

The world is full of good people. If you can't find even one good person, then be one yourself.

† Patriarch Pavle
Patriarch of the Serbian
Orthodox Church 1990-2009



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## SUNDAY OF ALL SAINTS OF GALICIA AND ODESSA APOSTLES' [Saints Peter and Paul] FAST

**ON THE MEND:** Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Archbishop Daniel, Metropolitan Antony, Metropolitan Yurij, Metropolitan Theodosius [OCA], Archbishop Jovan, Bishop Robert, Metropolitan Savas, Father George & Pani Lillian Hnatko, Father Jakiw Norton, Father Paul Stoll, Father Igor Soroka, Father Joseph Kopchak, Father Elias Warnke, Father George Yatsko, Father Paul Bigelow, Father Emilian Balan, Father John & Pani Mary Anne Nakonachny, Father Steve Repa, Protopresbyter William Diakiw, Archpriest Dionysi Vitali, Protodeacon Joseph Hotrovich, Father Adam Yonitch, Pani-Dobrodijka Sonia Diakiw, Father Paisius McGrath, Father Michael Smolynec, Father Lawrence & Matushka Sophia Daniels, Father Joe Cervo, Father John Harrold [Saint Sylvester], Father George Livanos, Igumen Patrick, Pani Mary Ann Chubenko, Father Jim Orr, Father Rick Seiler,

