



Holy Ghost Orthodox Church
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ON THE MEND: Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Archbishop Daniel, Metropolitan Antony, Metropolitan Yuriy, Anastasia [Metropolitan Yuriy's mom], Metropolitan Theodosius [OCA], Archbishop Jovan, Bishop Robert, Father George & Pani Lillian Hnatko, Father Jakiw Norton, Father Paul Stoll, Father Igor Soroka, Father Joseph Kopchak, Father Elias Warnke, Father Nestor Kowal, Father George Yatsko, Father Paul Bigelow, Father Emilian Balan, Father John & Pani Mary Anne Nakonachny, Father Steve Repa, Protopresbyter William Diakiw, Archpriest Dionysi Vitali, Protodeacon Joseph Hotrovich, Father Adam Yonitch, Pani-Dobrodijka Sonia Diakiw, Father Paisius McGrath, Father Michael Smolynec, Father Lawrence & Matushka Sophia Daniels, Father Joe Cervo, Father John Harrold [Saint Sylvester], Pani Mary Ann Chubenko, Joshua Agosto and his family, Eva Malesnick, Nick Behun, Grace Holupka, Joseph Sliwinsky, Gary & Linda Mechtly, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Sam Wadrose, Isabella Olivia Lindgren, Ethel Thomas, Donna, Erin, Michael Miller, Grace & Owen Ostrasky, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Liz Stumpf, Theodore Nixon, Michelle Corba Kapeluck, Linda Hippert & family, Margaret Vladimir, Luke Emmerling, Robert McKivitz, Liz Obradovich, Halyna Zelinska [Archbishop Daniel's mother], Charlotte, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Eleanor Kelly, Bryan, Nancy Barylak, Patrick Keenan, Khrystyna Chorniy, Anthony Cormier, Nathan Forbeck, Sarah Doyle, Samuel Peters, Esther Holupka, David Vallor, Henry Faraly, Julie Eiler, Dorothy Lednovich, Bob C., Allie—young girl with leukemia, Heather Kramer, Jane Wartinbee, Matthew—young man with cancer, Nicholas Orlando, Mary Ann Kuznik, Michael Pryhodzenko, Sonia Luciw, Theresa Ditto, Mary Ann Musial, Mary Pelino, Yvonne Christy, Myron & Barbara Spak, Julia Duda, Lisa Pandle, Kris & Julie Hanczar, John Kennedy, Loretta, Nancy, Carol, & Michael Sheliga, Gaelle Kelly, Irma McDivitt, Robin Young, Mckayla, Rachel, Carl & Margaret Reed, Lydia Wilson, Robert

