



**Holy Ghost Orthodox Church**  
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**\*\*\*\*\*FORGIVENESS SUNDAY\*\*\*\*\***

**ON THE MEND:** Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Archbishop Daniel, Metropolitan Antony, Metropolitan Yuriy, Anastasia [Metropolitan Yuriy's mom], Metropolitan Theodosius [OCA], Archbishop Jovan, Bishop Robert, Father George & Pani Lillian Hnatko, Father Jakiw Norton, Father Paul Stoll, Father Igor Soroka, Father Joseph Kopchak, Father Elias Warnke, Father Nestor Kowal, Father George Yatsko, Father Paul Bigelow, Father Emilian Balan, Father John & Pani Mary Anne Nakonachny, Father Steve Repa, Protopresbyter William Diakiw, Archpriest Dionysi Vitali, Protodeacon Joseph Hotrovich, Father Adam Yonitch, Pani-Dobrodijka Sonia Diakiw, Father Paisius McGrath, Father Michael Smolynec, Father Lawrence & Matushka Sophia Daniels, Father Joe Cervo, Father John Harrold [Saint Sylvester], Joshua Agosto and his family, Eva Malesnick, Stella Peanoske, Nick Behun, Grace Holupka, Joseph Sliwinsky, Gary & Linda Mechtly, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Sam Wadrose, Isabella Olivia Lindgren, Ethel Thomas, Donna, Erin, Michael Miller, Grace & Owen Ostrasky, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Liz Stumpf, Theodore Nixon, Michelle Corba Kapeluck, Linda Hippert & family, Margaret Vladimir, Luke Emmerling, George Rocknage, Robert McKivitz, Liz Obradovich, Halyna Zelinska [Archbishop Daniel's mother], Charlotte, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Eleanor Kelly, Bryan, Nancy Barylak, Patrick Keenan, Khrystyna Chorniy, Anthony Cormier, Nathan Forbeck, Sarah Doyle, Samuel Peters, Esther Holupka, David Vallor, Henry Faraly, Julie Eiler, Dorothy Lednovich, Bob C., Allie—young girl with leukemia, Heather Kramer, Jane Wartinbee, Matthew—young man with

cancer, Nicholas Orlando, Mary Ann Kuznik, Michael Pryhodzenko, Sonia Luciw, Theresa Ditto, Mary Ann Musial, Mary Pelino, Yvonne Christy, Myron & Barbara Spak, Julia Duda, Lisa Pandle, Kris & Julie Hanczar, John Kennedy, Loretta, Nancy, Carol, & Michael Sheliga, Gaelle Kelly, Irma McDivitt, Robin Young, Mckayla, Rachel, Carl & Margaret Reed, Lydia Wilson, Robert Pointon, Walter Cecelia, John Persico, Jeff Miller, Mary Kernick, Glenn Miller, Jean Marie, Donna & Walter McCrackin, Bonnie & Eugene Blair [Pani Gina's parents], David Hoenshell, Barbara Macino, Shelley Hill, Mikaela Kapeluck, Linda Cawley, Gerald Cogley, Helen Bozo, Corey Guich, Robert Vangrin, Pauline Witkowsky, Sera White, Deborah Smith, Nancy & Eric Dunik, Julian Strozh [young lady with cerebral palsy], Dr. Kirsten Ream, Patricia Corey, Michelle, Katie Swarm, Richard Dunst, Michelle, Patrick, Linda Morris, Howard Simpson, Chris, David Hiles, Jennifer, Jerry Quinn, Cher Mount, Frank & Janet Horrell, Jim Wandling, Gail, Sirena Sharp, Ron Paulovich, Sandi Anderson, Lina, Shirley, Denny Mader, Ella Campbell, Tom Hyatt, Bill Janiro, Jean Symanko-Andy's sister, William Lemonakis, Alma Wyke, Lindsay Romanczak & family, Virginia Catherine Pynch, Susan Lucas, Neil Carter & family, James Paluh, Mickie Weikel, Evelyn Krempasky, Tammy Strunk, Loida Esbry, Darlene Chicka Deskins, Drew, Alice & Keith Philipa, Kateryna Kocelko, Nancy Heinbaugh, Mira Filipović, Lynn, Jacqueline, Sharon, Zan Cheng, Kristy, Elaine Ellenberger, Brandon, Anna Tranchine, Demetra, Blase Urban, Catherine Hogel & children, Jennifer & Dylan, Ron Schwartz, Lydia Wilson, Flora Tomlin, Howell Swarm, Jane Bielewicz Allred, Manny "Lazarus" Lopez, Glenn & Lucas Burlack, Katie Elizabeth, Mileva, & Michael, Deirdré Straughan, Terri Paluh, Lori & Steve Lucier, Kyranna Cherpas, Pastor Bruce Nordeen, Heather Ried, Carla Perry, Linda Elliot, Dennis McDaniel, Luke Tinsley, Brent, Tricia, Katherine Gorman, Pamela Jaquette, Sherri Walewski, Marika Zeliszczyk, Donna Davis, Jackie Crimbchin, Marta Charron, Mary [Corba], Stella McKeag, Margie Sekelsky, Gary Howell, Fran Fulton, Gina Catanese, Bill Vizza, Jamie Swarm, Kevin Allen (from Ancient Faith Radio), Kathy Flaherty, Tori Reade-Henry's niece, Derick-Glen Burlack's neighbor, Michael, Nichole & Christopher, Ben Douglas, Dianne Donahue, Zachary, Natasha, Noah Willard, Jodi Hanczar, Gregory Cervo, Lisa Bruce, Martha Nezolyk, Kathy Cvetkovich, Judy, Will, Emma, Ginny, Ye-Jin, Maria, John & JoAnn, Jim & Kitty, Phil Bouse, Ralph & Beverly Stoker, Noah Willard, Nikola, Natalie, Nikola, & Nevenka Jovonovich, Julia Collier, Amy Kemerer, Thomas Smith, Tracy Slaughaupt, Louis & Teresa Bercelli, Tom Nolan, Silvia Martin, Sarah Dorning, Dena & George, Georgia, Lawanda [Evelyn's niece],