Panimatka Laryssa Charest, Joshua Agosto and his family, Eva Malesnick, Nick Behun, Grace Holupka, Joseph Sliwinsky, Gary & Linda Mechtly, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Sam Wadrose, Isabella Olivia Lindgren, Ethel Thomas, Donna, Erin, Michael Miller, Grace & Owen Ostrasky, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Liz Stumpf, Theodore Nixon, Michelle Corba Kapeluck, Linda Hippert & family, Margaret Vladimir, Luke Emmerling, Robert McKivitz, Liz Obradovich, Halyna Zelinska [Archbishop Daniel's mother], Charlotte, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Eleanor Kelly, Bryan, Nancy Barylak, Patrick Keenan, Khrystyna Chorniy, Anthony Cormier, Nathan Forbeck, Sarah Doyle, Samuel Peters, Esther Holupka, David Vallor, Henry Faraly, Julie Eiler, Dorothy Lednovich, Bob C., Allie—young girl with leukemia, Heather Kramer, Jane Wartinbee, Matthew—young man with cancer, Nicholas Orlando, Mary Ann Kuznik, Michael Pryhodzenko, Sonia Luciow, Theresa Ditto, Mary Ann Musial, Mary Pelino, Yvonne Christy, Myron & Barbara Spak, Julia Duda, Lisa Pandle, Kris & Julie Hanczar, John Kennedy, Loretta, Nancy, Carol, & Michael Sheliga, Gaelle Kelly, Irma McDivitt, Robin Young, Mckayla, Rachel, Carl & Margaret Reed, Lydia Wilson, Robert Pointon, Walter Cecelia, John Persico, Jeff Miller, Mary Kernick, Glenn Miller, Jean Marie, Donna & Walter McCrackin, Bonnie & Eugene Blair [Pani Gina's parents], David Hoenshell, Barbara Macino, Shelley Hill, Mikaela Kapeluck, Linda Cawley, Gerald Cogley, Helen Bozo, Corey Guich, Robert Vangrin, Pauline Witkowsky, Sera White, Deborah Smith, Nancy & Eric Dunik, Julian Strozh [young lady with cerebral palsy], Dr. Kirsten Ream, Patricia Corey, Michelle, Katie Swarm, Michelle, Patrick, Linda Morris, Howard Simpson, Chris, David Hiles, Jennifer, Cher Mount, Frank & Janet Horrell, Jim Wandling, Gail, Sirena Sharp, Ron Paulovich, Sandi Anderson, Lina, Shirley, Denny Mader, Ella Campbell, Tom Hyatt, Bill Janiro, Jean Symanko-Andy's sister, William Lemonakis, Alma Wyke, Lindsay Romanczak & family, Virginia Catherine Pyrch, Susan Lucas, Neil Carter & family, James Paluh, Mickie Weikel, Evelyn Krempasky, Tammy Strunk, Loida Esbry, Darlene Chicka Deskins, Drew, Alice & Keith Philipa, Kateryna Kocelko, Nancy Heinbaugh, Mira Filipović, Lynn, Jacqueline, Sharon, Zan Cheng, Kristy, Elaine Ellenberger, Brandon, Anna Tranchine, Demetra, Blase Urban, Catherine Hogel & children, Jennifer & Dylan, Ron Schwartz, Lydia Wilson, Flora Tomlin, Howell Swarm, Jane Bielewicz Allred, Manny "Lazarus" Lopez, Glenn & Lucas Burlack, Katie Elizabeth, Mileva, & Michael, Deirdré Straughan, Terri Paluh, Lori & Steve Lucier, Kyranna Cherpas, Pastor Bruce Nordeen, Heather Ried, Carla Perry, Linda Elliot, Dennis McDaniel, Luke Tinsley, Brent, Tricia, Katherine Gorman, Pamela Jaquette, Sherri Walewski, Marika Zeliszczuk, Donna Davis, Jackie Crimbchin, Marta Charron, Mary [Corba], Stella McKeag, Margie Sekelsky, Gary Howell, Fran Fulton, Gina Catanese, Bill Vizza, Jamie Swarm, Kevin Allen (from Ancient Faith Radio), Kathy Flaherty, Tori Reade-Henry's niece, Derick-Glen Burlack's neighbor, Michael, Nichole & Christopher, Ben Douglas, Dianne Donahue, Zachary, Natasha, Noah Willard, Jodi Hanczar, Gregory Cervo, Lisa Bruce, Martha Nezolyk, Kathy Cvetkovich, Judy, Will, Emma, Ginny, Ye-Jin, Maria, John & JoAnn, Jim & Kitty, Phil Bouse, Ralph & Beverly Stoker, Noah Willard, Nikola, Natalie, Nikola, & Nevenka Jovonovich, Julia Collier, Amy Kemerer, Thomas Smith, Tracy Slaugenhaupt, Louis & Teresa Bercelli, Tom Nolan, Silvia Martin, Sarah Dorning, Dena & George, Georgia, Lawanda [Evelyn's niece], Maureen Sams, John Kendall, Judi Danser, Darcy, Denis Strittmatter, Nancy, Ian Brick, Cecilia Barnhart, Logan Magorien, Pam & Gordon Grant, Debbie & Jerry Novosel, Noah Willard, Sandra Dillard, Danielle McCann, Barry [Father Jim Orr's cousin], Tim Joyce, Mike Pawlyshyn-Jeannie Stutchell's brother,

Joe Samchuck—vocations, Albert Heckman, Brianna Stumpf, Stanley Porembka, David & Terry Coyne Hartnett, Mike C., Jennifer Scheirer [Nick Behun's daughter], Catherine Beecham [Father Bob's cousin], JoAnne & Dave Andrews, Rev. Peg Bowman, Pat Jennings, Tim Sams, Mike Ruzzi, Cindy M., Stephen Popichak—Fr. Bob's brother, Mary Kay Ludovicy, Pastor Sara Irwin, George Dilendorf, Andy Torick, Carol Behun, Erv Frye, William Lusherand, Bill Boretsky, Colin Kirton—Stage 4 pancreatic cancer, Clifford, Joe Veto, Paul Riley, Tonee & Sydnee Turner, Annette Paluh, Cathy Lotinsky, Monk Andrew, Jeff & Buschra Kerr, Steven—Harry Batch's cousin, Rose Mary Pavlovich—Mary Anne Kuznik's Cousin, Stella McKeag, Margaret Sekelsky, Robert Sekelsky, Robert Rodriguez, Dollie Irvin, Joe Mrvos, and Susan Pulcini—Father Ted Pulcini's mom. ARNOLD: Homer Paul Kline and Walter Sakol. We pray that God will grant them all a speedy recovery.

