



Holy Ghost Orthodox Church
714 Westmoreland Avenue
PO Box 3
Slickville, PA 15684-0003

www.holyghostorthodoxchurch.org

Very Rev. Father Robert Popichak, Pastor

23 Station Street

Carnegie, PA 15106-3014

[412] 279-5640 home

[412] 956-6626 cell

PALM SUNDAY

ON THE MEND: Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Archbishop Daniel, Metropolitan Antony, Metropolitan Yuriy, Anastasia [Metropolitan Yuriy's mom], Metropolitan Theodosius [OCA], Archbishop Jovan, Bishop Robert, Father George & Pani Lillian Hnatko, Father Jakiw Norton, Father Paul Stoll, Father Igor Soroka, Father Joseph Kopchak, Father Elias Warnke, Father Nestor Kowal, Father George Yatsko, Father Paul Bigelow, Father Emilian Balan, Father John & Pani Mary Anne Nakonachny, Father Steve Repa, Protopresbyter William Diakiw, Archpriest Dionysi Vitali, Protodeacon Joseph Hotrovich, Father Adam Yonitch, Pani-Dobrodijka Sonia Diakiw, Father Paisius McGrath, Father Michael Smolynec, Father Lawrence & Matushka Sophia Daniels, Father Joe Cervo, Father John Harrold [Saint Sylvester], Joshua Agosto and his family, Eva Malesnick, Stella Peanoske, Nick Behun, Grace Holupka, Joseph Sliwinsky, Gary & Linda Mechtly, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Sam Wadrose, Isabella Olivia Lindgren, Ethel Thomas, Donna, Erin, Michael Miller, Grace & Owen Ostrasky, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Liz Stumpf, Theodore Nixon, Michelle Corba Kapeluck, Linda Hippert & family, Margaret Vladimir, Luke Emmerling, George Rocknage, Robert McKivitz, Liz Obradovich, Halyna Zelinska [Archbishop Daniel's mother], Charlotte, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Eleanor Kelly, Bryan, Nancy Barylak, Patrick Keenan, Khrystyna Chorniy, Anthony Cormier, Nathan Forbeck, Sarah Doyle, Samuel Peters, Esther Holupka, David Vallor, Henry Faraly, Julie Eiler, Dorothy Lednovich, Bob C., Allie—young girl with leukemia, Heather Kramer, Jane Wartinbee, Matthew—young man with

