

"Thou wast begotten from the Father before the Morning Star, but Arius taught wrongfully that Thou wast created: in his ignorance he designated Thee as a creature, yet the Fathers of the Council proclaimed Thee as Son of God, co-enthroned with the Father and the Holy Spirit. Arius fell into the abyss of sin, pretending blindness that he might not see the Light. By his purpose he became the image of Judas. But the Council at Nicea proclaimed Thee as Son of God, co-enthroned with the Father and the Holy Spirit. The foolish Arius blasphemed the All-holy Trinity, dividing the Persons into three different unequal substances, but the God-bearing Fathers denounced his confusion: they assembled with the zeal of Elijah, destroying error with the sword of the Spirit, as they were directed by the inspiration of God." (7th Sunday of Pascha, Holy Fathers of the First Ecumenical Council and Afterfeast of the Holy Ascension of our Lord—verses from Vespers. Icon is 16th century, Cretan of the First Ecumenical Council) via Mother Alexandra

BULLETIN INSERT FOR 07 JUNE 2020

EIGHTH SUNDAY OF PASCHA; PENTECOST; TRINITY SUNDAY; THIRD FINDING OF THE PRECIOUS HEAD OF SAINT JOHN THE BAPTIST; HIEROMARTYR THERAPON-BISHOP OF CYPRUS; SAINT INNOCENT-ARCHBISHOP OF CHERSON *****OUR PARISH NAME'S DAY*****

*****PAGE 203 IN THE BLACK DIVINE LITURGY BOOKS*****

A Time to Mourn

May 26, 2020 · Molly Sabourin



Recently, I overheard an interview discussing the staggering loss of life from this pandemic. Nearly 100,000 deaths in the US alone so far, on top of devastating economic and psychological repercussions. The

host and his guest were talking about our disturbing inability to lay politics aside and simply grieve together as a nation, the way we did after 9/11. Their conversation got under my skin. Normally, I try and swat away my unsettling thoughts so I can stay calm and productive, but this morning I just sat with them. I allowed the magnitude of this tragedy to sink in. I let myself feel it. And for the first time since the dawn of Covid-19, I cried.

I wept for those families mourning their loved ones. I wept for the people who've lost their jobs and careers. I wept for the healthcare workers. I wept for teachers and students. I wept for canceled weddings and graduations. I wept for parents having to decide between their kids' physical health and mental health. I wept for pastors and priests shouldering conflicting congregational needs and opinions while trying to navigate these murky waters. I wept over the polarizing hard lines in the sand drawn by unyielding political rhetoric keeping us spiteful and dangerously at odds. I wept over the scathing tweets and sarcastic memes killing our empathy and decency. I wept over viral fake news stories and conspiracy theories poisoning our brains, our speech, and our hearts.

My gosh, we're so broken.

There's something very equalizing, however, about our brokenness. No one's immune to it; we are all susceptible. We've all hurt and been hurt. There's blood on all of our hands. No one's politics or religion has gone untainted. We've assumed the worst about each other. We've all tasted the bitterness of our own hypocrisies. And we are all in the dark about what lies ahead. We are all grieving losses of one kind or another and bearing the heaviness of our collective brokenness, our shared pain, even while continuing to point fingers and build bigger walls.

This pandemic has shaken me awake and suddenly I feel naked and exposed. I see myself for what I am, just as petty, foolish, and susceptible to falling as any and everyone else. I have embodied the pharisee more than the Good Samaritan. I have fed my own pride and desires while letting my neighbor go hungry. I've justified my sinful biases. I've arrogantly appointed myself as judge, daring to place conditions on Christ's lavish unconditional love and mercy, and I am so ashamed.

Whether I have an hour or fifty years left on this earth, let it be spent on repentance. And may that repentance burn up all of my hardness till only humility, gentleness and compassion remain. Please forgive me. I am sorry for adding to your suffering. I apologize for letting my passions get the better of me. Can I grieve with you? Can we call a truce? Can we drop our weapons to the ground and nurse each other's wounds, that something beautiful might grow up from out of this wreckage?

https://blogs.ancientfaith.com/gracehereandnow/2020/05/26/a-time-to-mourn/

The Meaning of the Flag-Draped Coffin.