"The salvation of your soul is your business. If you don't care about this, who will care about you?" ~ St. Nicodemus of the Holy Mountain

Dear Brothers and Sisters in Christ... There is <u>NOTHING</u> to keep us from praying...for each other, for our family and friends, and most of all for the first responders—EMTs, nurses, doctors, firefighters, police officers, and members of our military who keep us safe. Be well, and be SAFE!!! God Bless!

Please remember ALL American service men and women in your prayers. May God watch over them and all American service men and women—and bring them all home safely!

#### REMEMBER-PRAYERS ARE ALWAYS FREE!

<u>Communion Fasting:</u> nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please ask Father Bob.

AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please CALL FATHER BOB at [412] 279-5640.

SCHEDULE OF SERVICES

SUNDAY, JUNE 28 OBEDNITZA UPSTAIRS!!! 10:30 AM

3RD SUNDAY AFTER PENTECOST; HALYCH SAINTS; ODESSA SAINTS; PROPHET
AMOS; MARTYRS VITUS, MODESTUS & CRESCENTIA AT LUCANIA; MARTYR
DULAS OF CILICIA; VENERABLE DULAS THE PASSION-BEARER OF EGYPT;
SAINT JEROME/HIERONYMUS OF STRIDONIUM; BLESSED AUGUSTINE OF
HIPPO; SAINT MICHAEL-FIRST METROPOLITAN OF KIEV

*Tone 2* Romans 5:1-10; Hebrews 13:17-21

Matthew 6:22-33; John 10:9-15

#### SUNDAY, JULY 05 OBEDNITZA UPSTAIRS!!! 10:30 AM

4<sup>TH</sup> SUNDAY AFTER PENTECOST; HIEROMARTYR EUSEBIUS-BISHOP OF SAMOSTA; MARTYRS ZENO & HIS SERVANT ZENAS OF PHILADELPHIA; MARTYRS GALACTION, JULIANA, & SATURNINUS OF CONSTANTINOPLE

Tone 3
Romans 6:18-23
Matthew 8:5-13

Litany in Blessed Memory of

#### SUNDAY, JULY 12 OBEDNITZA UPSTAIRS!!!

10:30 AM

5<sup>TH</sup> SUNDAY AFTER PENTECOST; THE HOLY, GLORIOUS, AND ALL-PRAISED LEADERS OF THE APOSTLES—SAINT PETER AND SAINT PAUL

Tone 4

Romans 10:1-10; 2 Corinthians 11:21-12:9 Matthew 8:28-9:1; Matthew 16:13-19

#### **BULLETIN INSERT FOR 28 JUNE 2020**

3<sup>RD</sup> SUNDAY AFTER PENTECOST; HALYCH SAINTS; ODESSA SAINTS; PROPHET AMOS; MARTYRS VITUS, MODESTUS & CRESCENTIA AT LUCANIA; MARTYR DULAS OF CILICIA; VENERABLE DULAS THE PASSION-BEARER OF EGYPT; SAINT JEROME/HIERONYMUS OF STRIDONIUM; BLESSED AUGUSTINE OF HIPPO; SAINT MICHAEL-FIRST METROPOLITAN OF KIEV

#### **TROPARION—TONE 2**

When Thou didst descend to death, O Life Immortal, Thou didst slay hell with the splendor of Thy Godhead! And when from the depths Thou didst raise the dead, All the powers of heaven cried out:
O Giver of Life! Christ our God! Glory to Thee!

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

#### KONTAKION—TONE 2

Hell became afraid, O Almighty Savior, Seeing the miracle of Thy Resurrection from the tomb! The dead arose! Creation, with Adam, Beheld this and rejoiced with Thee! And the world, O my Savior, praises Thee forever!