cancer, Nicholas Orlando, Mary Ann Kuznik, Michael Pryhodzenko, Sonia Luciw, Theresa Ditto, Mary Ann Musial, Mary Pelino, Yvonne Christy, Myron & Barbara Spak, Julia Duda, Lisa Pandle, Kris & Julie Hanczar, John Kennedy, Loretta, Nancy, Carol, & Michael Sheliga, Gaelle Kelly, Irma McDivitt, Robin Young, Mckayla, Rachel, Carl & Margaret Reed, Lydia Wilson, Robert Pointon, Walter Cecelia, John Persico, Jeff Miller, Mary Kernick, Glenn Miller, Jean Marie, Donna & Walter McCrackin, Bonnie & Eugene Blair [Pani Gina's parents], David Hoenshell, Barbara Macino, Shelley Hill, Mikaela Kapeluck, Linda Cawley, Gerald Cogley, Helen Bozo, Corey Guich, Robert Vangrin, Pauline Witkowsky, Sera White, Deborah Smith, Nancy & Eric Dunik, Julian Strozh [young lady with cerebral palsy], Dr. Kirsten Ream, Patricia Corey, Michelle, Katie Swarm, Richard Dunst, Michelle, Patrick, Linda Morris, Howard Simpson, Chris, David Hiles, Jennifer, Jerry Quinn, Cher Mount, Frank & Janet Horrell, Jim Wandling, Gail, Sirena Sharp, Ron Paulovich, Sandi Anderson, Lina, Shirley, Denny Mader, Ella Campbell, Tom Hyatt, Bill Janiro, Jean Symanko-Andy's sister, William Lemonakis, Alma Wyke, Lindsay Romanczak & family, Virginia Catherine Pynch, Susan Lucas, Neil Carter & family, James Paluh, Mickie Weikel, Evelyn Krempasky, Tammy Strunk, Loida Esbry, Darlene Chicka Deskins, Drew, Alice & Keith Philipa, Kateryna Kocelko, Nancy Heinbaugh, Mira Filipović, Lynn, Jacqueline, Sharon, Zan Cheng, Kristy, Elaine Ellenberger, Brandon, Anna Tranchine, Demetra, Blase Urban, Catherine Hogel & children, Jennifer & Dylan, Ron Schwartz, Lydia Wilson, Flora Tomlin, Howell Swarm, Jane Bielewicz Allred, Manny "Lazarus" Lopez, Glenn & Lucas Burlack, Katie Elizabeth, Mileva, & Michael, Deirdré Straughan, Terri Paluh, Lori & Steve Lucier, Kyranna Cherpas, Pastor Bruce Nordeen, Heather Ried, Carla Perry, Linda Elliot, Dennis McDaniel, Luke Tinsley, Brent, Tricia, Katherine Gorman, Pamela Jaquette, Sherri Walewski, Marika Zeliszczyk, Donna Davis, Jackie Crimbchin, Marta Charron, Mary [Corba], Stella McKeag, Margie Sekelsky, Gary Howell, Fran Fulton, Gina Catanese, Bill Vizza, Jamie Swarm, Kevin Allen (from Ancient Faith Radio), Kathy Flaherty, Tori Reade-Henry's niece, Derick-Glen Burlack's neighbor, Michael, Nichole & Christopher, Ben Douglas, Dianne Donahue, Zachary, Natasha, Noah Willard, Jodi Hanczar, Gregory Cervo, Lisa Bruce, Martha Nezolyk, Kathy Cvetkovich, Judy, Will, Emma, Ginny, Ye-Jin, Maria, John & JoAnn, Jim & Kitty, Phil Bouse, Ralph & Beverly Stoker, Noah Willard, Nikola, Natalie, Nikola, & Nevenka Jovonovich, Julia Collier, Amy Kemerer, Thomas Smith, Tracy Slaughaupt, Louis & Teresa Bercelli, Tom Nolan, Silvia Martin, Sarah Dorning, Dena & George, Georgia, Lawanda [Evelyn's niece],

Maureen Sams, John Kendall, Judi Danser, Darcy, Denis Strittmatter, Nancy, Ian Brick, Cecilia Barnhart, Logan Magorien, Pam Grant, Debbie & Jerry Novosel, Noah Willard, Sandra Dillard, Danielle McCann, Barry [Father Jim Orr's cousin], Tim Joyce, Mike Pawlyshyn-Jeannie Stutchell's brother, Marianne Mulroy, Joe Samchuck—vocations, and Susan Pulcini—Father Ted Pulcini's mom. ARNOLD: Homer Paul Kline. We pray that God will grant them all a speedy recovery.

PLEASE REMEMBER IN YOUR PRAYERS: All Christians and the others in the Middle East who are suffering during this time of great tragedy and unrest. May God watch over and keep them safe! Lord have mercy!

Please remember ALL American service men and women in your prayers. May God watch over them and all American service men and women—and bring them all home safely!

REMEMBER—PRAYERS ARE ALWAYS FREE!

Communion Fasting: nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please ask Father Bob.

AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please CALL FATHER BOB at [412] 279-5640.

SCHEDULE OF SERVICES

**SUNDAY, APRIL 21—OBEDNITZA-DOWNSTAIRS IN THE CHURCH HALL 10:30 AM
6TH SUNDAY OF GREAT LENT; PALM SUNDAY; ENTRANCE OF THE LORD INTO JERUSALEM; HOLY APOSTLES OF THE 70: HERODION, AGABUS, ASYNCRITUS, RUFUS, PHLEGON, HERMES, & THOSE WITH THEM; MARTYR PAUSILIPPUS OF HERACLEA IN THRACE; SAINT CELESTINE-POPE OF ROME; VENERABLE RUFUS THE OBEDIENT OF PERCHEVSKY LAVRA**