Maureen Sams, John Kendall, Judi Danser, Darcy, Denis Strittmatter, Nancy, Ian Brick, Cecilia Barnhart, Logan Magorien, Pam Grant, Debbie & Jerry Novosel, Noah Willard, Sandra Dillard, Danielle McCann, Barry [Father Jim Orr's cousin], Tim Joyce, Mike Pawlyshyn-Jeannie Stutchell's brother, Marianne Mulroy, and Susan Pulcini—Father Ted Pulcini's mom. ARNOLD: Homer Paul Kline. We pray that God will grant them all a speedy recovery.

**PLEASE REMEMBER IN YOUR PRAYERS: All Christians and the others in the Middle East who are suffering during this time of great tragedy and unrest. May God watch over and keep them safe! Lord have mercy!**

Please remember ALL American service men and women in your prayers. May God watch over them and all American service men and women—and bring them all home safely!

**REMEMBER—PRAYERS ARE ALWAYS FREE!**

Communion Fasting: nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please ask Father Bob.

**AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please CALL FATHER BOB at [412] 279-5640.**

### SCHEDULE OF SERVICES

**SUNDAY, MARCH 10 OBEDNITZA DOWNSTAIRS IN THE CHURCH HALL 10:30 AM  
CHEESEFARE SUNDAY; FORGIVENESS SUNDAY; EXPULSION OF ADAM FROM  
THE GARDEN OF EDEN; SAINT TARASIU-ARCHBISHOP OF CONSTANTINOPLE**

*Tone 8*

Romans 13:11-14:4

Matthew 6:14-21

***Litany in Blessed Memory of Mary Smith, John Metrick, Andrew Hanczar, Anna Lawrence, Michael Cicio, Chuck Shumski, Terry Reinhart, Jean Stutchell, Joseph Vangrin, Frank Riznow, Mike Holupka, & Joe Nezolyk—Fr. Bob***

**MONDAY, MARCH 11 GREAT LENT BEGINS**

**SUNDAY, MARCH 17—OBEDNITZA-SAINT BASIL THE GREAT**

DOWNSTAIRS IN THE CHURCH HALL 10:30 AM  
TRIUMPH OF ORTHODOXY; SUNDAY OF ORTHODOXY; SAINT GERASIMUS OF  
THE JORDAN; SAINT JULIAN-PATRIARCH OF ALEXANDRIA; SAINT JAMES THE  
FASTER OF PHOENICIA-SYRIA; MARTYR WENCESLAUS-PRINCE OF THE CZECHS;  
BLESSED BASIL/BASILKO-PRINCE OF ROSTOV

