



## **Holy Ghost Orthodox Church**

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# **SAINTS PETER AND PAUL FAST—APOSTLES' FAST Vechnaya Pam'yat, Metropolitan Constantine! Memory Eternal!**

**ON THE MEND:** Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Bishop Robert, Father Jakiw Norton, Father Dragan Filipović, Father Stevo Rocknage, Father Paul Stoll, Father Igor Soroka, Father Michael Mihalick [MS], Father Joseph Kopchak, Father Cuthbert Jack, Father Elias Warnke, Father Nestor Kowal, Father Paul Bigelow, Father Emilian Balan, Deacon Dennis Lapushanski, Pani-Dobrodijka Sonia Diakiw, Joshua Agosto and his family, Mike Holupka, Eva Malesnick, Stella Peanoske, Joe Nezolyk, Nick Behun, Grace Holupka, Virginia Bryan, Joseph Sliwinsky, Linda Mechtly, Mary Mochnick, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Stella Cherepko, Sam Wadrose, Isabella Olivia Lindgren, Ethel Thomas, Donna, Erin, Michael Miller, Dave May, Grace & Owen Ostrasky, Alverta, Michael Horvath, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Michael Miller, Liz Stumpf, Theodore Nixon, Michelle Corba Kapeluck, Robert Hippert & family, Margaret Vladimir, Luke Emmerling, John Sheliga, George & Mika Rocknage, Robert McKivitz, Liz Obradovich, Halyna Zelinska [Bishop Daniel's mother], Charlotte, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Eleanor Kelly, Bryan, Doris Artman, Nancy Barylak, Patrick Keenan, Khrystyna Chorniy, Anthony Cormier, Nathan Forbeck, Sarah Doyle, Samuel Peters, Jean Stutchell, Charles & Esther Holupka, Wanda Mefford, Lynn (Bush) Gill, David Vallor, Henry Faraly, Betty O'Masta, Julie Eiler, Glenn Miller, Vince Ferro, Michael Pawlyshyn, Dorothy Lednovich, Bob C., Allie— young girl with leukemia, Heather Kramer, Jane Wartinbee, Matthew—21-year-old with cancer, Nicholas Orlando, Mary Ann Kuznik, Michael Woloschak, Michael Pryhodzenko, Sonia Luciow, Nellie Patsko, Theresa

Ditto, Mary Ann Musial, Mary Pelino, Yvonne Christy, Myron & Barbara Spak, Pete Niederberger, Julia Duda, Lisa Pandle, Kris & Julie Hanczar, John Kennedy, Lloyd Sheakley, Diane McDaniel, Loretta, Nancy, Carol, & Michael Sheliga, Gaelle Kelly, Irma McDivitt, Robin Young, Mckayla, Rachel, Tony Butecoff, Carl & Margaret Reed, Theodore Demopoulos, Jillian Bowman, Lydia Wilson, Robert Pinton, Walter Cecelia, John Persico, Jeff Miller, Mary Kernick, Glenn Miller, Jean Marie, Donna & Walter McCrackin, Doug Smith [Millie Kerr's son-in-law], Bonnie & Eugene Blair [Pani Gina's parents], Mel & Charlotte Malik, Paula Pasquinelli, David Hoenshell, Barbara Macino, Shelley Hill, Mikaela Kapeluck, Linda Cawley, Gerald Cogley, Helen Bozo, June Miller, Corey Guich, Monica Salvatore, Glenda Tickerhoof, Robert Vangrin, Juliana Leis, Susan "Billie" Mason, Pauline Witkowsky, Sera White, LuAnne [Mike Horvath's daughter], Donald Griffey, Martin Kapusta, Deborah Smith, and Daria Masur. ARNOLD: Stefania Lucci, Steve Sakal, and Homer Paul Kline. We pray that God will grant them all a speedy recovery.

A brother asked Abba Poemen, "How should a man behave?" The old man said to him, "Look at the prophet Daniel: no one found anything in him to complain about except for his prayers to the Lord his God." his prayers to the Lord his God."

Begin by giving away what you do not need, what is just lying around unused to those who are in need. Then you will begin to give what you can according to your means, and finally you will be ready to give away all that you have. *St. John Chrysostom*

From the sayings of The Great Abba Antony: "A man's life or death cometh from his neighbor; if we benefit our brother we benefit ourselves, and if offend him we sin against God."

**Please remember** James John Logue, George Senita, John Kirkowski, Matthew Machak, Michael Repasky, and ALL American service men and women in your prayers. May God watch over them and all American service men and women—and bring them all home safely!

**PLEASE REMEMBER** TO BRING YOUR "BOXTOPS FOR EDUCATION" AND CAMPBELL'S SOUP LABELS TO CHURCH. There is a shoebox in the basement for Debbie Paouncic's class. THANK YOU ALL FOR YOUR HELP!