Pointon, Walter Cecelia, John Persico, Jeff Miller, Mary Kernick, Glenn Miller, Jean Marie, Donna & Walter McCrackin, Bonnie & Eugene Blair [Pani Gina's parents], David Hoenshell, Barbara Macino, Shelley Hill, Mikaela Kapeluck, Linda Cawley, Gerald Cogley, Helen Bozo, Corey Guich, Robert Vangrin, Pauline Witkowsky, Sera White, Deborah Smith, Nancy & Eric Dunik, Julian Strozh [young lady with cerebral palsy], Dr. Kirsten Ream, Patricia Corey, Michelle, Katie Swarm, Richard Dunst, Michelle, Patrick, Linda Morris, Howard Simpson, Chris, David Hiles, Jennifer, Jerry Quinn, Cher Mount, Frank & Janet Horrell, Jim Wandling, Gail, Sirena Sharp, Ron Paulovich, Sandi Anderson, Lina, Shirley, Denny Mader, Ella Campbell, Tom Hyatt, Bill Janiro, Jean Symanko-Andy's sister, William Lemonakis, Alma Wyke, Lindsay Romanczak & family, Virginia Catherine Pynch, Susan Lucas, Neil Carter & family, James Paluh, Mickie Weikel, Evelyn Krempasky, Tammy Strunk, Loida Esbry, Darlene Chicka Deskins, Drew, Alice & Keith Philipa, Kateryna Kocelko, Nancy Heinbaugh, Mira Filipović, Lynn, Jacqueline, Sharon, Zan Cheng, Kristy, Elaine Ellenberger, Brandon, Anna Tranchine, Demetra, Blase Urban, Catherine Hogel & children, Jennifer & Dylan, Ron Schwartz, Lydia Wilson, Flora Tomlin, Howell Swarm, Jane Bielewicz Allred, Manny "Lazarus" Lopez, Glenn & Lucas Burlack, Katie Elizabeth, Mileva, & Michael, Deirdré Straughan, Terri Paluh, Lori & Steve Lucier, Kyranna Cherpas, Pastor Bruce Nordeen, Heather Ried, Carla Perry, Linda Elliot, Dennis McDaniel, Luke Tinsley, Brent, Tricia, Katherine Gorman, Pamela Jaquette, Sherri Walewski, Marika Zeliszczuk, Donna Davis, Jackie Crimbchin, Marta Charron, Mary [Corba], Stella McKeag, Margie Sekelsky, Gary Howell, Fran Fulton, Gina Catanese, Bill Vizza, Jamie Swarm, Kevin Allen (from Ancient Faith Radio), Kathy Flaherty, Tori Reade-Henry's niece, Derick-Glen Burlack's neighbor, Michael, Nichole & Christopher, Ben Douglas, Dianne Donahue, Zachary, Natasha, Noah Willard, Jodi Hanczar, Gregory Cervo, Lisa Bruce, Martha Nezolyk, Kathy Cvetkovich, Judy, Will, Emma, Ginny, Ye-Jin, Maria, John & JoAnn, Jim & Kitty, Phil Bouse, Ralph & Beverly Stoker, Noah Willard, Nikola, Natalie, Nikola, & Nevenka Jovonovich, Julia Collier, Amy Kemerer, Thomas Smith, Tracy Slaugenhaupt, Louis & Teresa Bercelli, Tom Nolan, Silvia Martin, Sarah Dorning, Dena & George, Georgia, Lawanda [Evelyn's niece], Maureen Sams, John Kendall, Judi Danser, Darcy, Denis Strittmatter, Nancy, Ian Brick, Cecilia Barnhart, Logan Magorien, Pam & Gordon Grant, Debbie & Jerry Novosel, Noah Willard, Sandra Dillard, Danielle McCann, Barry [Father Jim Orr's cousin], Tim Joyce, Mike Pawlyshyn-Jeannie Stutchell's brother, Joe Samchuck—vocations, Albert Heckman, Brianna Stumpf, Stanley Porembka, David & Terry Coyne Hartnett, Mike C., Jennifer Scheirer [Nick Behun's daughter], Catherine Beecham [Father Bob's cousin], JoAnne & Dave Andrews, Rev. Peg Bowman, Pat Jennings, Patrick Felice [Melanie's

husband], Tim Sams, Mike Ruzzi, Cindy M., Stephen Popichak—Fr. Bob's brother, Mary Kay Ludovicy, Pastor Sara Irwin, George Dilendorf, Andy Torick, Carol Behun, Erv Frye, William Lusherand, Bill Boretsky, Colin Kirton—Stage 4 pancreatic cancer, Clifford, Joe Veto, Paul Riley, Tonee & Sydnee Turner, Annette Paluh, Cathy Lotinsky, Susan Pulcini—Father Ted Pulcini's mom. ARNOLD: Homer Paul Kline and Walter Sakol. We pray that God will grant them all a speedy recovery.

Where faith is, there is neither sorrow nor fear. There is courage and firmness, not overcome by anything. - St. Ignatius Brianchaninov

PLEASE REMEMBER IN YOUR PRAYERS: All Christians and the others in the Middle East who are suffering during this time of great tragedy and unrest. May God watch over and keep them safe! Lord have mercy!

Please remember ALL American service men and women in your prayers. May God watch over them and all American service men and women—and bring them all home safely!

REMEMBER—PRAYERS ARE ALWAYS FREE!

Communion Fasting: nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please ask Father Bob.

AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please CALL FATHER BOB at [412] 279-5640.

SCHEDULE OF SERVICES

SATURDAY FEBRUARY 08 TO TUESDAY FEBRUARY 18—FAST FREE PERIOD!!!

**SUNDAY, FEBRUARY 09 OBEDNITZA DOWNSTAIRS IN THE CHURCH HALL 10:30 AM
SUNDAY OF THE PUBLICAN & PHARISEE; TRANSLATION OF THE RELICS OF
SAINT JOHN CHRYSOSTOM; VENERABLE PETER OF EGYPT; VENERABLE TITUS
THE SOLDIER-MONK OF PERCHEVSKY LAVRA**

Tone 1

James 3:1-10; Hebrews 7:26-8:2

Mark 11:11-23; John 10:9-16

**SUNDAY, FEBRUARY 16 OBEDNITZA DOWNSTAIRS IN THE CHURCH HALL 10:30 AM
SUNDAY OF THE PRODIGAL SON; HOLY AND RIGHTEOUS SIMEON THE GOD-
RECEIVER AND ANNA THE PROPHETESS; PROPHET AZARIAS; MARTYRS PAPIAS,
DIODORUS, & CAUDIANUS; MARTYRS ADRIAN & EUBULUS; MARTYR BLAISE**