*Tone 1*

Hebrews 11:24-26, 32-12:2

John 1:43-51

TRIUMPH OF ORTHODOXY CELEBRATION  
SAINT NICHOLAS SERBIAN ORTHODOX CHURCH IN MONROEVILLE—4:30 PM

SUNDAY, MARCH 24—OBEDNITZA-SAINTE BASIL THE GREAT

DOWNSTAIRS IN THE CHURCH HALL 10:30 AM

2<sup>ND</sup> SUNDAY OF GREAT LENT; SAINT GREGORY PALAMAS-ARCHBISHOP OF  
THESSALONICA; SYNAXIS OF ALL VENERABLE FATHERS OF PERCHEVSKY  
LAVRA; SAINT SOPHRONIUS-PATRIARCH OF JERUSALEM; HIEROMARTYR  
PIONIUS OF SMYRNA & THOSE WITH HIM; TRANSLATION OF THE RELICS OF  
MARTYR EPIMACHUS OF PELUSIUM TO CONSTANTINOPLE; SAINT SOPHRONIUS  
THE RECLUSE OF PERCHEVSKY LAVRA

*Tone 2*

Hebrews 1:10-2:3; Hebrews 7:26-8:2; Galatians 5:22-6:2

Mark 2:1-12; John 10:9-16; Luke 6:17-23

*Litany in Blessed Memory of Evelyn Burlack—40 days—Fr. Bob*

**BULLETIN INSERT FOR 03 MARCH 2019**  
**CHEESEFARE SUNDAY; FORGIVENESS SUNDAY; EXPULSION OF**  
**ADAM FROM THE GARDEN OF EDEN; SAINT TARASIVS-ARCHBISHOP**  
**OF CONSTANTINOPLE**

**\*\*\*\*\*FORGIVENESS SUNDAY\*\*\*\*\***

**TROPARION—TONE 8**

Thou didst descent from on high, O Merciful One!  
Thou didst accept the three-day burial to free us from our sufferings!  
Our Lord, our Life and Resurrection, Glory to Thee!

Glory to the Father, and to the Son, and to the Holy Spirit

**KONTAKION—TONE 1**

When Thou, O God, shalt come to earth with glory,  
All things shall tremble  
And the river of fire shall flow before Thy Judgment Seat;

The Books shall be opened and the hidden things disclosed;  
Then deliver me from the unquenchable fire  
And make me worthy to stand at Thy right hand, O Righteous Judge.

Now and ever, and unto ages of ages. Amen.

### **KONTAKION—TONE 8**

By rising from the tomb,  
Thou didst raise the dead and resurrect Adam.  
Eve exults in Thy Resurrection,  
And the world celebrates Thy Rising from the dead,  
O greatly Merciful One!

### **PROKEIMENON—TONE 8**

**READER:** Pray and make your vows before the Lord our God!

**PEOPLE: Pray and make your vows before the Lord our God!**

**READER:** In Judah, God is known; His name is great in Israel!

**PEOPLE: Pray and make your vows before the Lord our God!**

**READER:** Pray and make your vows.

**PEOPLE: Before the Lord our God!**

### **ALLELUIA VERSES—TONE 8**

Come let us rejoice in the Lord! Let us make a joyful noise to God our Savior!

Let us come before His face with thanksgiving; let us make a joyful noise to Him with psalms.



## **Catechetical Homily at the Opening of Holy and Great Lent + BARTHOLOMEW**

*By God's mercy Archbishop of Constantinople-New Rome and Ecumenical Patriarch  
To the Plenitude of the Church*

*May the Grace and Peace of our Lord and Savior Jesus Christ be with you together with our Prayer, Blessing and Forgiveness*

With the grace of God, the giver of all gifts, we have once again arrived at Holy and Great Lent, the arena of ascetical struggle, in order to purify ourselves with the Lord's assistance through prayer, fasting and humility, as well as to prepare ourselves for a spiritual experience of the venerable Passion and the celebration of the splendid Resurrection of Christ the Savior.<sup>[1]</sup><sup>[SEP]</sup>