#### **PROKEIMENON-TONE 2**

**READER:** The Lord is my strength and my song. He has become my salvation.

PEOPLE: The Lord is my strength and my song. He has become my salvation.

**READER:** The Lord has chastened me sorely, but he has not given me over to death.

PEOPLE: The Lord is my strength and my song. He has become my salvation.

**READER:** The Lord is my strength and my song.

PEOPLE: He has become my salvation.

#### **ALLELUIA VERSES—TONE 2**

The Lord answer you in the day of trouble! The name of the God of Jacob protect you!

Save the king, O Lord, and hear us on the day we call!

#### **Angels Unawares**

#### Be not forgetful to entertain strangers: for thereby some have entertained angels unawares (Hebrews 13:2)

There is not one of us who does not meet someone in a given week who is not in need of encouragement, love, and mercy. They are often mothers whose children are going to bed at night hungry for lack of food money. Old women whose husbands are long gone, and whose children are too busy to check in on them. The young college student down the hall in the dorm who has no place to go during a semester break, because he has no caring family wanting to see him. There is the lonely bag lady, sitting on a park bench watching everyone avoid her.

The world is full of lonely people in need of comfort, kindness, mercy. How about the crabby old neighbor who is always frowning? Is it not possible that his frown is masking grief for a lost wife, or a son who's turned his back on his father? There's the policeman who's pulled you over for going over the speed limit, and who's being rather abrupt with you? Is there a chance he's filled with sadness because of the negative images of police officers on the news every day, and it is causing him to despair?

All these people can be in need of a word of kindness, a gentle smile and a word of encouragement. Can you imagine the impact on the officer's day, if you, after having been served with the traffic ticket, thanked him for making our roads safer, and possibly saving your life by calling you on your dangerous driving? What if you sat down next to the old bag lady and asked her how she's doing? What if you offered to take her into a cafe for lunch? What if you baked a plate full of cookies for the grumpy old man?

What if you asked your parents if you could invite the lonely young man down the hall for semester break in your home?

What if you quietly paid for the groceries of the young woman behind you in the check-out line? What if you collected all the old toys left over from your children, and gave them to a shelter for battered women? What if you gave out one hundred dollars worth of tens to homeless men on the street? What if you ordered an extra hamburger and fries, and gave the bag to a homeless man at the entrance of the fast food store, and included a twenty-dollar bill as an extra gift? What if you made a pact with yourself to do seven acts of kindness each and every day, without judgement. What if you took on the role of an angel unaware?

With love in Christ, Abbot Tryphon

#### **Shaming Silence** Fr. Stephen Freeman

The phrase has been quoted frequently: "silence is violence." It is the demand that some form of political speech or action, expression of opinion, meme-sharing, and the like, is required of every person or they are guilty (or at least complicit) in violence against a racial minority. There are any number of careful analyses of the depths intended by this phrase, examinations of the nature of violence, the nature of systemic prejudice, as well as the creation of justice. As much as I loathe political discourse, the present case serves as an excellent example of the nature of modernity and its subtle demands in our lives. No doubt, many have been persuaded to take up the chants that have become familiar of late. Others have probably been provoked to anger by such demands, even when they personally oppose racial injustice. What is going on?

First and foremost, the statement, "silence is violence," is an attempt to shame those who do not join in the public outrage. There is the clear implication that anyone who remains silent is complicit in a crime. They are less than good people. That is the nature of shame: it tells us that we are bad. Anytime we are shamed, we are provoked to anger or to some form of inner misery. We want to either placate the accuser or to crush them. We're wired that way. It is, and always has been, a powerful means for controlling human behavior.

Throughout much of Western history (both Medieval and the early modern period) public shaming was perhaps the most common form of punishment. The two most frequent forms were the stocks (where a person was simply locked in a wooden platform and put on public display for a time) and the pillory (where the head was held in place by an iron contraption so that a person could not move, nor turn the face away in shame). There were other cruelties added, including nailing the ears, or cutting them off, or whipping the individual as well. The point of these

punishments was not so much the suffering involved—it was the public display of the suffering. It was common for the public to ridicule an individual in the stocks or pillory, throwing rotten food, spitting, and the like. The crucifixion of Christ was simply an early, more cruel form of this very thing.