What a wonderful lesson this was for me. I do not recall ever being taught this in school: "The Meaning of the Flag-Draped Coffin"

All Americans should be given this lesson. Those who think that America is an arrogant nation should really reconsider that thought. Our founding fathers used GOD's word and teachings to establish our Great Nation and I think it's high time Americans get re-educated about this Nation's history.

Please pass it along and be proud of the country we live in, and even more proud of those who serve to protect our 'GOD-GIVEN' rights and freedoms. I hope you take the time to read this... To understand what the flag draped coffin really means...

Here is how to understand the flag that laid upon it and is surrendered to so many widows and widowers: Do you know that at military funerals, the 21-gun salute stands for the sum of the numbers in the year 1776?

Have you ever noticed that the honor guard pays meticulous attention to correctly folding the United States of America Flag 13 times? You probably thought it was to symbolize the original 13 colonies, but we learn something new every day!

The 1st fold of the flag is a symbol of life.

The 2nd fold is a symbol of the belief in eternal life.

The 3rd fold is made in honor and remembrance of the veterans departing the ranks who gave a portion of their lives for the defense of the country to attain peace throughout the world.

The 4th fold represents the weaker nature, for as American citizens trusting in God, it is to Him we turn in times of peace as well as in time of war for His divine guidance.

The 5th fold is a tribute to the country, for in the words of Stephen Decatur, 'Our Country, in dealing with other countries, may she always be right; but it is still our country, right or wrong.'

The 6th fold is for where people's hearts lie. It is with their heart that they pledge allegiance to the flag of the United States of America, and the Republic for which it stands, one Nation under God, indivisible, with Liberty and Justice for all.

The 7th fold is a tribute to its Armed Forces, for it is through the Armed Forces that they protect their country and their flag against all her enemies, whether they be found within or without the boundaries of their republic.

The 8th fold is a tribute to the one who entered into the valley of the shadow of death, that we might see the light of day.

The 9th fold is a tribute to womanhood, and Mothers. For it has been through their faith, their love, loyalty and devotion that the character of the men and women who have made this country great has been molded.

The 10th fold is a tribute to the father, for he, too, has given his sons and daughters for the defense of their country since they were first born.

The 11th fold represents the lower portion of the seal of King David and King Solomon and glorifies in the Hebrews eyes, the God of Abraham, Isaac and Jacob.

The 12th fold represents an emblem of eternity and glorifies, in the Christians eyes, God the Father, the Son and Holy Spirit.

The 13th fold, or when the flag is completely folded, the stars are uppermost reminding them of their Nations motto, 'In God We Trust.'

After the flag is completely folded and tucked in, it takes on the appearance of a cocked hat, ever reminding us of the soldiers who served under General George Washington, and the Sailors and Marines who served under Captain John Paul Jones, who were followed by their comrades and

shipmates in the Armed Forces of the United States, preserving for them the rights, privileges and freedoms they enjoy today.

There are some traditions and ways of doing things that have deep meaning. In the future, you'll see flags folded and now you will know why.

Please share this with the children you love and all others who love what is referred to as the symbol of 'Liberty and Freedom.'

IN THE MEANTIME, MAY GOD PROTECT US ALWAYS.
ONE NATION, UNDER GOD, WITH LIBERTY AND JUSTICE FOR ALL.