In a world of manifold confusion, the ascetic experience of Orthodoxy constitutes an invaluable spiritual asset, an inexhaustible source of divine knowledge and human wisdom. The blessed phenomenon of asceticism, whose spirit pervades our entire way of life—for "asceticism is Christianity in its entirety"—is not the privilege of the few or chosen, but an "ecclesial event," a communal good, a shared blessing and the common vocation for all faithful without exception. The ascetical struggles, of course, are not an end in themselves; the principle that "asceticism exists for the sake of asceticism" is not valid. The purpose of asceticism is the transcendence of one's own will and the "mind of the flesh," the transferal of the center of life from individual desire and the "right," toward love that "does not seek its own," in accordance with the scriptural passage: "Let no one seek his own good, but the good of the other." (1 Cor. 10.24)<sup>[1]</sup><sup>[SEP]</sup>

Such is the spirit that prevails throughout the long historical journey of Orthodoxy. In the *New Miterikon*, we encounter an excellent description of this ethos to renounce "our own" in the name of love: "Some hermits from Scetis once approached Amma Sarah, who offered them a container with basic provisions. The elders set aside the good food and consumed the bad. The righteous Sarah said to them: 'You are truly monks from Scetis'"<sup>[1]</sup> This sensitivity and sacrificial use of freedom is foreign to the spirit of our age, which identifies freedom with individual assertions and claims for rights. Contemporary "autonomous" man would never have consumed the bad food, but only the good, convinced that in this way he expresses—while authentically and responsibly employing—individual freedom.<sup>[1]</sup><sup>[SEP]</sup>

This is where the supreme value of the Orthodox concept of human freedom lies. It is a freedom that does not demand but shares, does not insist but sacrifices. The Orthodox believer knows that autonomy and self-sufficiency do not liberate humanity from the shackles of the ego, of self-realization and self-justification. The freedom "for which Christ has set us

free" (Gal. 5.1) mobilizes our creative capacity and is fulfilled as rejection of self-enclosure, as unconditional love and communion of life.<sup>[L] [SEP]</sup>

The Orthodox ascetical ethos does not know division and dualism; it does not reject life, but rather transforms it. The dualistic vision and denial of the world is not a Christian concept. Genuine asceticism is luminous and charitable. It is a characteristic of Orthodox self-conscience that the period of fasting is permeated by the joy of the Cross and the Resurrection. Moreover, the ascetic struggle of Orthodox Christians—much like our spirituality and liturgical life in general—communicates the fragrance and radiance of the Resurrection. The Cross is found at the heart of Orthodox piety, but it is not the final point of reference in the life of the Church. Instead, the essence of Orthodox spiritual life is the ineffable joy of the Resurrection, toward which the Cross constitutes the way. Accordingly, during the period of Great Lent, the quintessence of experience for Orthodox Christians is always the yearning for the "common resurrection."<sup>[L] [SEP]</sup>

Pray, then, precious brothers and sisters in the Lord, that we may be deemed worthy, with the grace and support from above, through the intercessions of the Theotokos, as first among the saints, and of all the saints, that we may run the race of Holy and Great Lent in a way that is fitting and joyous before Christ, joyfully exercising, in obedience to the rule of church tradition, the "common struggle" of fasting that extinguishes the passions, constantly praying, helping the suffering and needful, forgiving one another and "giving thanks for all things" (Thess. 5.18), in order that we might venerate with a devout heart the "Holy, Saving and Awesome Passion" as well as the life-giving Resurrection of our Lord, God and Savior Jesus Christ, to whom belong glory, power and thanksgiving to the endless ages. Amen.<sup>[L] [SEP]</sup>

*Holy and Great Lent 2019*<sup>[L] [SEP]</sup>

✠ **Bartholomew of Constantinople**<sup>[L] [SEP]</sup>

*Fervent supplicant for all before God*

[1]P.V. Paschos (ed.), *New Miterikon* (Athens: Akritas Publications, 1990), 31.

## **Judgment**

**Proverbs 1:3-To receive the instruction of wisdom, justice, and judgment, and equity (KJV)**

Do we turn to the Lord God seeking wisdom for difficult decision-making? The Holy Scriptures provide a foundation for learning on a daily basis. Our heart, mind and soul benefit immeasurably from the Lord's wisdom.

Our learning is incomplete when the Lord God is not central to our thoughts.

The Lord God's teachings create the firmest foundation for life's decisions.