The death penalty has been in place through most of history, and only ceased to be a public form of punishment in relatively recent times. Crowds gathered to watch and jeer as a criminal was hung. The hangman's noose, the pillory, and the stocks, were a form of social media in their time—the Facebook of a village.

There is a long history of public demonstrations and riots. Crowds have sought to overthrow emperors, change policies, single-out and execute individuals, etc. Indeed, the sorry history of racial lynching in America belongs in the darkest corner of such actions. The passions of crowds often seem to empower a group to do something that a single individual would never dare or even wish. There is an anonymity that comes about in which personhood begins to be obscured and lost. It is a dangerous episode in the life of any nation, regardless of the cause.

Sadly, it also seems to hold great promise to many. In terms of the passions, it *feels* like something is being done (when "something must be done!"). Of course, in America, as a news-cycle fades, so the crowds thin, and whatever "must be done" likely languishes or morphs into something else entirely.

I have voiced my skepticism about the "modern project" time and again, with the argument that it represents a distortion of classical Christianity, while, at the same time, being a disingenuous collection of slogans that provide cover for the true work that goes by its name. It is not building a better world. It is more accurate to say that modernity is always building a bigger profit.

There is some level on which democracy "works." It is, however, not nearly as transparent nor obvious as it would seem. The history of nations demonstrates time and again that the "powers that be" are, primarily, "powers." They are not philosophical or theoretical entities. Unmasking the powers is always difficult, and sometimes quite frightening. On some level, there is always something "demonic" at work. In the Scriptures, the distinction between the government of the empire and the "principalities and powers" of the demonic anti-hierarchy frequently seems blurred. Though Christ was "officially" put to death by the Roman state, St. Paul also describes the crucifixion as an action of the "rulers of this age" (1 Cor. 2:8), a clear reference to demonic powers. By the same token, Christ's death and resurrection are a defeat of these same powers.

Democracy does not represent a new age in which these powers are no longer at work. That which was at work in Rome, in the Middle Ages, in the Soviet Union, in the European Union, is that which is at work in all of the states of the present time. There is no such thing as a "secular" state.

The real question for Christians is not "how should I vote," but "how should I live?" There is nothing wrong in voting one's conscience. But there is much wrong in imagining ourselves to have power in the manner in which it is often told to us. This is the simple truth: steadfast, sacrificial prayer is of far greater worth than every so-called political action. God sustains the world through the prayers of the saints. Not even a modicum of justice is sustained by the votes of a majority.

We cannot, through voting, make the world to be a place any better than our own hearts. If we cannot rightly govern even so little, how do we imagine ourselves to be governing so much? If God could turn the wicked heart of Pharaoh towards mercy, can He not do the same in our own day? St. James wrote: "...for the anger of man does not produce the righteousness of God." (James 1:20)

Many people would agree that they have rarely seen as much anger and hatred in our public lives as we are seeing at the moment. Righteousness, the true godly relationship between people, is a profound work of peace-making. We cannot make peace with anger. "Acquire the Spirit of peace and a thousand souls around you will be saved." That is simply the truth regarding any righteousness in this world. Such peace flows easily from silence, if the silence is wrapped in prayer.

#### <u>Virtue</u>

# Luke 6:19-And the whole multitude sought to touch him: for there went virtue out of him, and healed them all. (KJV)

Virtue comes from the Lord Jesus Christ and is experienced in unity with Christ. The Lord Jesus Christ is aware when believers reach out to touch Him in faith. Reaching out to touch the Lord Jesus Christ is an act of hope and brings healing. Healing takes different forms and will affect the body and healing of the soul. The choices a believer makes determines whether virtue is the chosen path of life.