Holy Ghost Orthodox Church
714 Westmoreland Avenue
PO Box 3
Slickville, PA 15684-0003
www.holyghostorthodoxchurch.org
Very Rev. Father Robert Popichak, Pastor
23 Station Street
Carnegie, PA 15106-3014
[412] 279-5640 home
[412] 956-6626 cell
rpopichak@alumni.cmu.edu

PENTECOST—TRINITY SUNDAY—OUR PARISH NAME'S DAY

ON THE MEND: Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Archbishop Daniel, Metropolitan Antony, Metropolitan Yurij, Metropolitan Theodosius [OCA], Archbishop Jovan, Bishop Robert, Father George & Pani Lillian Hnatko, Father Jakiw Norton, Father Paul Stoll, Father Igor Soroka, Father Joseph Kopchak, Father Elias Warnke, Father George Yatsko, Father Paul Bigelow, Father Emilian Balan, Father John & Pani Mary Anne Nakonachny, Father Steve Repa, Protopresbyter William Diakiw, Archpriest Dionysi Vitali, Protodeacon Joseph Hotrovich, Father Adam Yonitch, Pani-Dobrodijka Sonia Diakiw, Father Paisius McGrath, Father Michael Smolynec, Father Lawrence & Matushka Sophia Daniels, Father Joe Cervo, Father John Harrold [Saint Sylvester], Father George Livanos, Igumen Patrick, Pani Mary Ann Chubenko, Father Jim Orr, Joshua Agosto and his family, Eva Malesnick, Nick Behun, Grace Holupka, Joseph Sliwinsky, Gary & Linda Mechtly, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Sam Wadrose, Isabella Olivia Lindgren, Ethel Thomas, Donna, Erin, Michael Miller, Grace & Owen Ostrasky, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Liz Stumpf, Theodore Nixon, Michelle Corba Kapeluck, Linda Hippert & family, Margaret Vladimir, Luke Emmerling, Robert McKivitz, Liz Obradovich, Halyna Zelinska [Archbishop Daniel's mother], Charlotte, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Eleanor Kelly, Bryan, Nancy Barylak, Patrick Keenan, Khrystyna Chorniy, Anthony Cormier, Nathan Forbeck, Sarah Doyle, Samuel Peters, Esther Holupka, David Vallor, Henry Faraly, Julie Eiler, Dorothy Lednovich, Bob C., Allie—young girl with leukemia, Heather Kramer, Jane Wartinbee, Matthew—young man with cancer, Nicholas Orlando, Mary Ann Kuznik, Michael Pryhodzenko, Sonia Luciow, Theresa Ditto, Mary Ann Musial, Mary Pelino, Yvonne Christy, Myron & Barbara Spak, Julia Duda, Lisa Pandle, Kris & Julie Hanczar, John Kennedy, Loretta, Nancy, Carol, & Michael Sheliga, Gaelle Kelly, Irma McDivitt, Robin Young, Mckayla, Rachel, Carl & Margaret Reed, Lydia Wilson, Robert Pointon, Walter Cecelia, John Persico, Jeff Miller, Mary Kernick, Glenn Miller, Jean Marie, Donna & Walter McCrackin, Bonnie & Eugene Blair [Pani Gina's parents], David Hoenshell, Barbara Macino, Shelley Hill, Mikaela Kapeluck, Linda Cawley, Gerald Cogley, Helen Bozo, Corey Guich, Robert Vangrin, Pauline Witkowsky, Sera White, Deborah Smith, Nancy & Eric Dunik, Julian Strozh [young lady with cerebral palsy], Dr. Kirsten Ream, Patricia Corey, Michelle, Katie Swarm, Michelle, Patrick, Linda Morris, Howard Simpson, Chris, David Hiles, Jennifer, Cher Mount, Frank & Janet Horrell, Jim Wandling, Gail, Sirena Sharp, Ron Paulovich, Sandi Anderson, Lina, Shirley,