**REMEMBER—PRAYERS ARE ALWAYS FREE!**

**Communion Fasting:** nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please call Father Bob.

**AT ANY TIME**—if there is an emergency, if you have questions, or if you just need to talk, please **CALL FATHER BOB** at [412] 279-5640.

### SCHEDULE OF SERVICES

**Sunday, June 24**                      **Divine Liturgy of Saint John Chrysostom 10:30 AM**  
**THIRD SUNDAY AFTER PENTECOST—ALL SAINTS OF GALICIA/HALYCH; ALL SAINTS OF ODESSA; HOLY APOSTLES BARTHOLOMEW AND BARNABAS**

*Tone 2*

Romans 5:1-10

Matthew 6:22-33

**Sunday, July 01**                      **Divine Liturgy of Saint John Chrysostom 10:30 AM**  
**FOURTH SUNDAY AFTER PENTECOST—MARTYRS LEONTIUS, HYPATIUS, & THEODULUS AT TRIPOLI; SAINT LEONTIUS-CANONARCH OF PERCHEVSKY**

**LAVRA**

*Tone 3*

Romans 6:18-23

Matthew 8:5-13

***Litany in Blessed Memory of Olga Stock, Anna Kitch, Sophie Carrera, Susan Justina Sredich, Stella E. Cherepko, Joseph Paouncic, Igumen George [Owen], & Claudia Horvath—Fr. Bob***

***Parastas in Blessed Memory of His Beatitude, Metropolitan Constantine—Fr. Bob***

**Sunday, July 08**                      **NO SERVICE IN SLICKVILLE—FR. BOB OUT OF TOWN**  
**FIFTH SUNDAY AFTER PENTECOST—VIRGIN-MARTYR FEBRONIA OF NISIBIS**

*Tone 4*

Romans 10:1-10

Matthew 8:28-9:1

**BULLETIN INSERT FOR 24 JUNE 2012**  
**THIRD SUNDAY AFTER PENTECOST—ALL SAINTS OF GALICIA/HALYCH; ALL SAINTS OF ODESSA; HOLY APOSTLES BARTHOLOMEW AND BARNABAS**

### **TROPARION—TONE 2**

When Thou didst descend to death, O Life Immortal,  
Thou didst slay hell with the splendor of Thy Godhead!

And when from the depths Thou didst raise the dead,  
All the powers of heaven cried out:  
O Giver of Life! Christ our God! Glory to Thee!

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever,  
and unto ages of ages. Amen.

### **KONTAKION—TONE 2**

Hell became afraid, O Almighty Savior,  
Seeing the miracle of Thy Resurrection from the tomb!  
The dead arose! Creation, with Adam,  
Beheld this and rejoiced with Thee!  
And the world, O my Savior, praises Thee forever!

### **PROKEIMENON—TONE 2**

**READER:** The Lord is my strength and my song. He has become my salvation.

**PEOPLE: The Lord is my strength and my song. He has become my salvation.**

**READER:** The Lord has chastened me sorely, but he has not given me over to death.

**PEOPLE: The Lord is my strength and my song. He has become my salvation.**

**READER:** The Lord is my strength and my song.

**PEOPLE: He has become my salvation.**

### **ALLELUIA VERSES—TONE 2**

The Lord answer you in the day of trouble! The name of the God of Jacob protect you!

Save the king, O Lord, and hear us on the day we call!

a word from the desert: Young people must be made to distinguish between helpful and injurious knowledge, keeping clearly in mind the Christian's purpose in life. So, like the athlete or the musician, they must bend every energy to one task, the winning of the heavenly crown. St. Basil the Great, 4th century

When the judge had seen how strongly the martyr (St. Menas) was resisting everything which was being said and done to him, he readied not for further interrogation but for the final sentence. Having consulted with

those who were of one mind with him in his impiety, he passed the death penalty upon Menas. He set by his side a guard with a drawn sword, and indicated the place outside of the city. When the place had been reached, and the second lap [of his contest] was revealed to the martyr as more glorious than the first, he met some people whom he knew a little and with a prayer he blessed them with the sign of the cross. He appeared full of joy, as one who bears in mind the happiness which has been laid aside for him, so that he advanced in thanksgiving to the happiness which he had not yet received. He said, "I thank you, Lord Jesus, that you have counted me worthy to be seen to share in your suffering, and have not given me as food to the wild beasts, but have brought it about that I will preserve my faith in you pure until the end." When he had said these things and kneeled down, he bent forward to receive the blow of the sword. And after the blow the holy body was burned on a fire. Thus the martyr's perishable corpse was destroyed, but his soul was carried away by angels to his blessed lot. Then some pious men became concerned for the remains of the martyr, so that they gathered them up from the fire and stored them in well-known locations. When they had gathered them up and wrapped them in fine cloth, had anointed them with oils and perfumes, and had done everything for them which it was right for them to do, a little later they returned each to his own native land, just as the martyr had instructed them before his death. For it was right that that land which had both given birth to and nourished him should receive him perfected by his martyrdom, that none should take the place of the mother, and no land except this enjoy the grace of the martyr's relics. This was wisely accomplished by the providence of Christ, to whom belongs all glory, honor, power, greatness and magnificence, now and always and until the end of time.