# Luke 8:46-And Jesus said, Somebody hath touched me: for I perceive that virtue is gone out of me. (KJV)

Jesus Christ's ability to see all and know all merits being constantly kept in mind. The Lord has the ability to know a believer's motivation in reaching out to Him. Jesus knows the motivation emanating from within the believer's heart and mind. A clear conscience is necessary in reaching out in faith to the Lord Jesus Christ. Believers are expected to reject sin and choose the path of a contrite heart. (PS.50/51:17)

# Philippians 4:8-Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things. (KJV)

Throughout the day a person decides what to let the eyes see and the mind think. The believer determines the heart's contents and whether Jesus Christ is welcome. Choices made during the course of life reflect the personal goals being pursued. Eventually it becomes evident whether the Kingdom of God is primary in life. The heart's treasure is revealed in the way a person utilizes personal resources.

# 2 Peter 1:3-According as his divine power hath given unto us all things that pertain unto life and godliness, through the knowledge of him that hath called us to glory and virtue: (KJV)

We choose whether to faithfully live in Jesus Christ and to seek to grow in Christ. Repentance, fasting, and prayer keep the believer focused on the Lord Jesus Christ. The narrow path is followed by avoiding temptations and perils to the soul. (Mt.7:13-14) Nourishment for the soul comes from earnestly learning from the Holy Gospel. Scripture reveals the paths to follow in life proven through the centuries. (Jerimiah 6:16)

# 2 Peter 1:5-And beside this, giving all diligence, add to your faith virtue; and to virtue knowledge; (KJV)

Repentance and renewal during earthly life are required for growth in Jesus Christ. Holy Apostle Paul's Epistle to the Romans encourages the mind's renewal. (Rom.12:2) The Epistle to the Hebrews focuses on Christ to move forward in life. (Heb.12:1-2) Christians are not to remain stagnant but are to seek to grow all the days of life. Holy Baptism is the important beginning in the life's journey toward eternal life.

Saints Mary and Martha, Saint Metrophanes, Hieromartyr Joannichius, Martyr George (Bogich) June 4/17, 2020. Hidden Valley. Fr. Rodney Torbic

"If, in time of trial, a man does not patiently endure his afflictions, but cuts himself off from the love of his spiritual brethren, he does not yet possess perfect love or a deep knowledge of divine providence." (St Maximus the Confessor, Four Hundred Chapters on Love 4:16)

#### The Second Sunday after Pentecost Matthew 4:18-23

And Jesus, walking by the sea of Galilee, saw two brethren, Simon called Peter, and Andrew his brother, casting a net into the sea: for they were fishers. And he saith unto them, Follow me, and I will make you fishers of men. And they straightway left their nets, and followed him. And going on from thence, he saw other two brethren,

James the son of Zebedee, and John his brother, in a ship with Zebedee their father, mending their nets; and he called them. And they immediately left the ship and their father, and followed him. And Jesus went about all Galilee, teaching in their synagogues, and preaching the gospel of the kingdom, and healing all manner of sickness and all manner of disease among the people. (KJV)

We are blessed to have the Gospel to consider as an integral part of the Divine Liturgy. The current Gospel reading focuses on the Lord Jesus Christ calling the Holy Apostles to follow Him.

The Holy Apostles were blessed to learn directly from the Lord Jesus Christ. They carried Jesus' teachings to different parts of the world. The Apostles put the growth of the Church in motion.

We benefit today from the centuries of faithfulness to God's Holy Church. We draw strength and knowledge from the Church's history in difficult times. The Lord Jesus Christ offers the path for lasting peace.

The Church's prayers lift our spirits when we are depressed by societal concerns. Church services offer a haven for believers to experience Jesus Christ when personal need arises.

When illness strikes or a family member is in crisis, the Church is present to give direction and comfort. The Holy Apostles quickly realized the Lord Jesus Christ was worthy of being loved and followed.