Denny Mader, Ella Campbell, Tom Hyatt, Bill Janiro, Jean Symanko-Andy's sister, William Lemonakis, Alma Wyke, Lindsay Romanczak & family, Virginia Catherine Pyrch, Susan Lucas, Neil Carter & family, James Paluh, Mickie Weikel, Evelyn Krempasky, Tammy Strunk, Loida Esbry, Darlene Chicka Deskins, Drew, Alice & Keith Philipa, Kateryna Kocelko, Nancy Heinbaugh, Mira Filipović, Lynn, Jacqueline, Sharon, Zan Cheng, Kristy, Elaine Ellenberger, Brandon, Anna Tranchine, Demetra, Blase Urban, Catherine Hogel & children, Jennifer & Dylan, Ron Schwartz, Lydia Wilson, Flora Tomlin, Howell Swarm, Jane Bielewicz Allred, Manny "Lazarus" Lopez, Glenn & Lucas Burlack, Katie Elizabeth, Mileva, & Michael, Deirdré Straughan, Terri Paluh, Lori & Steve Lucier, Kyranna Cherpas, Pastor Bruce Nordeen, Heather Ried, Carla Perry, Linda Elliot, Dennis McDaniel, Luke Tinsley, Brent, Tricia, Katherine Gorman, Pamela Jaquette, Sherri Walewski, Marika Zeliszczuk, Donna Davis, Jackie Crimbchin, Marta Charron, Mary [Corba], Stella McKeag, Margie Sekelsky, Gary Howell, Fran Fulton, Gina Catanese, Bill Vizza, Jamie Swarm, Kevin Allen (from Ancient Faith Radio), Kathy Flaherty, Tori Reade-Henry's niece, Derick-Glen Burlack's neighbor, Michael, Nichole & Christopher, Ben Douglas, Dianne Donahue, Zachary, Natasha, Noah Willard, Jodi Hanczar, Gregory Cervo, Lisa Bruce, Martha Nezolyk, Kathy Cvetkovich, Judy, Will, Emma, Ginny, Ye-Jin, Maria, John & JoAnn, Jim & Kitty, Phil Bouse, Ralph & Beverly Stoker, Noah Willard, Nikola, Natalie, Nikola, & Nevenka Jovonovich, Julia Collier, Amy Kemerer, Thomas Smith, Tracy Slaugenhaupt, Louis & Teresa Bercelli, Tom Nolan, Silvia Martin, Sarah Dorning, Dena & George, Georgia, Lawanda [Evelyn's niece], Maureen Sams, John Kendall, Judi Danser, Darcy, Denis Strittmatter, Nancy, Ian Brick, Cecilia Barnhart, Logan Magorien, Pam & Gordon Grant, Debbie & Jerry Novosel, Noah Willard, Sandra Dillard, Danielle McCann, Barry [Father Jim Orr's cousin, Tim Joyce, Mike Pawlyshyn-Jeannie Stutchell's brother, Joe Samchuck—vocations, Albert Heckman, Brianna Stumpf, Stanley Porembka, David & Terry Coyne Hartnett, Mike C., Jennifer Scheirer [Nick Behun's daughter], Catherine Beecham [Father Bob's cousin], JoAnne & Dave Andrews, Rev. Peg Bowman, Pat Jennings, Tim Sams, Mike Ruzzi, Cindy M., Stephen Popichak—Fr. Bob's brother, Mary Kay Ludovicy, Pastor Sara Irwin, George Dilendorf, Andy Torick, Carol Behun, Erv Frye, William Lusherand, Bill Boretsky, Colin Kirton—Stage 4 pancreatic cancer, Clifford, Joe Veto, Paul Riley, Tonee & Sydnee Turner, Annette Paluh, Cathy Lotinsky, Monk Andrew, Jeff & Buschra Kerr, Steven—Harry Batch's cousin, Rose Mary Pavlovich—Mary Anne Kuznik's Cousin, Stella McKeag, Margaret Sekelsky, Robert Sekelsky, Robert Rodriguez, and Susan Pulcini—Father Ted Pulcini's mom. ARNOLD: Homer Paul Kline and Walter Sakol. We pray that God will grant them all a speedy recovery.

HAPPY BIRTHDAY to our June babies; Andrew Weiser on the 2nd; Luke Brunermer on the 13th, and Allison Chicka on the 14th! May God grant them all Many Happy, Healthy, Prosperous, and Blessed Years! M'nohaya Lita! God Bless them all!