Amen. (*BHG 1250, trans. David Woods*)

... and his sister composed his remains. She put them in a basket and sewed it up, as he had instructed her before his death. And when she found the opportunity, she took ship and came to the city of Alexandria, bringing with her the holy Apa Mena's remains. When she came off the ship, the people of the city came forth to meet her. They did homage to the holy Apa Mena's remains. The Alexandrians took his holy body and prepared it for burial decently. They undertook the building of a shrine as a resting place for his body in the city of Alexandria. And it was not God's pleasure that his body should remain in the city of Alexandria but that He should bring it to the place which He had appointed for it. And the angel of the Lord appeared to the archbishop, saying to him, "Take the blessed Apa Mena's body. Put it on a camel. Do not let anyone lead it. Set it free to walk by itself as far as the place where it kneels. Build the saint a shrine

there." When the archbishop rose in the morning, he had the camel brought and had the holy Apa Men's body placed on it. It was let go. It made its way by itself into the desert unaccompanied by man, till it reached a place called Libya Nepaeiat (in the Mareotis region, SW of Alexandria). And, when it was in God's pleasure, the camel knelt in that place. And the people there took the blessed Apa Mena's body down from the camel. And they laid the foundations of a tomb. They built it in a befitting manner. They placed his holy body in it. They placed it in a crypt. It has remained there till the present day.

And the Savior fulfilled all that He had said to the holy Apa Mena and all that he had promised him. And all who suffer from any kind of illness, and the blind and the lame and those possessed with devils, when they come and do reverence before his holy body, receive healing forthwith.

*(from the Coptic Martyrdom of Apa Mena, trans. J. Drescher)*

*St. Menas (Apa Mena / Abu Mīna) the Wonderworker*

Looking at what came to pass, believe what is to come. No one in the future will be able to prevail against the Church. If they did not manage to crush her when she numbered but a few members, when her teaching seemed novel and strange, when so many terrible wars and so many persecutions were raised against her from everywhere, much more they will not manage to injure her today, when she has spread in the whole world, and increased her dominion among all nations, abolishing their pagan altars and idols, their festivals and celebrations, the smoke and the smell of their abominable sacrifices. How did the Apostles achieve such a great, such an important task, after so many obstacles? Surely, it was by the divine and unconquerable power of Him, who prophesied about the creation and triumph of His Church. No one can deny this, unless he is mindless and completely unable to think. *St. John Chrysostom*

All do not realize with equal seriousness the great significance for our spiritual life of meditation on the Lives of the Saints. Some go so far as to say, 'I have the Gospels; I have Christ---I need no intermediaries.' Some do not actually utter these self-assured words, but on the other hand neither do they appeal to the Saints during periods of spiritual depression (and who has not had such experiences?) For what is a Saint? A man like ourselves, but one who, having followed the right path, has found that which we all seek--God. Why, then, should we not study them and follow their example? Strictly speaking, we all share the same aim--sanctity--according to the measure of our powers. +*Fr. Alexander Elchaninov, The Diary of a Russian Priest*

It is required that not only with the body should we fast, but with the soul. Now the soul is humbled when it does not follow wicked opinions, but feeds on becoming virtues. For virtues and vices are the food of the soul, and it can eat either of these two. Bend your appetite toward virtues, as Paul says, "Being nourished by the word of truth." *St. Athanasios of Alexandria*

Truly great and mighty is the power of God's word. For the word of God has changed "the offspring of vipers" into children of God. So let us constantly sow it within the hard soil of our heart, waiting for it to soften it so that the wheat-ear of life may sprout up in it. For the word of God is at the same time the seed and the water; and even though we have a heart like stone, it will be softened and split up by the water of the Spirit, so that it can bring forth holy fruit that is pleasing to God. *Martyrius, 7th century*

On days when a Saint is celebrated, Christians ought to pray more ardently, with contrition and love, and entreat the Saint to intercede with God for the salvation of their soul. The feast day of every Saint is for Christians a serious reminder of the great sufferings which the Saints experienced for the sake of Christ's faith. They were glorified by God and with glory they received a place in the Kingdom of Heaven. *St. Raphael of Lesvos*

*A Special Reminder **for** your priest:*

A man should know that a devil's sickness is on him if he is seized by the urge in conversation to assert his opinion, however correct it may be. If he behaves this way while talking to his equals, then a rebuke from his elders may heal him. But if he carries on in this way with those who are greater and wiser than he, his sickness cannot be cured by human means. *St. John Climacus*