The Holy Apostles left their families, homes, and occupations to follow Jesus Christ. The Lord Jesus Christ and the advancement of the Holy Gospel kept the Holy Apostles occupied until they departed this life.

Trust was an essential element in the Apostles' lives. They trusted in the Lord Jesus Christ and their experiences with Him. Faithful believers in each century have experienced Jesus Christ and have learned to trust in Him.

Trust in the Lord Jesus Christ becomes known from personal experience. The Lord Jesus Christ never fails those who trust in Him. The Lord affords believers opportunities to begin anew when they fail and go astray.

Judas betrayed Christ. Judas failed in His trust in Christ. We learn from Judas not to betray Christ. We learn that we have the responsibility to be faithful; Our faith in Christ rests with ourselves.

We cannot blame others for our wrongdoings. Knowing Jesus Christ and having experienced Jesus Christ does not guarantee we will be faithful to Christ until our last breath.

Many believers fall away from Christ. Jesus Christ is rejected all too often by individuals baptized into Christ. The devil has reason to be gleeful when a believer rejects Christ and commits sins.

Today's world challenges believers to be faithful at every moment of life. Believers face information overload with the world's events and happenings in personal life.

Dramatic changes in life add to the complexity of decision-making. Peace exists in Jesus Christ and in the Church. Christ is proclaimed in the Gospel. Christ is experienced in the Holy Mysteries.

During the Apostles Fast, wise believers firmly focus on the Lord Jesus Christ. Fasting and prayer strengthen believers to seek the Kingdom of God. The Lord helps serious believers avoid dangerous temptations and perils to the soul.

The Lord God is always accessible to believers reaching out in faith. Parents, grandparents, and faithful family members abide in strong prayer to keep loved ones protected and secure in this difficult world.

God's Holy Church needs the enduring support and protection of the faithful. Active believers support and protect the Church by being faithful to Jesus Christ at all times.

Faithful believers stand for Christ and the Church in the home, the neighborhood and the workplace. Attacks on the Church and believers need to be rebuffed. The love of Christ has a place in daily life in all places and all times.

Keeping Jesus Christ at the forefront of the mind is beneficial in these difficult times. Deliberate daily prayer helps believers to be united with Christ.

Prayers for peace reach beyond the home to the community.

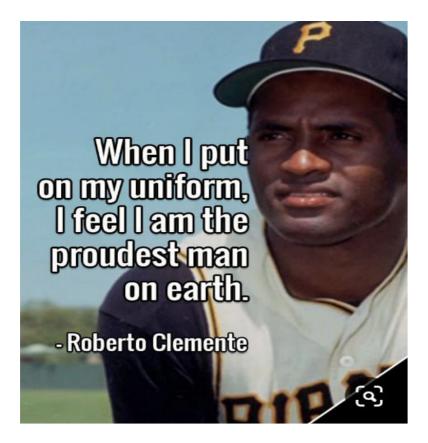
Love for Christ grows out of experience with Christ. Christ becomes increasingly known as the believer takes the Gospel and worship seriously. Believers learn from the lives, experiences, and teachings of the Holy Apostles.

This Apostles Fast is a time for growth in Jesus Christ. Growth in Christ is for every moment of life. Deliberate choices for Jesus Christ occur at every moment the mind is working.

Fasting, resolute prayer and repentance enable unity with Jesus Christ to occur and be maintained. This Second Sunday after Pentecost affords believers the opportunity for unity with Christ.

The opportunity is to be seized by conscious choice and desire to follow Christ. St. Matthew's Gospel states: From the days of John the Baptist until now the kingdom of heaven suffereth violence, and the violent take it by force. (Mt. 11:12)

The Second Sunday after Pentecost. Holy Great Martyr Theodore Stratelates. June 8/21, 2020. Hidden Valley, Pennsylvania. Father Rodney Torbic





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> **HOLY GHOST IS OPEN FOR SERVICES!** SUNDAY 21 JUNE 2020-10:30 AM!