Dear Brothers and Sisters in Christ... At this time, we are working with Archbishop Daniel on a plan to re-open our parish—HOPEFULLY very soon. That said, there is <u>NOTHING</u> to keep us from praying...for each other, for our family and friends, and most of all for the first responders—EMTs, nurses, doctors, firefighters, police officers, and members of our military who keep us safe. Be well, and be SAFE!!! God Bless!

Please remember ALL American service men and women in your prayers. May God watch over them and all American service men and women—and bring them all home safely!

REMEMBER-PRAYERS ARE <u>ALWAYS</u> <u>FREE!</u>

<u>Communion Fasting:</u> nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please ask Father Bob.

AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please CALL FATHER BOB at [412] 279-5640.

SCHEDULE OF SERVICES

SUNDAY, JUNE 07 NO SERVICE IN SLICKVILLE 10:30 AM

EIGHTH SUNDAY OF PASCHA; PENTECOST; TRINITY SUNDAY; THIRD FINDING OF THE PRECIOUS HEAD OF SAINT JOHN THE BAPTIST; HIEROMARTYR THERAPON-BISHOP OF CYPRUS; SAINT INNOCENT-ARCHBISHOP OF CHERSON

*****OUR PARISH NAME'S DAY*****

Tone 7 Acts: 2:1-11 John 7:37-52-8:12

Litany in Blessed Memory of Cheryl Elswick, Walter Burlack, Ann Roman, Millie Kerr, Stella Rossi, Mary Maolie, Dianne Waryanka, Joe Karas, & Maxine Kitch—Fr. Bob

SUNDAY, JUNE 14 NO SERVICE IN SLICKVILLE 10:30 AM

1ST SUNDAY AFTER PENTECOST; SUNDAY OF ALL SAINTS; MARTYR JUSTIN THE PHILOSOPHER AND THOSE WITH HIM AT ROME-MARTYRS JUSTIN, CHARITON & WIFE CHARITA, EUELPISTUS, HIERAX, PEON, VALERIAN, & JUSTUS; MARTYR VICTORIA AT ROME; SAINT AGAPITUS-UNMERCENARY PHYSICIAN OF PERCHEVSKY LAVRA

Tone 8
Hebrews 11:33-12:2
Matthew 10:32-33, 37-38-19:27-30

SUNDAY, JUNE 21 NO SERVICE IN SLICKVILLE 10:30 AM

2ND SUNDAY AFTER PENTECOST; SUNDAY OF ALL SAINTS OF NORTH AMERICA, UKRAINE, AND MOUNT ATHOS; GREAT-MARTYR THEODORE STRATELATES; SAINT EPHRAIM-PATRIARCH OF ANTIOCH; SIANT ZOSIMAS-MONK OF PHOENICIA; SAINT THEODORE-BISHOP OF SUZDAL; FINDING OF THE RELICS OF SAINTS BASIL & CONSTANTINE-PRINCES OF YAROSLAVL

Tone 1
Romans 2:10-16; Hebrews 11:33-12:2
Matthew 14:18-23; Matthew 4:25-5:12

The Sunday of the Fathers of the First Ecumenical Council John 17:1-13

These words spake Jesus, and lifted up his eyes to heaven, and said, Father, the hour is come; glorify thy Son, that thy Son also may glorify thee: As thou hast given him power over all flesh, that he should give eternal life to as many as thou hast given him. And this is life eternal, that they might know thee the only true God, and Jesus Christ, whom thou hast sent. I have glorified thee on the earth: I have finished the work which thou gavest me to do. And now, O Father, glorify thou me with thine own self with the glory which I had with thee before the world was. I have manifested thy name unto the men which thou gavest me out of the world: thine they were, and thou gavest them me; and they have kept thy word. Now they have known that all things whatsoever thou hast given me are of thee. For I have given unto them the words which thou gavest me; and they have received them, and have known surely that I came out from thee, and they have believed that thou didst send me. I pray for them: I pray not for the world, but for them which thou hast given me; for they are thine. And all mine are thine, and thine are mine; and I am glorified in them. And now I am no more in the world, but these are in the world, and I come to thee. Holy Father, keep

through thine own name those whom thou hast given me, that they may be one, as we are. While I was with them in the world, I kept them in thy name: those that thou gavest me I have kept, and none of them is lost, but the son of perdition; that the scripture might be fulfilled. And now come I to thee; and these things I speak in the world, that they might have my joy fulfilled in themselves. (KJV)

Every year on the Sunday following the Feast of the Ascension, the present Gospel is read. Attentive listeners hear the Lord Jesus Christ speak about eternal life.