**Proverbs 2:8- He keepeth the paths of judgment, and preserveth the way of his saints. (KJV)**

Discipline is necessary to remain on the paths the Lord has set before us. The wise person searches the saints' proven teachings for lasting wisdom. God's chosen paths are traveled and illumined by the lives of His saints. Joy is found in heeding and learning from the judgments of the Lord God. All that is not of the Lord God requires being quickly and completely discarded.

**Proverbs 2:9-Then shalt thou understand righteousness, and judgment, and equity; yea, every good path. (KJV)**

The heart, mind and soul need to be open to the teachings of the Lord God. Life is enriched when filled with the Lord God's Scriptural teachings. For sound learning to occur, the heart, mind and soul must desire the Lord. Sacrifice and discernment are necessary to avoid life's perilous paths. Fasting and prayer aid in greater learning from the Lord God's wisdom.

**Proverbs 8:20- I lead in the way of righteousness, in the midst of the paths of judgment. (KJV)**

The life we live is determined by choices and judgments we make in daily life.

Ascetics, saints and martyrs reveal the value of daily choosing God's path. Failure to adhere to the teachings of the Lord is revealed in life's outcome. The Holy Scriptures contain the richness of life possible in the Lord God. Faithful followers of the Holy Lord God manifest their daily love for Him.

**Proverbs 13:23-Much food is in the tillage of the poor: but there is that is destroyed for want of judgment. (KJV)**

God's gifts and resources will increase in value with careful management. Recipients of God's gifts are charged with responsibility of wise stewardship. Being grateful to God is essential when receiving and using God's gifts wisely.

God's love is demonstrated in the granting of gifts and talents to each person.

Let us abundantly thank the Lord God for His immeasurable love and generosity.

Hidden Valley, Pennsylvania. February 14/27, 2019. Venerable Auxentius; St. Cyril, Teacher of the Slavs. Father Rodney Torbic



## SUNDAY OF THE LAST JUDGMENT



Glory to Jesus Christ! Glory forever!

This morning we continue with the Sundays of preparation for our beginning of the journey we all make during Great Lent. We began two Sundays ago with the time of preparation for the Great Fast with being reminded of the importance of humility for our journey as we heard the parable of the Publican and Pharisee. Then last Sunday with the parable of the Prodigal Son, we were reminded of how the Love of God is central to our making this journey. Now we come to the Sunday of the Last Judgment as we are now reminded the reason for this journey we soon will embark upon: that with humility and aware of the Love of God for us, we begin this journey of cleansing of soul and body not only to properly celebrate the coming Feast of Feasts but to prepare ourselves for the coming day of the Last Judgment. We prepare ourselves in this way so that on that terrible and awesome Day when our Lord Jesus Christ returns to judge the living and the dead, we may be found worthy to stand on the right hand with those who lived their lives responding to the Love of God by extending that Love to our fellow man.

Today in the hymns of this day and the readings we hear much about the fearsome nature of the Last Judgment and many look to this Day with fear and trembling. This is a necessary component of understanding what will transpire when our Lord Jesus Christ returns to judge the living and the dead the scrolls are opened and each person is judged before the Throne of Almighty God. It is necessary for us to understand and accept the finality which comes with the judgment that is passed as each person receives not only judgment on this day but their eternal reward on this Day. But there is something more that our commemoration of this Sunday of the Last Judgment brings to our minds this day.

Today in the Gospel Reading from Saint Matthew 25:31-46 we are all granted a glimpse into what will transpire at the Last Judgment when all mankind will stand before the Judgment Seat to give an account for how one lived their life. We hear very clearly in the Gospel this morning that it is how a person made the connection between the Love of God for all mankind and our care and love for our fellow man. We are reminded this day that it

is not only belief in the Love of God for His creation that marks those that our Lord calls “the blessed of My Father” but it is those who have applied that faith in daily life in extending God’s Love to those around us who are in need. We are reminded today that we must not only believe in God but we must put that faith into practice in sharing with and ministering to those who are in need around us. This is what makes the difference between those on the right hand and those on the left hand: for it is how we have responded to our faith in God and how we have put our faith into practice that we are judged. Have we extended the Love that God has for us in provided grace and salvation to others or have we – like the man given one talent who hid it in the ground from another of our Lord’s parables- kept it hidden and in so doing not shared our faith in living that faith through daily practice.

