turner, Annette Paluh, Cathy Lotinsky, Monk Andrew, Jeff & Buschra Kerr, Steven—Harry Batch's cousin, Rose Mary Pavlovich—Mary Anne Kuznik's Cousin, Stella McKeag, Margaret Sekelsky, Robert Sekelsky, Robert Rodriguez, Dollie Irvin, Joe Mrvos, Alexandra, Katherine Kulik, Micky Delans [COVID-19], and Susan Pulcini—Father Ted Pulcini's mom. ARNOLD: Homer Paul Kline and Walter Sakol. We pray that God will grant them all a speedy recovery.

Seen on an electronic sign outside the First United Methodist Church at N Duke and E Walnut St. in Lancaster, PA: "Thou shalt wear a mask. Hygenesis 20:20."

"Why does the Lord command us to love our enemies and to pray for them? Not for their sake, but for ours! For as long as we bear grudges, as long as we dwell on how someone offended us, we will have no peace." +Elder Thaddeus (Strabulovich) of Vitovnica

Dear Brothers and Sisters in Christ... There is NOTHING to keep us from praying...for each other, for our family and friends, and most of all for the first responders—EMTs, nurses, doctors, firefighters, police officers, and members of our military who keep us safe. Be well, and be SAFE!!! God Bless!

Please remember ALL American service men and women in your prayers. May God watch over them and all American service men and women—and bring them all home safely!

REMEMBER—PRAYERS ARE ALWAYS FREE!

Communion Fasting: nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please ask Father Bob.

AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please CALL FATHER BOB at [412] 279-5640.

SCHEDULE OF SERVICES

SUNDAY, JULY 26

OBEDNITZA UPSTAIRS!!!

10:30 AM

7th SUNDAY AFTER PENTECOST; HOLY FATHERS OF THE FIRST 6 ECUMENICAL COUNCILS; SYNAXIS OF THE HOLY ARCHANGEL GABRIES; SAINT STEPHEN OF

**SAINT SABBAS MONASTERY-BISHOP OF CENOMANIS; MARTYR SERAPION-
UNDER SEVERUS; MARTYR MARCAIN OF ICONIUM**

Tone 6

Romans 15:1-7; Hebrews 13:7-16
Matthew 9:27-35; John 17:1-13

SUNDAY, AUGUST 02 OBEDNITZA UPSTAIRS!!! 10:30 AM

**8TH SUNDAY AFTER PENTECOST; HOLY GLORIOUS PROPHET ELIAS/ELIJAH;
UNCOVERING RELICS OF SAINT ATHANASIUS-ABBOT OF BREST-LYTOVSK**

Tone 7

1 Corinthians 10-28; James 5:14-22
Matthew 14:11-22; Luke 4:22-30

*Litany in Blessed Memory of Father Peter Natishan, Samuel Mrvos, David Yenni,
M. Denise Lawrence, Rudy Obradovich, Mike Horvath, John Sheliga, Anna Harte,
Millie Kitch, Agnes Rossi, Mary Milanovich, Michael Cherepko, & Mary Viganii--
Fr. Bob*

SUNDAY, AUGUST 09 OBEDNITZA UPSTAIRS!!! 10:30 AM

**9TH SUNDAY AFTER PENTECOST; HOLY GREAT-MARTYR & HEALER
PANTELEIMON; VENERABLE ANTHUSA-ABESS & HER 90 SISTERS; SAINT
CLEMENT OF OCHRID & SAINTS ANGELAR, GORAZD, NAHUM OF OCHRID, AND
SABBAS**

Tone 8

1 Corinthians 3:9-17; 2 Timothy 2:1-10
Matthew 14:22-34; John 15:17-16:2

BULLETIN INSERT FOR 26 JULY 2020

**7th SUNDAY AFTER PENTECOST; HOLY FATHERS OF THE FIRST 6
ECUMENICAL COUNCILS; SYNAXIS OF THE HOLY ARCHANGEL
GABRIEL; SAINT STEPHEN OF SAINT SABBAS MONASTERY-BISHOP
OF CENOMANIS; MARTYR SERAPION-UNDER SEVERUS; MARTYR
MARCAIN OF ICONIUM**

TROPARION—TONE 6

The angelic powers were at Thy tomb; the guards became as dead men.
Mary stood by Thy grave, seeking Thy most pure body.
Thou didst capture hell, not being tempted by it.
Thou didst come to the Virgin, granting life.
O Lord who didst rise from the dead: glory to Thee!