Eternal life involves knowing God the Father and the Lord Jesus Christ. God's Holy Church gives each person the constant opportunities to learn about God and eternal life.

Choosing to learn about God throughout life and to seek eternal life requires conscious choice and strong faith. Perils to the soul must be avoided constantly as evil arises during daily life.

Love of God involves keeping the heart, mind, and soul clearly focused. The Kingdom of God awaits those faithful to the Lord. The hunger of the soul is nourished and satisfied in the Lord.

Attending the Divine services of the Church, an active life of prayer and learning from the Holy Gospel requires dedicated commitment from the time of Holy Baptism until departure from this life.

God's Holy Church affords the instruction necessary for growth in Christ throughout life. The Lord Jesus Christ provides forgiveness, love and mercy when the believer wants to begin life anew.

Believers will depart from the life in Christ and commit sins throughout life. Fervency for Jesus Christ will wane at times. Hope always exists in Christ and repentance is always possible when the mind and heart are willing.

The Church is currently celebrating the Lord Jesus Christ's Ascension. Each day the Lord's Jesus Christ's return is anticipated. His glorious Second Coming and the Final Judgment have a place in the believer's consciousness.

In the remaining days of earthly life, believers are challenged to be enduringly faithful to Christ. Sin is to be firmly rejected. Joy in Jesus Christ is to be pursued with diligence.

The full commitment to Christ was made at Holy Baptism. The commitment to Christ is renewed with each recitation of The Creed. The heart, mind and soul are renewed in Christ at each Divine Liturgy.

This is a period of continued joy in God's Holy Church. Life in God's Holy Church is a fountain of blessings for the faithful. Christ is always present to lead, to nourish, to love and forgive.

Worldly life can seem threatening, tumultuous, and foreboding at times. Christ offers constant hope and peace. Christ offers protection and renewal. God's Holy Church is always the welcoming home and refuge for believers.

Saints, martyrs, and faithful believers through the centuries have offered examples of the enduring value of living in Christ. Wise believers heed the teachings of God's Holy Church and the witnesses for Christ through the centuries.

The liturgical year is progressing. Soon the Church will celebrate the Feast of Pentecost. Pascha, the Feasts of Ascension and Pentecost come in succession. Life in the Church is immeasurably enriched during these festal celebrations.

Believers choose the degree they will invest in the life in Christ. The Lord said: "Lay up for yourselves treasures in heaven, where neither moth nor rust doth corrupt, and where thieves do not break through nor steal." (Mt. 6:20)

Daily life is a challenge in every century. Believers need not yield to fear or uncertainty. The Lord Jesus Christ spoke reassuringly these words: "I am with you always, even unto the end of the world." (Mt.28:20)

Let us thank the Lord God for His constant presence and the prevailing hope for renewal in life at all times. May our love for the Lord be abundant and our faith remain strong and fervent.

The Sunday of the Holy Fathers of the First Ecumenical Council. Holy Martyr Theodotus of Ancyra. May 18/31, 2020. Hidden Valley, Pennsylvania. Father Rodney Torbic



Holy Ghost Orthodox Church 714 Westmoreland Avenue PO Box 3 Slickville, PA 15684-0003

www.holyghostorthodoxchurch.org
Very Rev. Father Robert Popichak, Pastor
23 Station Street
Carnegie, PA 15106-3014
[412] 279-5640 home
[412] 956-6626 cell
rpopichak@alumni.cmu.edu

Holy Ghost Orthodox Church c/o Very Rev. Father Robert Popichak 23 Station Street Carnegie, PA 15106-3014