In the words of our Lord in today’s Gospel as He outlines how each person is judged we are reminded that those who are judged righteous and worthy to inherit the kingdom, are those who have not only believed but have lived as true disciples of Christ. The righteous are not only those who have given lip service to believing but rather have not only believed but have practiced that belief in extending the mercy and love of God to their fellow man. This is what it means to be a disciple of our Lord and this is what we all are called to do in our lives if we wish to be judged to be among the righteous.

This morning as we reflect on the awesome and fearsome coming Day of the Last Judgment, we are afforded yet another opportunity to examine our lives and to ask ourselves this basic question: Have we lived our lives by practicing our faith in extending the love and mercy of God to those around us in need? Or have we squandered those opportunities in our daily lives to practice our faith because we were too busy to help those in need? As we reflect upon our lives in light of the coming Day of the Last Judgment, let us all ask God for His Mercy and Grace so that He may give us the strength and the willingness to practice our faith in sharing that faith with others by ministering to them and meeting their needs. In this way we truly are able to show that we have understood the true meaning of our faith in Jesus Christ- allowing our faith to shape and define how we live our lives each day and led us to meet the needs of those around us- those for whom our Lord suffered, died, was buried, and rose from the dead.

Amen! *Father Paisius McGrath*

Our daily relationships determine the outcome of our lives. The goals we choose and the interests we pursue affect our relationships with each other. When Jesus Christ is central to our life, Christ governs our personal relationships.

When Christ is central to our life, we see Christ in the sick, the hungry, the stranger and the imprisoned. When Christ is central to our life, we look beyond the exterior of the person and see Christ in each person.

Each person lives and has life by the grace of God. Christian love has first place in the way we are to treat each person we meet. Christian love breaks down barriers in relationships.

Christian love warms the coldest of hearts. Christian love sets an example.

At Holy Baptism, each person "puts on Christ." Persons baptized into Christ are to live each day exhibiting the fullness of Christian love.

The sick, suffering, stranger and imprisoned benefit from Christ's love. Christ's love and identification with the sick, suffering, stranger and imprisoned are very clear in the present Gospel.

When the present Gospel is taken to heart, personal relationships change for the believer. The believer heeding this Gospel is very careful in daily relationships.

The serious believer wants always to adhere to Christ's teachings.

Personal relationships with the sick, suffering, the stranger and the imprisoned require careful thought. The great and final judgment for each person rests with the Lord Jesus Christ.

For believers adhering to the present Gospel, Christ is to be seen in each person. Believers benefit from constant self-examination. Prejudices and judging of others has no place in the Christian life.

Great Lent places great emphasis on repentance and increased conformity to the life in Christ. Joy increases in personal relationships when Christ is experienced in each person met in daily life.

Adherers to Christ's teachings are called to enter the kingdom prepared from the foundation of the world. Eternal punishment awaits individuals failing to see Christ in each person met in daily life.

Christ's constant love alleviates the misery of the sick, suffering, stranger and imprisoned. Christ's love heals hearts that are broken, makes the stranger feel welcomed and softens the hardest of prisoners.

Christ's love shines on the sick and radiates the soul in the body ravaged by terrible disease. Christ's love clothes the naked with garments that protect from the cold and the cold-hearted.

Christ's love heals all. Christ's love applies to all. Christ's love is present to be discovered by each person seriously interested. Christ's love was made clear on the Cross.

Christ's love shines forth around the world and through the centuries from the Empty Tomb. With Great Lent immediately before us, may we resolutely love Christ as He has loved us.

May our love of Christ be clearly the basis for our daily relationships with the sick, suffering, stranger and the imprisoned. May we see Christ in every person. May every person experience Christ's love in us.

Hidden Valley, Pennsylvania. The Sunday of the Last Judgment. February 18/March 3, 2019. St. Leo of Rome; St. Flavian, Patriarch of Constantinople. Father Rodney Torbic

### **How to act toward those who offend us?**

Some say, "I am ready to forgive that person, but only if he comes to me himself and asks for forgiveness." This is absolutely unchristian. No matter what we might encounter—insults, slander, or some kind of physical attack—we have an answer. And this answer was given to us by the Lord. He said, "If you are my disciples, do as I do. And the Lord ascends the cross and forgives His crucifiers. That is what Christ's disciples do. *Metropolit*