Philippians 4:4-9

John 12:1-18

WEDNESDAY, APRIL 24

HOLY UNCTION

6:30 PM

THURSDAY, APRIL 25

12 PASSION GOSPELS

6:30 PM

FRIDAY, APRIL 26

PLASCHENYTSIA
STRICT FAST DAY

6:30 PM

SATURDAY, APRIL 27

STRICT FAST DAY

SUNDAY, APRIL 28 PASCHAL DIVINE LITURGY OF SAINT JOHN CHRYSOSTOM
10:30 AM

THE RESURRECTION OF OUR LORD AND SAVIOR JESUS CHRIST; THE PASCHA
OF THE LORD

*****Page 179 in the Black Divine Liturgy Books*****

Acts 1:1-8

John 1:1-17

SUNDAY, MAY 05 OBEDNITZA DOWNSTAIRS IN THE CHURCH HALL 10:30 AM

2ND SUNDAY OF PASCHA; ANTIPASCHA; SUNDAY OF SAINT THOMAS; SAINT
THEODORE THE SYKEOTE-BISHOP OF ANASTASIOPOLIS; APOSTLES
NATHANIEL, LUKE & CLEMENT; SAINT VITALIS OF THE MONASTERY OF ABBA
SERID AT GAZA

Acts 5:12-20

John 20:19-31

*Litany in Blessed Memory of Charles Cherepko, Joseph Baloga, Daniel J. Pysh,
Jr., Nicholas Homyrda, Anna Metrick, Bogdan Mural, Esther Tylavsky, Evdokia
Josephine Repa, +Metropolitan Constantine, Metro Warholak, Khoria Joanne
Abdalah, Katherine Tomson, Walter Golofski, Jr., Michael Yarmeak, Anna
Vangrin, & Stella Cherepko—Fr. Bob*

BULLETIN INSERT FOR 21 APRIL 2019

6TH SUNDAY OF GREAT LENT; PALM SUNDAY; ENTRANCE OF THE LORD INTO
JERUSALEM; HOLY APOSTLES OF THE 70: HERODION, AGABUS, ASYNCRITUS,
RUFUS, PHLEGON, HERMES, & THOSE WITH THEM; MARTYR PAUSILIPPUS OF
HERACLEA IN THRACE; SAINT CELESTINE-POPE OF ROME; VENERABLE RUFUS
THE OBEDIENT OF PERCHEVSKY LAVRA

The First Antiphon *2 (Psalm 116)

I love the Lord because He has heard the voice of my supplication.

Through the prayers of the Theotokos, O Savior, save us.

Because He inclined His ear to me, therefore I will call on Him as long as I
live.

Through the prayers of the Theotokos, O Savior, save us.

The snares of death encompassed me; the pangs of hell laid hold on me.

Through the prayers of the Theotokos, O Savior, save us.

I suffered distress and anguish; then I called upon the name of the Lord.

Through the prayers of the Theotokos, O Savior, save us.

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Through the prayers of the Theotokos, O Savior, save us.

The Second Antiphon '2 (Psalm 116)

I kept my faith even when I said: "I am greatly afflicted!"

**O Son of God who sat upon the foal, save us who sing to Thee :
Alleluia!**

What shall I render to the Lord for all the things He has given me?

**O Son of God who sat upon the foal, save us who sing to Thee :
Alleluia!**

I will receive the cup of salvation and call on the name of the Lord.

**O Son of God who sat upon the foal, save us who sing to Thee :
Alleluia!**

I will pay my vows to the Lord in the presence of all His people.

**O Son of God who sat upon the foal, save us who sing to Thee:
Alleluia!**

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Only-begotten Son and immortal Word of God, Who for our salvation didst will to be incarnate of the holy Theotokos and ever-virgin Mary, Who without change didst become man and wast crucified, Who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: O Christ our God, trampling down death by death, save us!

The Third Antiphon *1 (Psalm 118)

O give thanks to the Lord, for He is good, for His mercy endures forever!

By raising Lazarus from the dead before Thy Passion, Thou didst confirm the universal resurrection, O Christ God! Like the children with the palms of victory, we cry out to Thee: O Vanquisher of Death: Hosanna in the highest! Blessed is He that comes in the name of the Lord!

Let the house of Israel say: For He is good, for His mercy endures forever!

By raising Lazarus from the dead before Thy Passion, Thou didst confirm the universal resurrection, O Christ God! Like the children with the palms of victory, we cry out to Thee: O Vanquisher of Death: Hosanna in the highest! Blessed is He that comes in the name of the Lord!

Let the house of Aaron say : For He is good, for His mercy endures forever!
By raising Lazarus from the dead before Thy Passion, Thou didst confirm the universal resurrection, O Christ God! Like the children with the palms of victory, we cry out to Thee: O Vanquisher of Death: Hosanna in the highest! Blessed is He that comes in the name of the Lord!