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever,
and unto ages of ages. Amen.

KONTAKION—TONE 6

When Christ God, the Giver of Life,

Raised all of the dead from the valleys of misery with His mighty hand,
He bestowed resurrection on the human race.
He is the Savior of all,
The Resurrection, the Life, and the God of all!

PROKEIMENON—TONE 6

READER: O Lord, save Thy people and bless Thine inheritance.

PEOPLE: O Lord, save Thy people and bless Thine inheritance.

READER: To Thee, O Lord, will I call. O my God, be not silent to me.

PEOPLE: O Lord, save Thy people and bless Thine inheritance.

READER: O Lord, save Thy people.

PEOPLE: And bless Thine inheritance.

ALLELUIA VERSES—TONE 6

He who dwells in the shelter of the Most High will abide in the shadow of the heavenly God.

He will say to the Lord: My Protector and my Refuge; my God, in whom I trust.

Tesla wanted to give us electricity. Edison wanted to give us an electric bill. —Alexei Blagonadezhdin

The Sixth Sunday after Pentecost Matthew 9:1-8

And he entered into a ship, and passed over, and came into his own city. And, behold, they brought to him a man sick of the palsy, lying on a bed: and Jesus seeing their faith said unto the sick of the palsy; Son, be of good cheer; thy sins be forgiven thee. And, behold, certain of the scribes said within themselves, This man blasphemeth. And Jesus knowing their thoughts said, Wherefore think ye evil in your hearts? For whether is easier, to say, Thy sins be forgiven thee; or to say, Arise, and walk? But that ye may know that the Son of man hath power on earth to forgive sins, (then saith he to the sick of the palsy,) Arise, take up thy bed, and go unto thine house. And he arose, and departed to his house. But when the multitudes saw it, they marvelled, and glorified God, which had given such power unto men. (KJV)

We gather today in God's Holy Church to celebrate the Divine Liturgy. We are nourished and strengthened by the Holy Gospel. We have the opportunity to be renewed by the Precious Body and Blood of Christ.

Believers gather in faith and love for the Lord regularly to worship, to hear the Holy Gospel and to be renewed. Orthodox Christians have

followed and worshipped the Lord Jesus Christ for more than twenty centuries.

The desire to seek and experience the Kingdom of God exists within believers of every century. The Lord Jesus Christ offers new life, renewal of life and eternal life.

We all commit sins, need to repent, and seek forgiveness. Today's Gospel makes Jesus' power to forgive sins very clear. The Gospel records and verifies the healing power of the Lord Jesus Christ.

In these trying and uncertain times, repentance, forgiveness of sins and experiencing the Kingdom of God are of paramount importance. Believers' saving and primary hope exists in the good, all-merciful and loving God.

God is the authentic certainty for believers. (Heb 13:5) The Lord God provides perspective for life and the Kingdom as life's primary goal. (Mt.6:33) We experience God's Kingdom in the Divine Liturgy.

God's Kingdom is the goal all believers embrace at Holy Baptism. Sin all too often arises in the believer's life and Christian journey. Today's Gospel reminds believers of the power of Christ's forgiveness.

The present Gospel describes Christ's power to restore freedom of movement among those paralyzed by sin. The coronavirus has had a paralyzing effect on many believers.

The Lord Jesus Christ offers healing and personal peace. Believers benefit by turning deep within the self and examining the personal relationship with Jesus Christ. Jesus Christ offers the peace passing all understanding. (Philippians 4:7)

The Lord God knows all that is happening in the world. God is present everywhere and fills all things. (Prayer to Holy Spirit) The believer's mind, heart and soul are enriched and experience peace when embracing the presence of God.

Believers choose the daily focus and goals of life. If the peace of God is being ardently pursued, the goal will be realized. (Gal. 5:22-23) Jesus said: "For where your treasure is, there will your heart be also. "(Mt. 6:21)

God's forgiveness of sins and granting of new freedom of movement are accompanied by new responsibilities. The man forgiven his sins and freed of paralysis in the Gospel had new responsibilities toward Christ.

Jesus Christ was due gratitude from the man in the Gospel. Each believer forgiven of sins and freed from paralysis of sins has the responsibility to honor Christ's commandments and be faithful to Jesus Christ.

Believers have sins forgiven at Holy Confession. The weight and paralysis of sins are removed at Holy Confession. New life in Christ is experienced in Holy Communion.