Tone 2

1 Corinthians 6:12-20

Luke 15:11-32

**SUNDAY, FEBRUARY 23 OBEDNITZA DOWNSTAIRS IN THE CHURCH HALL 10:30 AM
SUNDAY OF THE LAST JUDGEMENT; MEATFARE SUNDAY; HIEROMARTYR
CHARALAMPUS-BISHOP OF MAGNESIA IN THESSALY WITH MARTYRS
PORPHRIUS & BAPTUS; MARTYRS ENNATHA, VALENTINA, & PAULA OF
PALESTINE; VENERABLE PROCHORUS OF PERCHEVSKY LAVRA; SAINT ANNA-
WIFE OF PRINCE YAROSLAV**

Tone 3

1 Corinthians 8:8-9:2

Matthew 25:31-46

BULLETIN INSERT FOR 09 FEBRUARY 2020

**SUNDAY OF THE PUBLICAN & PHARISEE; TRANSLATION OF THE
RELICS OF SAINT JOHN CHRYSOSTOM; VENERABLE PETER OF
EGYPT; VENERABLE TITUS THE SOLDIER-MONK OF PERCHEVSKY
LAVRA**

TROPARION—TONE 1

When the stone had been sealed by the Jews;
While the soldiers were guarding Thy most pure Body;
Thou didst rise on the third day, O Savior,
Granting life to the world.
The powers of heaven therefore cried to Thee, O Giver of life:
Glory to Thy Resurrection, O Christ!
Glory to Thy Kingdom!
Glory to Thy Dispensation, O Thou who lovest mankind.

Glory to the Father, and to the Son, and to the Holy Spirit

KONTAKION—TONE 4

Let us flee from the pride of the Pharisee
And learn humility from the Publican's tears.
Let us cry to our Savior:
Have mercy on us, O only merciful One.

Now and ever, and unto ages of ages. Amen.

KONTAKION—TONE 1

As God, Thou didst rise from the tomb in glory, raising the world with Thyself.

Human nature praises Thee as God, for death has vanished!

Adam exults, O Master!

Eve rejoices, for she is freed from bondage and cries to Thee:

Thou are the Giver of Resurrection to all, O Christ!

PROKEIMENON—TONE 1

READER: Let Thy mercy, O Lord, be upon us as we have set our hope on Thee.

PEOPLE: Let Thy mercy, O Lord, be upon us as we have set our hope on Thee.

READER: Rejoice in the Lord, O you righteous! Praise befits the just!

PEOPLE: Let Thy mercy, O Lord, be upon us as we have set our hope on Thee.

READER: Let Thy mercy, O Lord, be upon us.

PEOPLE: As we have set our hope on Thee.

ALLELUIA VERSES

God gives vengeance to me, and subdues people under me.

He magnifies the salvation of the king, and deals mercifully with His Christ, with David and his seed forever!

Orthodox Christians aren't schizophrenic. They don't live a liturgical life inside the church and an unliturgized life outside. They spend as much time as they can in church (Liturgy and services) so that they'll be able to live outside the church in a manner as close as possible to the spirit, the climate and the ethos of the Divine Liturgy.

Through worship in the church, the theanthropic life becomes ingrained in them and is then capable of transforming all the facets of their everyday lives.

So Christians permeated by the Liturgy live in the unity of faith and life, the divine and the human, the created and the uncreated, the living with the departed, the present age with the future, their own person with others.

...Birth, death, baptism, marriage, school, work, social relations, joys, and sorrows, all the expressions of social life were linked to the Liturgy and the Church. In the end, they became the Church. So the everyday functions of life found their unity and order of precedence within the Divine Liturgy.

(Abbot Georgios Kapsanis of Gregoriou Monastery on Mount Athos of blessed memory)

Invest in the Kingdom of God

Matthew 6:20-But lay up for yourselves treasures in heaven, where neither moth nor rust doth corrupt, and where thieves do not break through nor steal:(KJV)

The decision where and how to invest our lives has lasting effects. The Lord Jesus Christ said "But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you." (Mt.6:33)

Believers are faced with the question throughout life. Is the primary goal of life, the Kingdom of God and His righteous? If the Kingdom of God and His righteous are first, all daily thoughts and actions are measured against this goal.