Let all those who fear the Lord say: For He is good, for His mercy endures forever!

By raising Lazarus from the dead before Thy Passion, Thou didst confirm the universal resurrection, O Christ God! Like the children with the palms of victory, we cry out to Thee: O Vanquisher of Death: Hosanna in the highest! Blessed is He that comes in the name of the Lord!

The Introit of the Little Entrance

Blessed is He that comes in the name of the Lord! We bless you from the house of the Lord! God is the Lord and has revealed Himself to us!

By raising Lazarus from the dead before Thy Passion, Thou didst confirm the universal resurrection, O Christ God! Like the children with the palms of victory, we cry out to Thee: O Vanquisher of Death: Hosanna in the highest! Blessed is He that comes in the name of the Lord!

Glory to the Father, and to the Son, and to the Holy Spirit.

Another Troparion*4

When we were buried with Thee in Baptism, O Christ God, we were made worthy of eternal life by Thy Resurrection! Now we praise Thee and sing: Hosanna in the highest! Blessed is He that comes in the name of the Lord!

Now and ever and unto ages of ages. Amen.

Kontakion *6

Sitting on Thy throne in heaven, carried on a foal on earth, O Christ God! Accept the praise of angels and the songs of children, who sing: Blessed is He that comes to recall Adam!

Prokeimenon *4 (Psalm 118)

Blessed is He that comes in the name of the Lord! God is the Lord and has revealed Himself to us!

Blessed is He that comes in the name of the Lord! God is the Lord and has revealed Himself to us!

O give thanks to the Lord, for He is good, for His mercy endures forever!

Blessed is He that comes in the name of the Lord! God is the Lord and has revealed Himself to us!

Blessed is He that comes in the name of the Lord!

God is the Lord and has revealed Himself to us!

Alleluia Verses *1 (Psalm 98)

O sing to the Lord a new song, for the Lord has done marvelous things!

All the ends of the earth have seen the salvation of our God!

The Hymn to the Theotokos (Replaces "It is Truly Meet")

God is the Lord and has revealed Himself to us! Celebrate the feast and come with gladness! Let us magnify Christ with palms and branches, singing: Blessed is He that comes in the name of the Lord!

Communion Hymn (Psalm 118)

Blessed is He that comes in the name of the Lord! God is the Lord and has revealed Himself to us!



Fr. George L. Livanos [via listserv.goarch.org](mailto:listserv.goarch.org)

Sat, Apr 13, 4:54 PM (2 days ago) to ALLSAINTS-CBG

Modern society tells us to listen closely to our thoughts and feelings, because that's who we really are. But this psychologized model of anthropology squares neither with how humanity has understood itself throughout time nor with our daily experiences, in which we cannot always understand our thoughts and feelings and in which they often contradict from moment to moment. It also does not take into account that thoughts and feelings may be coming from the outside, i.e., demonic influence.

For example, "Do I really love her?" (how do I feel?) seems to be the critical question for whether one should get (or stay) married. But "Will I really love her?" (how will I act?) speaks of the commitment needed for marriage, which has to transcend feelings. The answer to the first question can vary from day to day and can depend even on whether I ate something

bad for dinner last night! The answer for the second depends on what I choose to do, which depends on how I voluntarily exercise my will.

Likewise, "I just can't forgive him!" is a statement of feeling, but "I will forgive him" means that I will not take my revenge by word or deed or choosing to entertain evil thoughts, that I will make space for him in my heart no matter how I feel about him.

In the Orthodox Christian tradition, there is a wealth of knowledge and experience that not only teaches us how to listen to our thoughts and feelings and evaluate them critically in the light of Christ, but there are also spiritual practices that, if undertaken with faith and love, will actually redirect those thoughts and feelings, as is written in Scripture:

"For though we walk in the flesh, we do not war according to the flesh. For the weapons of our warfare are not carnal but mighty in God for pulling down strongholds, casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ." (2 Cor. 10:3-5) Fr. A. S. Damick

Show love simply, without any deviation into cunning thoughts, without any trivial, worldly, covetous calculations, remembering that love is God Himself. Remember that He sees all your ways, sees all the thoughts and movements of your heart. *Righteous John, Wonderworker of Kronstadt, My Life in Christ* p.182