Christ's commandments and way of life are to be fully embraced following Confession and Communion. Love for Christ is to be renewed and experienced with great joy when the Precious Body and Blood of Christ are received.

The Christian life is intended to be active. At Holy Baptism, the Kingdom of God becomes the believer's primary goal. The potential for growth in Jesus Christ is unlimited.

The Apostle Paul described to the Corinthians the possibilities saying: "But we all, with open face beholding as in a glass the **glory** of the Lord, are changed into the same image from **glory to glory**, even as by the Spirit of the Lord." (2 Cor.3:18)

The joy of the Lord is present in the Divine Liturgy. We experience God's Kingdom in this church even as we actively pursue the Kingdom by being here. God enriches and renews our lives in the Divine Liturgy.

We strengthen our love for the Lord and express it more fully by being in God's Holy Church. By actively participating in God's holy Church, we thank God for the forgiveness of sins and freedom from paralysis of sins.

Forgiveness of people in our daily lives and love of each person we meet are ways to further show our gratitude toward God. Each day is an opportunity to begin anew in Christ.

We need not remain paralyzed in these times of uncertainty. God is always present to help us and to guide us. God is ever-present to reassure us and to forgive us when we sincerely repent of our sins.

Let us savor and be grateful for the love of the ever-merciful and healing God. May the remaining days of our lives be days of repentance and expressions of gratitude to God for all that He does and has done for us.

*The Sixth Sunday after Pentecost. Venerable Sisoies the Great. July 6/19, 2020.
Hidden Valley, Pennsylvania. Father Rodney Torbic*

Integrity

I Kings 9:4-And if thou wilt walk before me, as David thy father walked, in integrity of heart, and in uprightness, to do according to all that I have commanded thee, and wilt keep my statutes and my judgments: (KJV)

Believers are required to exercise vigilance daily to preserve personal integrity. Integrity equates with a strong desire to be faithful to the Lord's commandments. Believers seeking to maintain integrity center the heart and mind on the Lord God. Temptations and perils assail all adhering

carefully to the ways of the Lord God. Resoluteness in purpose and goals guide the believer toward the Lord's Kingdom. Strength and direction from the Lord order the steps of the person with integrity. Believers freely and actively choose whether to follow God's commandments.

Job 31:6- Let me be weighed in an even balance that God may know mine integrity. (KJV)

The Lord God knows the motivation and contents of the believer's heart and mind. Care is absolutely necessary to maintain integrity in daily thoughts and actions. The devil must be repelled quickly when thoughts arise that endanger the soul. Love for the Lord God motivates the believer to be faithful in daily decisions. Persons with integrity appreciate the Lord God's goodness, grace and mercy. Trust in the Lord and strong faith keep the believer with integrity full focused. At the Lord's great and glorious Second Coming each person will face judgment.

Psalms 25:21-Let integrity and uprightness preserve me; for I wait on thee (KJV)

Patience is an attribute of the Lord's believer with integrity and an upright heart. Integrity includes giving attention and adherence to the Lord's commandments. Being steeped in love of the Lord and strong faith reveal the merits of integrity. Repentance, confession and the Lord's forgiveness enable integrity to be restored. Preventive actions will protect the believer with integrity from damage to the soul. The vision of hope in the Lord enable to the person with integrity to patiently wait. Impatience is a great detriment and perilous to the person's character and soul.

Proverbs 20:7-The just man walketh in his integrity: his children are blessed after him. (KJV)

Maintaining integrity carries with it benefits in earthly life and life after death. Strong belief in the Lord God's teachings give value to living a life with integrity. Personal integrity is revealed in the believer's actions at home and the community. Maintaining integrity in the face of adversity involves conviction in the heart. Workplaces can be places of peril for a person desiring to live life with integrity. Children are influenced by the degree of integrity maintained by their parents. A believer's world view and the honoring of Baptism reflect personal integrity.

*Placing of the Honorable Robe of the Most Holy Theotokos. July 12/15, 2020.
Hidden Valley, Pennsylvania. Father Rodney Torbic*

Of all people, the atheist is the most misfortunate person...because he has been deprived of the only good thing upon the earth: faith—the one true guide toward the truth and happiness.

The atheist is a most misfortunate person because he is deprived of hope: the essential stuff needed to journey through life's lengthy path.

The atheist is a most misfortunate person because he is deprived of human love, which caresses the aching heart.