Honest personal self-examination will reveal the true degree the Kingdom of God and His righteous are primary. The contents of the heart and mind throughout the day reveals if God's Kingdom and righteous are being seriously pursued.

Life's daily efforts and the use of time determines whether God is first and foremost in life. The amount of time wasted and the engagement in activities far from the Kingdom of God measures the degrees of error in each life.

The time of life comes only once. Moments of time are never repeated. Life's time is absolutely precious. The care shown in the use of time reflects gratitude to the Lord God for the gift and time of life.

Time is a precious commodity to give to loved ones. Time given to God is an investment in the Kingdom of heaven. Conscious and judicious use of time has immeasurable value.

The Lord Jesus Christ cautions against frivolous and wasteful pursuits. Jesus said: "Lay not up for yourselves treasures upon earth, where moth and rust doth corrupt, and where thieves break through and steal." (Mt 6:19)

Life and the time of life are best directed toward that which has lasting value. Eternal life is the intended goal of each believer. Eternal life becomes life's goal at Holy Baptism.

Sincere repentance, Confession, and Communion enable the believer to remain on the narrow path affording life. (Mt.7:13-14) The Christian life is intended to be lasting.

Entering the Baptismal font is life-changing. Goals pursued in life reflect whether believers remain true to the Baptismal commitment to follow the Lord Jesus Christ.

The Lord encourages believers to remain near. Jesus said: "Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls." (Mt.11:29)

[On the two possible states of those who depart from this life]

When the soul of a man departs from the body, a certain great mystery is there enacted. If a person is under the guilt of sin, bands of demons and fallen angels approach along with the powers of darkness which capture that soul and drag it as a captive to their place. No one should be surprised by this fact. For if, while a man lived in this life, he was subject to them and was their obedient slave, how much more, when he leaves this world, is he captured and controlled by them? You can understand this, however, from what happens to those on the better side. Indeed, angels even now stand alongside God's holy servants and holy spirits surround and protect them. And when they leave their bodies, the bands of angels receive their souls and carry them to their side into the pure eternity. And so they lead them to the Lord.—*Fifty Spiritual Homilies of St. Macarius the Great, Homily 22*

In Christ Service,

Fr. George L. Livanos, Proistamenos

All Saints Greek Orthodox Church, Canonsburg, PA

The Hunger of the Soul

The hunger of the soul yearns for the Lord God. Authentic nourishment comes from the Holy Scriptures. The prayerful atmosphere of God's Holy Church facilitates unity with the Lord God.

The serious believer is always drawn to the Lord God. Barriers and resistance are overcome. Nothing satisfies the hunger of the soul as does the Lord God. At times other paths are erroneously taken.

The soul knows the difference between the Lord God and the less than satisfying alternatives. At birth and continuing throughout earthly life, the soul desires the intended relationship with the Lord God of love, unity, and growth.

The Holy Apostle writing to the Corinthians said: "But we all, with open face beholding as in a glass the glory of the Lord, are changed into the same image from glory to glory, even as by the Spirit of the Lord." (2 Cor.3:18)

Initiative, firmness of faith and focus are required in seeking nourishment and complete unity with the Lord. Obstacles and perils exist throughout life that put the soul in jeopardy.

Evil is always present and often prevalent when least expected. False alternatives to the Lord God may appear inviting and attractive. Evil is very deceptive and cunning.

The Lord said: "Ye shall know them by their fruits. Do men gather grapes of thorns, or figs of thistles?" (Mt.7:16) Great care is always necessary with whom to associate and the paths to follow.

The Lord Jesus Christ said: "I am the way, the truth, and the life: no man cometh unto the Father, but by me. (Jn.14:6) Throughout life, from the moment of Holy Baptism, believers are to earnestly seek and follow the Lord God.

The Church provides the nourishment and the loving, protective environment for healthy growth in the Lord. The Christian life begins in the Church. The Church provides all that is necessary for life.

Remaining and growing in God's Holy Church are the expectations for believers. The journey can be very long. Living seventy, eighty or ninety years is common in today's world.

Holy Confession enables the believer to regularly redirect life firmly toward the Kingdom of God. The weight of sin and erroneous ways are set aside when serious repentance occurs.

Prayer and partaking of the Precious Body and Blood of the Lord Jesus Christ brings complete unity. Nothing is capable of separating the believer ardently seeking God's love and complete unity. (Rom.8:38-39)

*Holy Prophet Malachi; Holy Martyr Gordius; January 3/16, 2020
Hidden Valley, Pennsylvania Father Rodney Torbic*