The atheist is a most misfortunate person because he has been deprived of the divine beauty of the Creator's image, which the Divine Artist has etched within man and which faith unveils.

The eye of the atheist sees in creation nothing other than the operation of natural processes. The brilliance and magnificent beauty of the Divine Creator's image remain hidden and undetectable to him. As he glances aimlessly at creation, nowhere does he discover the beauty of God's wisdom, nowhere does he see God's omnipotence, nowhere does he observe God's goodness and providence, nowhere does he discern the Creator's righteousness and love for creation. His mind is neither capable of ascending higher than the visible world nor reaching beyond the boundaries of physical matter.

His heart remains anesthetized and indifferent before God's ever-present divine wisdom and power.

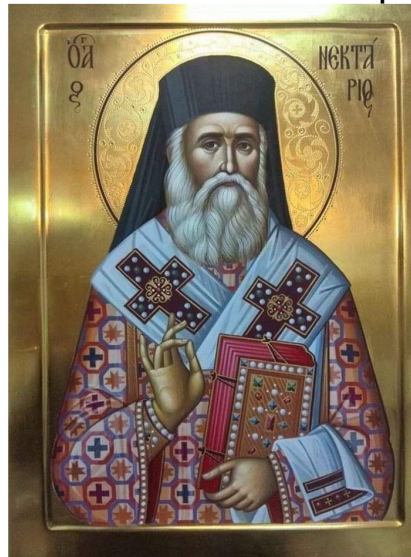
Within it, not even the slightest desire to worship the Lord exists. His lips remain closed, his mouth silent, and his tongue frozen. His soul voices no hymn, doxology, or praise as an expression of gratefulness to God.

The peace of the soul and the serenity of the heart have been removed by disbelief; instead, mourning has inundated the depth of his being. The delight, which the faithful person experiences from executing God's divine commandments, and the great pleasure that he enjoys from an ethical way of life are unknown feelings for the atheist.

The elation which faith bestows to the believer has never been felt by the atheist's heart.

The assurance that arises from faith in God's providence, which relieves man from the anxiety of life's worries, is a power unknown to him.

St. Nektarios of Pentapolis



The Priest's pig [Bishop Melchisedek Pleska](#)

One of the stories which have come down through my family from the old country, is the story of the priest's pig.

It happened on a cold spring afternoon in the middle of Great Lent. My father was with his maternal grandfather in a horse drawn wagon returning from their fields where they had inspected the newly mown hay. Since, in that part of Byelo-Russia, the ground could be marshy during that season, it was necessary to tend to the hay to make sure that it didn't rot.

My great grandfather Gregory was known as a strict man, in as much as no good deed went unrewarded, and no failure went unpunished. My father could be called upon to recite the Trisagion prayers at a moment's notice, if he did it perfectly, he was rewarded, if he made a mistake, he was punished. It was, of course, all from memory because nobody there knew how to read or write. Anyway, as the two of them returned home that Lenten evening, they were going down the main street of the village and detected the odor of roast pig in the air as they passed through the village. Then, as they passed by the priest's home, they saw, through the window, Matushka taking the pig out of the oven.

My great grandfather, being the strict sort of person he was, turned to my father and told him that if the priest didn't do what he told everybody else to do, then they weren't going to do it either. They would eat what they had when they had it. That damned pig disrupted Church life in my family for three generations.

When I was ordained to the priesthood 30+ years ago, the first thing my mother said to me afterwards, was to remind me of that pig, and then said, "Whatever you tell your people to do, you had better be doing yourself." I don't think a week goes by, but what that pig and its consequences don't come to mind.



HOLY ARCHANGEL GABRIEL

Ἡ ΔΙΑ Δ' ΟΙΚΟΥ
Ἡ ΕΝ ΧΑΛΚΗΔΟΝΙ ΕΠΙ
ΥΠΟ ΧΧ ΘΕΟΦΩΡΩΝ ΠΑΤΕΡΩΝ
ΤΩΝ ΜΟΝΟ-

ΜΕΝΙΚΗ ΣΥΝΟΔΟΣ
ΜΑΡΚΙΑΝΟΥ ΒΑΣΙΛΕΥΣ ΕΠΙ ΕΤΕΙ 451
ΚΑΤΑ ΕΥΤΥΧΕΣ ΚΑΙ ΔΙΟΣΚΟΡΟΥ
ΦΥΣΙΤΩΝ



HOLY FATHERS OF THE FIRST 6 ECUMENICAL COUNCILS